



PENGUIN INTERNATIONAL
RUGBY FOOTBALL CLUB

Rugby Football Union
Kent County RFU Middlesex County RFU Sussex County RFU

WINTER NEWSLETTER



PENGUINS CELEBRATE A GLORIOUS DOUBLE!

We win the SCC7s in Singapore and the HSBC COBRA 10s in Malaysia

Also in this issue:

Hong Kong in March + Portugal in May + The annual Oxford and Cambridge University Matches
Coaching in Rwanda + The PIRFC IRANZ Award + King Penguins + 2011 fixtures + lots more!

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Welcome to the PIRFC Winter Newsletter for 2010.

Within you will find details of our 2010 coaching and playing trips and details of future events.

In what was a very busy 2010 for the Club, the highlight was undoubtedly our glorious double of winning the prestigious Singapore Cricket Club 7s and the HSBC COBRA 10s competitions. During the course of these tournaments we took on - and beat - the finest specialist Sevens and Tens teams in the world. But more of that later.

First, let's see what the HSBC Penguin International Coaching Academy got up to in 2010...



HSBC, Grove Industries and Tsunami - our sponsors

I am sure all members will join with us in expressing our thanks to HSBC, Grove Industries and Tsunami for their continued support, interest and sponsorship of the Club.



HSBC Penguin International Coaching Academy News:

Rwanda March 2010

Rwanda's rugby players are eagerly anticipating their second Hong Kong tour in March 2011 after a historic visit to the African country by two of Scotland's top coaches. The duo's visit was organised by the HSBC Penguins Coaching Academy. The Silverbacks were put through their paces by former Scotland national coach Frank Hadden, and Scottish Rugby Union referee development manager, Colin Brett, during a week-long series of clinics.



HSBC Penguin International Coaching Academy duo Colin Brett and Frank Hadden make the trophy presentations after a sevens tournament held at the end of their visit to Rwanda.

"In the last couple of years I've coached in nearly twenty countries and I'm amazed at the capacity of rugby to grow and even thrive in the most unlikely circumstances," said Hadden. "After its well documented problems in the Nineties, Rwanda is now one of the safest and most stable countries in Africa and it was fantastic to see all these enthusiastic and talented players coming together to enjoy the rivalry and camaraderie of the best team game in the world."

Hadden and Brett also conducted sessions with U14s, U18s, and the national women's team in the first ever visit to Rwanda by elite-level rugby coaches. "Rwandan rugby has come a long way since it started about ten years ago,"

added Hadden. "I first came across the national team when the Penguins did a joint training session with them in Hong Kong last March and it's clear they've made progress over the course of the year. They're not as big as the players we have in Scotland but they're quick, with good hands, and would hold their own somewhere in the middle of our national leagues.

Colin Brett also ran an introductory referees tutorial. This course was well attended and included all the current Rwandan referees plus a number of players who were keen to improve their understanding of the game. The tutorial had classroom and practical sessions and involved all course participants behind the whistle at some stage during the course. All participants confirmed (even though a number were players and did not want to ref just yet) that the course had helped immensely with their understanding of the game, and also the finer points of refereeing.





"At the end of the week there was a sevens festival in our honour. It was fascinating watching the commitment, enthusiasm and no little skill of all the players on what was a difficult playing surface. It was full contact all the way but thankfully they reigned in the aggression on the more dangerous areas of the pitch!"

The coaching visit, by Hadden, Brett and Penguin CEO Craig Brown, capped a remarkable year for Rwandan rugby that began with the Silverbacks - named after the country's signature mountain gorillas - travelling to Hong Kong for their first ever overseas tour. They finished as Plate runners-up in the Projects Kowloon RugbyFest, a ten-a-side tournament featuring 14 teams from around the world.

South African rugby great Bob Skinstad was among the impressed spectators and immediately gave the Silverbacks an open invitation to play in the Cape Town Tens, the tournament he co-founded last year.

The Silverbacks also trained with the Penguins and the Aliens from New Zealand, while Penguins coaches put them through a first-level IRB coaching course. The team then attended the world famous Hong Kong Sevens. In addition, HKRFU director of development Ruth Mitchell organised a hugely successful kit collection, meaning the players returned home with more than 40 bin bags packed with unused team strips donated by the likes of Hong Kong Football Club, DeA Tigers and Valley.

The result of all this activity is that rugby in Rwanda is booming, with youngsters taking up the sport in impressive numbers while more and more women players are also participating.

"The Penguins Coaching Academy's visit generated huge excitement and gave the game another massive boost," said Hong Kong-born rugby enthusiast and Rwanda volunteer worker, Dave Hughes, organiser of the Silverbacks' Hong Kong tour.

"We're obviously extremely grateful to the Penguins and to Frank, Colin and Craig for their time, effort and expertise. Their trip to Rwanda and the impact they made will be remembered for a long, long time."

Hong Kong, March 2010

The Penguins spent a successful week in Hong Kong undertaking various grassroots coaching activities, and making the semi-finals of a very competitive Hong Kong 10s tournament.

Highlights included the coaching of the Rwandan national team, who were in Hong Kong for the first time and competed in the Kowloon 10s tournament. The Penguin coaches also ran an IRB Rugby Ready course for the Rwandans so they all returned home with a formal IRB Coaching certificate. It has already been confirmed that the players are putting their skills to good use and are helping the development of the game in Kigali.

Other coaching activities included sessions for local school children, and American and Japanese girls who were on an exchange trip to Hong Kong. During the coaching sessions, HSBC Rugby Ambassadors Gavin Hastings, John Kirwan, and Rory Underwood joined in with the Penguin coaches.

Portugal, May 2010

The tour coaches, often assisted by players, carried out several coaching clinics throughout the tour at a number of the local clubs for children from the ages of 8-15. These sessions were for the youngsters from the Agronomia and Belenenses clubs and the Escolinha de Rugby da Galiza children's project.

Singapore and Malaysia, November 2010

The academy had a full two week programme whilst in Singapore and Malaysia. Lead by Dean Herewini (Malaysian national coach), Neil Graham from Scotland and Tony Penn from New Zealand, the team ran a number of grass roots coaching sessions for local children. The efforts concentrated on improving skills and game understanding, but always tailored to the requirements of the local coaches. The group spent a week in Singapore where they coached teams





from 10 different schools and then a week travelling from Johor Baru to Kuala Lumpur via the east coast of Malaysia (including Pengerang, Mersing and Pahat). Whilst in Malaysia over 400 school children from 14 different schools attended the sessions with approximately 250 boys introduced to rugby. The Penguin playing squad also joined in with the academy efforts. In Singapore the team lead the coaching efforts (and joined by the South African Vipers team) at the HSBC Youth Coaching festival for over 250 local youngsters at the Padang the day before the SCC 7s started. The session concentrated on skills. In Port Dickson, Malaysia, the team ran a two hour session for 130 youngsters aged from U10 to U16. Club CEO Craig Brown confirmed this was one of the best sessions he had seen a Penguin team undertake and was a credit to the players. The players organised the session themselves and created seven different stations with all the Malaysian players moving around all locations and undertaking a different set of skills at each. The laughter and smiles on all participants told its own story!

All of the children who attended the sessions that the academy ran were presented with an HSBC Penguin Coaching Academy T-Shirt.

Coach Education 2010

In partnership with our friends at COBRA in Kuala Lumpur, the HSBC Penguin Coaching Academy ran four Coach Education courses in Malaysia in 2010. In January, a team consisting of Rob Clilverd, Simon Jones and Graham Lindsay spent a week in Kuching (Sarawak, Borneo) running the IRB level 1 course. In June Gary Henderson, Lynn Evans and Rob Clilverd spent a week in Kuala Lumpur running tutorial courses preparing the coaches for the IRB level 2 course. In October Simon Burns, Martin McTaggart and David Fraser spent a week in Sandakan (Sabah, Borneo) running the IRB level 1 course and Gary Henderson, Lynn Evans and Tony Robinson ran an IRB Level 2 course in Kuala Lumpur in November. The course in November was the first IRB Level 2 the Club has run.

Coaching in 2011

The club will be undertaking coaching trips as follows. More could be added.

Dubai – February

Hong Kong – March

HSBC Asian 5 Nations – April to June

Asian trip – November

HSBC Dubai 7s and grass roots coaching – November

If you want further details about these proposed trips please contact Craig Brown.

The Penguin Rugby IRANZ Award

The Club has recently formed an alliance with the International Rugby Academy New Zealand, whereby the top student at selected high performance courses is offered the chance to join a Penguin tour.

Karl Bryson from Palmerston North in New Zealand, was the first recipient of the Penguin Award for the best performer, as voted for by the IRANZ staff coaches, at the IRANZ course in Palmerston North, New Zealand in February 2010. Karl was offered a spot in the Penguins team to the Hong Kong Tens last March.

IRANZ Managing Director, Murray Mexted, confirmed Karl was the top performer both on and off the field and captained the IRANZ course team in their match. Murray added Karl was a top young man and would be a good ambassador for IRANZ, New Zealand and the Penguins. See www.iranzt.co.nz for more information.

Other recipients of the award to date are Alan McGinty from Ireland and Roelof Smit from South Africa.



Karl Bryson receives the Penguin Award from Penguin player and coach Craig De Goldi.





Penguin International Rugby Football Club News and Results:

Cambridge University: Tuesday 3rd February 2010. Cambridge University 14 - Penguins 39

The Penguin Squad: Match Managers: Ian Bullerwell and Ben Dormer:

10. Howard Graham - Captain (Marauders/ Harlequins), 15. Bill Robinson (Cambridge), 14. Michael Rust (Rugby), 13. Owen Farrell (Saracens), 12. Sam Viggers (Rugby), 11. Chris Rose (Richmond), 9. Pete Glackin (Rugby), 1. James Hadfield (Henley), 2. Matt Price (Rugby), 3. Dan Fraser (Harlequins), 4. Jon Phillips (Peterborough), 5. Harry Spencer (Saracens), 6. George Kruis (Saracens), 7. Brett Daynes (Bedford), 8. Stuart Riding (Barking).

Substitutes: Dan Hunter (Cambridge), Pete Kolakowski (Cambridge), Will Fraser (Saracens), Matt Edison (Cambridge), James Glasson (London Scottish).

Oxford University: Tuesday 2nd March 2010. Oxford University 40 - Penguins 26

The Penguins had a strong squad, managed by Ben Dormer, to play Oxford University at Iffley Road in the 30th year of this annual fixture. The Penguin supporters included Life-President, Alan Wright, newly-appointed President, Richard Bennett, and Chairman, Tom Wacker.

The Penguins included Wasps' former rugby league international Lee Smith at full back in a strong line-up. By chance, starting Penguin blindside Stu Riding had some transport difficulties, so Bill Calcraft, the 1987 Oxford Captain, was on hand to pull on the number 6 jersey and start the match. Bill put in a commendable 20 minutes, and was soon reunited with the Iffley turf after an absence of some 20 years!

The Penguin Squad: 10. Howard Graham (NEC Harlequins – Captain), 15. Lee Smith (London Wasps), 14. Adam Bishop (Loughborough U), 13. Richard Coskie (Manchester U), 12. Will East (London Wasps), 11. Rhys Crane (Loughborough U), 9. Harry Peck (Newcastle Falcons), 8. Hugo Ellis (London Wasps), 7. Rob Sawtrick (Manchester U), 6. Bill Calcraft (Penguins) / Stu Riding (Barking), 5. Tom Holloway (Rugby Lions), 4. Peter Elder (London Wasps), 3. David Morgan (Cardiff HSOB), 2. Matt Price (Rugby Lions), 1. James Hadfield (Henley Hawks).

Substitutes: Arthur Ellis (London Wasps), Sam Viggars (Rugby Lions), Tom Harris (Rugby Lions), Peter Glackin (Rugby Lions), Jack Wallace (London Wasps), Eoghan Hickie (London Wasps), Dan Fraser (NEC Harlequins).

Portugal, May 2010

This was the Club's third XV's tour to Portugal in our 51 years of touring the world, and included two matches and three Academy sessions. The previous XV's tours to Portugal were in 1966 and 1975. A strong touring team was selected including tour captain Marcus di Rollo (Scotland). The team was coached by Steve Hill (Director of Rugby at Richmond FC), John McKittrick (North Harbour) and Riccardo Franconi (Rugby Roma). The side was managed by Ben Dormer, with assistance from Craig Brown.

The first match was against a Lisbon Regional XV - a team built on emerging players based around Lisbon, with a couple of old hands included. In an entertaining game with plenty of action the Penguins ran out winners 34 - 17.

The second match, against Agronomia, was the highlight of that Club's 75th Anniversary celebrations, and was played in warm weather in front of a good crowd. The Penguins had eleven nationalities in the team that day (Scots, English, Irish, French, Italian, South Africans, Albanians, Portuguese, Tongans, Australians and New Zealanders)! Another open, flowing game unravelled with the hosts taking an early lead through two tries from forward exchanges. The Penguins eventually found their rhythm and started to put together multi-phased attacks which eventually brought tries. The result was not certain until ten minutes from time when the Penguins pulled away and won by 30 points to 17.

The Team enjoyed some social time off the field, with first class hospitality throughout their stay. Amongst other activities the team enjoyed a wine tour, a beach trip, many entertaining meals, not to mention the great night life (but only on their nights off, of course!) throughout the trip. Many lifelong friends were made both within the side and with the Portuguese hosts. The tour was joined by Penguins Co-founder and Life President Alan Wright, Charity Secretary Vince Bramhall and committee member Bill Calcraft.





Singapore Cricket Club 7s November 2010

Penguins win the Ablitt Cup beating the South African Vipers in the final

The Club returned to the SCC 7s over the weekend of 5th to 7th November 2010 for the third time (the previous entries were in 1997 and 1998). The team was based on a selection of ITM cup players from New Zealand, all of whom had a range of sevens experience.

The tournament favourites were the South African Vipers. South Africa are coached by the South African National Sevens Coach, Paul Treu, and had been winners of the previous three SCC 7s tournaments. Also include in the tournament were five other national sides, including Sri Lanka, Japan, Hong Kong and Kazakhstan.

Day One, Friday 5th November - Penguins were drawn in pool A and played in the first game of the tournament against Cottesloe from Perth (Australia). As expected in their first full game together the team struggled to find their rhythm, but it was an encouraging start as it gave the team a good win.

Day Two, Saturday 6th November - The opponents on day two were Kazakhstan (the 69th country the Penguins have played in or against, or coached) and the Borneo Eagles, from Sandakan. Both teams provided physical opposition but the Penguins quickly settled into structured sevens, avoiding contact and punishing the opposition with quick use of turnover ball. The result was two more wins.

Day Three, Sunday 7th November - Heavy overnight rain saturated the playing surface. Altered tactics saw Penguins adapt best to the conditions with their pressure defence regularly paying dividends. The first game saw Penguins comfortably home against Australian side, East Arnhem. In the quarter-final Penguins came up against former champions

and form side, Ponsonby from New Zealand. In one of the most clinical games of the tournament, Penguins comprehensively outplayed their opponents and won 38 - 0, setting up a semi-final with Horowhenua-Kapiti (the New Zealand provincial team). In the semi-final our opponents scored first but the physical presence of the Penguins saw the team emerge with a comfortable 33 points to 10 victory.

So the grand final was a classic encounter between the South African Vipers and the Penguins. In the first half the South Africans totally dominated possession and field position, but the Penguins' resolute defence kept the Vipers scoreless and the Penguins scored first, against the run of play, with Nalu Tuigamala forcing his way through a gap and running 40 meters to score under the posts. The successful conversion gave the Penguins a 7 - 0 lead at half time. The second half saw the South Africans change their pattern of play using more width. This paid dividends with a converted try to level the scores within 90 seconds of the restart. The Penguins struck back with a long range converted try by David Raikuna to set up a tense final three minutes with the score favouring the Penguins at 14 - 7. After the final hooter the South Africans scored. With one of the kicks of the tournament, the conversion sailed over to tie the game and send the match into sudden death extra time.

Penguins won the toss and pressure brought an early turnover. From the resulting restart the Penguins attacked and were awarded a penalty close to the Vipers' goal posts. A quick tap saw winger David Raikuna burrow his way through two defenders to ground the ball and end the contest.

This was an absolutely tremendous win for our Club in a very prestigious and high profile tournament - regarded as the strongest Sevens tournament in the southern hemisphere, outside the HSBC Sevens Worldwide Series. Congratulations to all involved.





The Penguin squad:

Tour Manager: Craig Brown. Coaches: John McKittrick (former coach of North Harbour Sevens and Dev XV, Cook Islands XV & Sevens, USA Sevens) and Rodney McIntosh (former coach of Hong Kong Sevens). Assistant Tour Manager: Hang Kek Kang. Liaison Officer: David Townsend.

Team: Nafi Tuitavake (Massey, Nth Harbour, NZU20, NZ7s - Captain), Ben Botica (North Shore, North Harbour, NZU19), Nalu Tuigamala (East Coast Bays, North Harbour XVs & 7s, NZU20), Villiame Fihaki (Patumahoe, Counties Manukau XVs & 7s), Shane Christie (Nelson, Tasman XVs & 7s), Johnny McNicholl (Sydenham, Canterbury 7s & U21, Crusaders Dev), Manu Leiataua (Mahurangi, North Harbour, Wellington 7s, Wellington B), Roy Griffin (Kamo, Northland, Blues Dev), Matthew Hodson (Tauranga Sports, Bay of Plenty 7s), Paula Kinikinilau (Alhambra-Union, Horowhenua-Kapiti, Otago), David Raikuna (Pukekohe, Counties Manukau 7s & XVs), Irwin Finau (Silverdale, North Harbour B, Auckland 7s)

Results:

Pool A - Penguins 31 - 0 Cottesloe, Penguins 40 - 5 Almaty RFC (Khazakstan), Penguins 29 - 0 Borneo Eagles

Last 16 - Penguins 44 - 0 East Arnhem

Quarter-final: Penguins 38 - 0 Ponsonby

Semi-final: Penguins 33 - 10 Horowhenua-Kapiti

Final: Penguins 19 - 14 South African Vipers (after extra time - 14 all at final whistle).

HSBC COBRA 10s, November 2010

Penguins win the Hui Weng Choon Trophy after beating the New Zealand Legends in the final

Arriving in Kuala Lumpur, the team was hosted by Jon Addis of HSBC at the inaugural Rugby Legends dinner as presented by the COBRA Club. All had a very pleasant evening.

Come Thursday, 11th November, the team started to get into tournament mode and the intensity in training reflected this. Some adjustments were required as the team adapted from sevens to tens.

The team coped well on the first day of the competition (Saturday, 13th), running up two comfortable victories before facing Ponsonby in one of the feature matches of the day. Defence led the way again, as it had in Singapore, and the team ran out 12 - 0 winners.

Day two dawned hot and sunny. First up was the Australian team from Canberra, Gungahlin Eagles. The match was fairly even for the first five minutes, but eventually the Penguins found the gaps and the tries started to come and the Penguins moved on to the cup semi-final.

The Natal Duikers had a big side with plenty of representative players in their ranks. Penguins prepared for a very physical encounter; but, in the performance of the weekend, the Penguins were just too good with ball in hand - especially with support play keeping movement after movement alive. Penguins had the game won by half-time, leading 38 - 0 at the break. In the second half the Penguins conserved energy by placing emphasis on their defensive strategies. The final score was 43 - 0.

So much for the factor 30 sun block - a massive thunder storm enveloped the stadium at the start of the Bowl Final and put a halt to proceedings for about 45 minutes. This left the pitch wet and muddy in parts although it did hold together reasonably well until the end of play.

From the start of the tournament most spectators had predicted a New Zealand Legends/Penguin International final, and that's exactly what happened. Penguins started well and took a 14 - 0 lead into the break. In a rare defensive lapse the New Zealand Legends scored soon after the resumption. However, sustained Penguins pressure saw vice-captain





Nathan Hohaia score to put the final beyond reach. The victory was based on sound defence with the side conceding only twelve points throughout the entire tournament. Coach McIntosh was outstanding in this aspect and was assisted by John McKittrick.

A fourth COBRA 10s title for the Penguins and a brilliant end to a great two week tour. To win both tournaments was a tremendous achievement and will be remembered by all in the Club for a very long time.

The Penguin Squad:

Back row: Tony Penn (Academy Coach), John McKittrick (Coach), Hang Kek Kang (Liaison Officer), Villiame Fihaki (Patumahoe, Counties Manukau XV's & 7s), Shane Christie (Nelson, Tasman XV's & 7s - Captain), Paula Kinikinilau (Alhambra Union, Horowhenua-Kapiti,



Otago), Roy Griffin (Kamo, Northland, Blues Dev), Sam Hayes-Stevenson (Burnside, Canterbury B, Crusaders Dev), David Raikuna (Pukekohe, Counties Manukau XV's & 7s), Irwin Finau (Silverdale, North Harbour B, Auckland 7s), Nathan Hohaia (Tukapa, Taranaki XV's & 7s, Hurricanes Dev - Vice Captain), David Townsend (Committee)

Front row: Marc Daniels (Physio), Craig Brown (Manager), Ben Botica (North Shore, North Harbour, NZ Schools), Nalu Tuigamala (East Coast Bays, North Harbour XV's & 7s, NZU20), Manu Leiataua (Mahurangi, North Harbour, Wellington 7s, Wellington B), Johnny McNicholl (Sydenham, Canterbury 7s, U21, Crusaders Dev), Phil Tuigamala (Northcote, North Harbour U20, Dev, 7s), Paulisia Manu (University, Auckland), Rodney McIntosh (Coach).

Results:

Day One, Pool B - Penguins 59 - 0 Sabah Eagles (MAS), Penguins 47 - 5 NNK (RSA), Penguins 12 - 0 Ponsonby (NZ)

Day Two, Quarter-final: Penguins 30 - 0 Gungahlin Eagles (AUS)

Semi-final: Penguins 43 - 0 Natal Duikers (RSA)

Final: Penguins 21 - 7 New Zealand Legends.

Penguin International RFC Membership News

We are in the process of setting up a Members Page on our website (www.penguinrugby.com). This will allow all members to notify the committee of changes to address, email, phone contacts etc.

Additionally the Annual Fixture Card is being replaced with a handbook which is being distributed shortly and will be kept up to date from time to time. Newsletters will be despatched periodically each year by our Historian and Information Secretary, Dick Tyson (dicktysonrugby@gmail.com).

The annual subscriptions form is also available on the website for members to print out, fill in and send back.

Also, please find attached the Club's Vice President Nomination form if you have any new members to nominate.





Club Management Reorganisation

Our President Richard Bennett would like to advise all members of the reorganisation of the Club's General and Executive Committees.

Three long-standing and hard-working committee members have retired due to work commitments and relocation.

Tom Wacker has moved to the USA so has retired as Chairman but will remain as the Club's member for the USA.

Michael Cordell has resigned as Club Secretary due to work and RFU commitments and has joined the Club's Advisory Board. Mike continues as Secretary for the Kent Rugby Union and as an RFU Council Member.

Derek Morgan has retired from the General Committee due to work and other rugby commitments, but joins the Advisory Board.

Thank you to all three for their dedication and work for the Club, and we look forward to working with them in their new roles.

Bill Calcraft and David Townsend have been appointed Senior Vice Presidents with a view to them working alongside the President and carrying out numerous tasks for the Club.

It is hoped Vincent Bramhall will accept the position of Club Secretary in the near future but will commence this role in an acting capacity.

Please see the Club's website under the **Who's Who** section for the updated Executive and General Committees.

Congratulations to John Steele on his appointment as the Chief Executive of the RFU

The Club would like to congratulate John Steele on his new position. John, a former first-class fly-half and a Heineken Cup-winning coach with Northampton in 2000, played for the Penguins in our fixture against Cambridge University Past & Present in 1992.

Keep Up To Date On All Events at the Penguin International RFC Website

Please visit our website at: www.penguinrugby.com. If you have any team information, photos or tour stories which we could put on the website please let Craig Brown know.

St. James, Caledonian & Penguin International Golfing Society

All Penguin International RFC members are automatically members of this Mutual Golfing Society which has the benefit of playing at two of the UK's leading golf clubs. This year's events are at The Berkshire Golf Club, Ascot, on 24th June and The Bruntsfield Links, Edinburgh, on the 23rd September. Details can be found on the website and we do urge members to consider taking part actively in this very pleasant event. If you are keen to participate please contact Tony Carpenter at: tony@douglasgrove.co.uk or phone: 01252 793060.





Penguin International RFC 'Golden Oldies' to Australia



Following the success of our 50th Anniversary Match at Twickenham in 2009, and as a result of the enthusiasm of John Zimnoch and David Harris, the Club resolved to form a social team - the King Penguins. In September, 2010, the team visited Australia, playing an Australian Parliament team.

This year the King Penguins have entered into the Kowloon 10s in Hong Kong, as part of the Hong Kong 7s Festival during the last week of March. Please see the Penguin International RFC website or contact David Harris (david_harris@broxburnbottlers.co.uk) for more information on this trip.

Other upcoming trips for the King Penguins include Japan and Sweden in 2012 and Australia in 2013 to follow the British and Irish Lions. See the Penguin website for more details.

All members who are interested in playing for the King Penguins should contact John at: John Zimnoch, 131 Colin Avenue, Toronto, M5P 2C4, Ontario, CANADA. Tel: 00 1 416 486 5588 or email: zimnoch@re-max.com

A History of the Penguin International RFC

The illustrated history of the Penguin International RFC, which is currently being assembled by Life President Alan Wright and rugby writer Dick Tyson is progressing very well. It is hoped that the book will be ready for publication later this year. All members have been previously invited to provide historical information, but further contributions by way of reminiscences, anecdotes, photographs or any other information will still be welcome if despatched to Dick Tyson prior to 31st March this year. Dick's address is: 5 Orchard Close, Cuffley, Herts EN6 4QD. email: dicktysonrugby@gmail.com.

Coming HSBC Penguin International Coaching Activities, PIRFC Fixtures and Tours

The club has agreed to or hopes to participate in the following coaching activities, matches and tours in the coming year:

Hong Kong Football Club Tens - 24th & 25th March 2011 at The Hong Kong Football Club

HSBC Grass Roots Coaching and Coach Education Activities in Hong Kong - 20th to 26th March 2011

King Penguins playing in the Kowloon Tens - 24th March 2011 at Kings Park, Hong Kong

HSBC Asian 5 Nations Coaching Assistance - April to May - details to be confirmed

Coach Education in Malaysia - We hope to run three or four courses this year with the first in March

London Tens - June 2011

SCC 7s (5th & 6th November) and **HSBC COBRA 10s** (November) in Singapore & Kuala Lumpur

HSBC IRB Dubai Sevens - November 2011 - Grass roots and schools coaching and HSBC Rugby Festival in Dubai.

For up-to-the-minute information, or if you wish to join the Penguins on any of these trips, please contact Craig Brown at: craig.brown@penguinrugby.com

RESULTS JUST IN:

♦ 2nd March 2011 - Oxford University 10 - 43 PIRFC ♦ 9th March 2011 - Cambridge University 36 - 47 PIRFC

We start 2011 with two excellent wins - match reports and squad details to follow on website and next newsletter.

Dick Tyson - Historian and Information Secretary





Penguin International Rugby Football Club

Standing Order Form

Please complete and return to:

D.R. Hutton, Treasurer, PIRFC, Loxley, 6 Goldsmid Road, Tonbridge, Kent, TN9 2BT

Three Steps to Complete the Standing Order Mandate

1. Complete the name and address of your Bank / Building Society and details of the account to be debited.
2. Write the amount of the regular payment, including in words.
3. Sign & print your name then date the mandate.

Please set up the following standing order and debit my account accordingly.

To The Manager:-	<input type="text"/>			Bank/Building Society						
Address:	<input type="text"/>									
Please tick relevant box:- <input type="checkbox"/> New Instruction <input type="checkbox"/> Please amend previous standing order quoting beneficiary										
ACCOUNT TO BE DEBITED:		BENEFICIARY DETAILS:								
Sort Code	<input type="text"/>	Bank	<input type="text" value="HSBC Bank plc"/>							
Account Number	<input type="text"/>	Branch Details	<input type="text" value="Pall Mall, London SW1"/>							
Name of Account	<input type="text"/>	Sort Code	<input type="text" value="40"/>	<input type="text" value="05"/>	<input type="text" value="20"/>					
		Account Number	<input type="text" value="5"/>	<input type="text" value="1"/>	<input type="text" value="3"/>	<input type="text" value="9"/>	<input type="text" value="6"/>	<input type="text" value="1"/>	<input type="text" value="1"/>	<input type="text" value="0"/>
		Beneficiary Name	<input type="text" value="Penguin International Rugby Football Club"/>							
Reference (VP name)	<input type="text"/>									
PAYMENT DETAILS:										
Amount of first payment	<input type="text" value="£"/>	Date of first payment	<input text"="" type="text" value="£"/>			Frequency of payment	<input type="text" value="Annually"/>			
Please continue payment until further notice		Y <input type="checkbox"/>	Date of regular payment	<input type="text"/>						
Regular payment in words	<input type="text"/>									
Signature	<input type="text"/>									
Name (Printed)	<input type="text"/>									
Date	<input type="text" value="/ /"/>									



Penguin International Rugby Football Club

Annual Donation Form

Your continued financial support of our club is very much appreciated. As you know, the Penguins are generously supported by HSBC. Nevertheless, we continue to rely considerably upon our members' contributions to cover our extensive playing and coaching plans. Please find space below for you to make an Annual Donation.

We will be grateful if you could complete and send this form to the Club's Treasurer with a cheque made payable to "Penguin International RFC".

If you prefer, you can set up a standing order (see previous form) - please complete and send to the Treasurer). If you have paid this year or have set up a standing order, please ignore this request and many thanks.

If you prefer to support the Club's Charity please ignore this form and use the Charity Donation form. Gift aid forms are also available.

Please complete and return to:

D.R. Hutton, Treasurer, PIRFC, Loxley, 6 Goldsmit Road, Tonbridge, Kent, TN9 2BT

Name:		Membership no. (if known):	
Address:			
Email:			
Phone numbers:			
Donation Amount:	Cheque enclosed		TICK
	Standing Order Form enclosed		TICK
Signed:		Date:	



Penguin International Rugby Football Trust

Registered Charity 1081047

Donation Form

The activities of the Charity are funded exclusively by donations. We are very grateful for your support, and, if you would like to donate, please use the space below.

If you prefer to support the Penguin International RFC please ignore this form and use the Club Donation form.

Cheques should be made payable to the "Penguin International Rugby Football Trust" and sent to the Hon. Sec, Vincent Bramhall at 4 Ormonde Place, London, SW1X 8HX.

If you prefer, you can set up a standing order (form available on request from vincent.bramhall@penguinrugby.com) - please complete and send to the Club Treasurer - details on the standing order form). If you have made this year's donation or have set up a standing order, please ignore this request and many thanks.

We would be grateful if you could also fill out the Gift Aid form (below) as this makes a considerable difference to your donation (UK tax payers only).

Name:		Membership no. (if known):	
Address:			
Email:			
Phone numbers:			
Donation Amount:	Cheque enclosed		TICK
	Standing Order Form enclosed		TICK
Signed:		Date:	

Headquarters

4 Ormonde Place, London, SW1X 8HX

www.penguinrugby.com



Penguin International Rugby Football Trust

Registered Charity 1081047

Gift Aid Declaration Form

Name:	
Address:	
Email:	
Phone numbers:	
I wish Penguin International Rugby Football Trust (the Penguin Charity) to treat all donations I make from the date of this declaration, as Gift Aid donations, until I notify the Penguin Charity otherwise.	
Signed:	Date:

NOTES:

1. You must pay an amount of UK income tax and/or UK capital gains tax at least equal to the tax that the Penguin Charity reclaims on your donations in the tax year (currently 28p for each £1.00 that you give).
2. If you pay UK tax at the higher rate, you can claim further tax relief in your self-assessment tax return.
3. If your circumstances change in the future and you no longer pay UK tax on your income and/or capital gains equal to the tax the Penguin Charity reclaims, you can cancel this Declaration.
4. You can cancel this declaration at any time by notifying the Penguin Charity.
5. Please notify the Penguin Charity if you change your address or any of your other contact details.
6. Please return this declaration to the Hon. Sec. at the Penguin Charity headquarters.

Headquarters
4 Ormonde Place, London, SW1X 8HX
www.penguinrugby.com



Penguin International Rugby Football Club Membership Information Update Form

Please use this form to update your personell details so that we can remain in contact with you.

Name:	Membership no. (if known):
Address:	
Home Phone:	
Mobile Phone:	
Work Phone:	
Email:	
Alternative Email:	
Contact preference - email or post:	

Signed:

Date:

Please email to

membership@penguinrugby.com

Alternatively you can go on line at the club's website and fill out the on line form.



Penguin International Rugby Football Club

Nomination of Vice President Form

Please use this form to nominate new club members. The information requested is used to update the membership database so we can remain in contact with all members.

Any club member can nominate new members and will need the support of one General Committee Member. Any General Committee Member can nominate any new member outright.

When this form is completed it should be returned to the Club Secretary who will process the application including the sending out of the welcome letter and will pass the form to the membership section, Website Manager, and the Publications Manager and Historian for relevant updates.

Name:		
Address:		
Email:		
Phone numbers:		
Brief Professional CV:		
Brief Rugby CV:		
Contact Preference (tick one):	EMAIL	POST
Name and Signed Proposer:		Date:
Name and Signed Seconder:		Date: