

RUGBY FOOTBALL CLUB Rugby Football Union Kent County RFU

PENGUIN INTERNATIONAL

WINTER NEWSLETTER

PENGUINS COME FROM BEHIND TO BEAT GERMANY IN HEIDELBERG



Also in this issue:

- Coaching in London at the Rosslyn Park HSBC National School Sevens and in Japan, Malaysia, the Philippines & India
- Penguins need you at our Rugby World Cup Evenings in Richmond
- + Penguins at the HK Tens and Sevens + King Penguins in Yorkshire



HSBC (

Many thanks to HSBC who are once again sponsoring the HSBC Penguin Coaching Academy. Going forward, in an agreement that includes World Rugby, HSBC Penguin coaches will be travelling the world to help develop our game through grass roots, development and coach education activities.

HSBC is a long-term investor in rugby around the world. Through key partnerships such as the HSBC Sevens World Series, Australian Rugby Union and the Hong Kong Rugby teams, the bank is helping to develop and grow rugby at all levels of the game.

At the heart of all of their partnerships is HSBC's commitment to helping develop the grassroots level of the game and the HSBC Penguins are a key part of this support. The Penguins are aligned with the bank's focus on encouraging youngsters around the world to play rugby, often for the first time, and create a legacy through Coach Education and the delivery of essential kit and equipment.

(read Manager Tim Steven's report on pages 12-14). Our 'Golden Oldies' side the King Penguins were also in action in 2015. The first 'home' fixture undertaken by the King Penguins since their formation in 2009 coincided with the 70th birthday weekend of KP co-manager John Zimnoch. Read all about their adventures in Yorkshire on pages 16-18.

Welcome to the PIRFC Newsletter for Winter 2015

Since the publication of the last Newsletter the HSBC Penguin

International Coaching Academy have coached at the Rosslyn

Park HSBC National School Sevens and paid highly successful

visits to Japan, Malaysia, the Philippines and India. You can read all

reached the semi-finals of the GFI Hong Kong Football Club Tens

(read CEO Craig Brown's tournament report on pages 9-11),

and also played the German Development XV in Heidelberg

On the playing front, the Penguin International RFC

about these events on pages 3 - 8.

Penguins have also used the great occasion of the Rugby World Cup taking place in England to hold a series of gettogethers at London venues. We do hope you manage to get to one of these evenings to meet up with a few of your fellow Penguins. There is still one to go - on Friday 23rd October. See page 20 for more details!

Coming coaching activities, fixtures and tours

♦ 26th October - 10th November 2015 - SCC7s and COBRA

10s - Singapore and Malaysia

◆ 31st October - 15th November 2015 - HSBC Penguin Coaching Academy - Grass roots and player & coach education - Malaysia and Indonesia

If you'd like to join the Penguins on these trips please contact Craig Brown - craig.brown@penguinrugby.com

♦ Cambridge University RUFC at Grange Road, Cambridge. Date 13th January 2016. KO 19.45.

♦ Oxford University RFC at Iffley Road, Oxford. Date 2nd March 2016. KO 19.15.

If you'd like to join the Penguins at the Varsity matches please contact **Steve Hill - steve8hill@googlemail.com**

♦ The St James, Caledonian and Penguin International Golfing Society Fixtures (contact Tony Carpenter - tony@douglasgrove.co.uk for more information). 24th June, 2016, at The Berkshire Golf Club (the tournament is always played on the last Friday of June each year).

Please keep an eye on the Club website for up-to-date news as and when it happens: www.penguinrugby.com



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www.tsunami-sports.com

We are sure all members will join with us once again in expressing our thanks to HSBC, Grove Industries and Tsunami for their continued support, interest and sponsorship of the Penguin International RFC.



PENGUIN INTERNATIONAL COACHING ACADEMY NEWS

HSBC Penguin Coaching Academy support the Rosslyn Park HSBC National Schools Sevens 23rd - 27th March 2015



The Penguin Coaching Academy was delighted to support the Rosslyn Park HSBC National Schools Sevens once again, by providing coaching to the various teams. The Rosslyn Park HSBC National Schools Sevens is the largest grassroots rugby tournament in the world, with over 7500 boys and girls aged 13 to 18 taking part in 2014.

The Penguin coaches, in association with HSBC, provided a number of specialist coaching sessions for teams at the tournament. Through the tournament, teams would drop by to the designated coaching area for specific coaching including special skills and drills sessions, to help the teams advance in the tournament, and also to inspire the boys and girls involved in the tournament.

Many, many thanks to all the Penguin coaches: Richard Hicks, Martin

MacTaggart, Joe Russell, Dave Simmonds, Martin Crossan, Louise Meadows, Gareth Jackson, Chris Spedding, Oli Bishop, Gareth Hatherleigh-Hurford and Tony Robinson for managing everything.

HSBC has a long standing relationship with rugby union around the world, with a particular passion for helping to develop the sport at the true grassroots level of the game. The Rosslyn Park HSBC National Schools Sevens tournament has long since attracted an enviable pool of young players who travel the length and breadth of the country and sometimes the world to take part. The partnership with Rosslyn Park will sit hand in hand with the bank's commitment to helping grow and develop rugby over the coming years.

Festival - 2015 Nat 7 - Festival Final				_
Stowe School	1	15-12	Î	Tonbridge School
Open - 2015 Nat 7 - Open Cup Final				
Wellington College	1	12-7	Ê	John Fisher School
Festival - 2015 Nat 7 - Festival Plate	Final			
Cranleigh School	2	19-10	黨	Worth School
Open - 2015 Nat 7 - Open Plate Fina	1			
St Joseph's College, Ipswich	拿	19-17	1	Hampton School
Girls - 2015 Nat 7 - Girls Final				
Yagol Dyttryn Aman, Amman Valley School	2	19-10	P	Ysgol Bro Dinefwr
Colts - 2015 Nat 7 - Final				
Reigate Grammar School	2	24-19	1	Eton College
Junior Schools - 2015 Nat 7 - Final				
Dulwich College	1	31-0	黨	Whitgift School
Preparatory Schools - 2015 Nat 7 -	Final			
Caldicott Preparatory School	膏	22-12	賞	Dulwich Prep London

Rosslyn Park HSBC National Schools Sevens results 2014 - 15



HSBC Penguin Coaching Academy to Ryusaki University, Tokyo, Japan 7th - 11th April 2015

As part of the HSBC Penguin Coaching Academy Programme in Asia in 2015, the Academy accepted an invitation from the Asia Rugby Football Union to send a representative to participate in the Elite Level 2 CPD conference for coaches, strength and conditioning coaches, and match officials.

The week-long course attracted 36 participants from all over Asia, but predominantly from Japan and Hong Kong.

Programme Presenters were: Frank Hadden, Gordon Brett, Ben Gollings, Frank Meiklejohn and Jarod Gallagher - each an acknowledged expert in their field

The Programme was presented by:

Frank Hadden - former Scotland Coach and HSBC Penguin Coaching Academy Representative Gordon Brett - Munster Skills & Conditioning Coach Ben Gollings - England 7s Player Frank Meiklejohn - Australian Referee Jarod Gallagher - former World Rugby Asia Representative

The conference started each day with a trigger presentation from the guest coaches for all delegates. Following the trigger sessions, the course divided into specialist areas for presentations and practicals. Frank Hadden presented on the Development Value of Playing with Width, and facilitated a practical tailored for the Asian coaches/players on Organisational Skills. Local Japanese coaches gave presentations on nutrition, the scrum, and the line out. The enthusiastic participants in the demonstrations were provided by the Ryusaki University Rugby Squad.

This was the first course of its kind in Asia, and it is hoped that it will become a regular feature in the calendar and that the HSBC Penguin Coaching Academy can support this endeavour in the future.





Penguin International Coaching Academy World Rugby Level 2 Course COBRA Club, Petaling Jaya, Malaysia, 1st - 5th June 2015

At the beginning of June, the HSBC Penguin Coaching Academy were invited by the COBRA Club in Petaling Jaya, Malaysia, to deliver a World Rugby Level 2 Coaching Course along with a number of technical workshops.

The week long course, delivered by James Wade and Andrew Douglas, Coach Development Officers at Scottish Rugby, was attended by twenty coaches and teachers from across Malaysia with the aim of developing both their delivery and technical skills to take back to their respective states.

As well as working through the content from the World Rugby Level 2 course, each afternoon the coaches worked through technical workshops on the scrum, and both attack and defence through controlled games, with the aim of providing them with updated content and understanding of those areas.

The coaches were great to work with and took away a great deal from the week

The coaches were great to work with and took away a great deal from the week. Furthermore, the hospitality from Tee Jay and the guys at the COBRA Club was outstanding, ensuring the participants were well hydrated in the sweltering heat!





Penguin International Coaching Academy to the Philippines, 30th July - 10th August 2015

This HSBC Penguin Coaching Academy trip to the Philippines was the second for the Club following the short coaching trip undertaken in 2013.

The Penguin coaches consisted of three experienced Scottish coaches and an Englishman. They were Scots Dave Cockburn (Cobie), Hugh Cambell, Kevin Brown and Englishman Lee Adamson. The common denominator was that they all, at some time in their coaching career, had an involvement with a Scottish representative team. Hugh, notably, had coached the Scotland senior team.

The 30th of July travel plan went without a hitch; Lee met Cobie and Kev at Heathrow's Terminal 2. The three travelling from London then met up with Hugh at Manila airport after he flew in from Thailand. After a short cab ride to our hotel yhey met their man in Manila, Peter Wright. Peter is the Head of Development with the Philippines Rugby Union. Peter had organised the coaching program, which was to begin the following morning.

Day one began with a drive through the city and out to the Alabang Eagles Rugby Club. The day was spent working with the players and coaches of the Philippines Development team. The Penguin coaches looked at set pieces, scrums and line outs in the morning and developing play from set piece in the afternoon. They also spent time with the local development coaches, who were running a 'Get into Rugby' session for 12-18 year olds. This group was made up of youngsters from varied backgrounds being introduced to rugby as a way of getting them into a healthier lifestyle.

The second session on Sunday, 2nd August, was also spent at the Alabang Eagles ground. Again the coaches worked with the development squad players and their coaches as part of a detailed coaching programme to assist the teams in their games in the following weeks. The area of focus moved from set piece to patterns of play.

Monday, 3rd August began with a visit to the headquarters of the Philippine's Rugby Union. The HSBC Penguin coaches met the Union staff and were given a briefing about how they were develop- Philippines are under weight because of ing the game in clubs, and increasing participation. To put the task into context, The Philippines are an archipelago of over 7,000 islands.

20% of children under five in the poor access to nutritious food

The overall land area is comparable to that of Arizona. The population is over 100 million; 12 million live in Manila, the capital.

The Union was formed in 1998, so is relatively young. The strides they have made in a few short years are a testimony to the hard work of a few committed rugby enthusiasts. Rugby in the Philippines is run by a handful of employed staff and lots of volunteers who are battling to establish rugby in clubs across the country. The clubs are working hard to provide opportunities for young people. Many of these young people have little access to sport of any kind. 20% of children under five in the Philippines are under weight because of poor access to nutritious food. Coach Adamson was left with the impression that there was lots of work to do and that being fed after playing rugby was a massive incentive to pitch up and play.

The coaches ran two sessions that evening. One with 25 men on contact management, one with 24 women (Get into Rugby session) introduction to rugby focus on catch, pass and run.

The HSBC Penguin coaches travelled to an orphanage on Tuesday 4th, about four miles from their hotel. The orphanage is run by the Catholic Church and is home to over 1000 children. The coaches worked with these children





and also another local foundation that provides care for abandoned and neglected children. The session was split in to two age groups, 8-14 and 15-18. Local volunteer coaches also joined the session and were tutored by the HSBC Penguin coaches. The session was visited by a group from the Philippine's military academy, who were full of praise for what rugby was bringing to these young people.

The one thing that will always stay with the Penguin coaches was the way the young people engaged with the activities and the HSBC Penguin coaches and the happy, carefree way they went about the session.

Wednesday, 5th August was the chance to see if the coaching undertaken earlier in the week with the development

The one thing that will stay with the coaches was the way the young people engaged with the activities and the happy, carefree way they went about the session

players from Alabang Eagles would pay off in a match situation. After a coach development meeting in the morning the group headed off to Southern Plains for a game against Sabah Eagles from Borneo in Malaysia. The HSBC Penguin coaches worked with the Alabang Eagle coaches and completed a feedback session with the players and coaches after the game. The game was a closely contested battle that Sabah Eagles won in the last quarter. The conclusion from the players and their coaches was that they had improved from a week earlier and put on a string performance against the more experienced guests.

Thursday 6th started with a journey out of Manila to Clark, the site of a huge former US air force base. The HSBC Penguin coaches were met by the players' coaches and organisers of Clark Jets RFC. Clark Jets are a club that provides rugby for local youngsters, and is run by John Bradley and his wife Miranda, ably assisted by a small group of volunteers. They organise an annual rugby 10s festival which raises money to support their rugby activities throughout the year. It encourages youngsters to take up rugby and they provide sessions every Saturday. John and Miranda organise the sessions, transport the teams around and even provide a home for eight of the players in accommodation they built next to their house. After each session Miranda feeds all the players with pizza provided by a local sponsor.

Each HSBC Penguin coach took a group of players from a different age group, and ran sessions on core skills. A local coach joined the Penguin coaches in each group. Two national squad players also joined the session.

Friday 7th August was spent at Subic Bay with a mix of local rugby and relaxation. The HSBC Penguin coaches checked into Trader Rics, a rugby club that doubled as a hotel, after the session the evening before

The coaches had a relaxing day walking on the beach and shopping at the local mall before the last session, touch rugby on the beach. John, the Clark Jets Chairman, had sent out an open invite to all the local youngsters. There was a great turnout; about 40 young people aged 8 to 20 years old turned up, along with a few club members. The general manager of the resort also joined in. What a great way to bring our Philippines' coaching trip to a close!



Final thoughts from Lee Adamson:

'The Philippines rugby journey is a relatively new one. In the short time I was there I made some new rugby friends. The efforts they put in to make rugby happen, and the hurdles they have to overcome, really inspired me. The young people we coached showed all of rugby's values in abundance. This country has so much untapped potential it's frightening. When you see coaches giving players a pair of boots because they are playing in bare feet, and the priceless reaction from the player, you know you are in a great place where the human spirit and values of rugby are flourishing.'

This was the second Penguin trip to the Philippines - and hopefully not the last. During the seven days spent in the country, the HSBC Penguin Coaching Academy coached 95 senior players (36 women and 59 men), 297 under 18 year olds and 15 coaches.



The Penguin International Coaching Academy are very proud to have received this special Letter of Endorsement from our friends at The Indian Rugby Football Union following our very enjoyable visit to Patna, Bhubaneswar and Kolkata earlier this year...

111111111 DATE: N street hope front + real 17th August, 2015 To, Mr. Craig Brown, CEO - Penguin International RFC HSBC Penguin Coaching Academy UK Sub: Letter of Acknowledgment and Endorsement Dear Sir, On behalf of Rugby India, I would like to take this opportunity to thank the HSBC and the Penguins Coaching Academy for sending across 4 Coaches to India to help support the development of the game. Over the course of their 10-days visit to India, the Coaches travelled to 3 Cities (Patna, Bhubaneswar and Kolkata), worked with 5 Schools, were part of 3 Tournaments, conducted 9 Activities and reached out to 8000+ kids (of which 60% were girls) and trained over 100 coaches. Their involvement, commitment and coaching was exceptional and was well received by all and certainly a help to our Union. We would also like to acknowledge the commitment, passion, enthusiasm and expertise of all 4 coaches (Ben Fisher, Rory Couper, Simon Burns & Matthew Maudsley), both on and off the field. They were fantastic ambassadors, representing the Penguins, HSBC and Rugby! We hope their time spent in India was memorable and the experience second to none. From a Rugby India perspective, we are keen to maintain this relationship and association with the Penguins and would be happy to welcome a touring party for any such activities in the future. Thank you once again for all your help and we hope we can do something like this on an on-going basis. The Indian Rugby Football Union (IRFU) is the sole governing body for the sport of Rugby in India. The IRFU, responsible for the growth and development of the sport of Rugby across the country, is recognized by the Ministry of Youth Affairs & Sports, Govt. of India and is a full member of the Indian Olympic Association (IOA), Asia Rugby & World Rugby. Thanking You. Yours Sincerely, Nasser Hussain General Manager Indiat Reply Football Intia Hannah Haune. 2nd Fear, 12, Al Karve Hand, Marina Limit, Annual 400007, Inda + 7nd - 471 221 (2010)11 + Status - 411-221 (2000017) + West-Laghabeda.th



PENGUIN INTERNATIONAL PLAYING NEWS

Penguin International RFC at the GFI Hong Kong Football Club Tens 22nd - 30th March 2015

In late March the Penguins were in Hong Kong for the GFI Hong Kong Football Club Tens, followed by the HSBC Hong Kong 7s (writes Craig Brown).

As with previous years, the team had a southern hemisphere flavour but included Sam Stanley from England 7s, the US Eagles' captain Todd Clever and All Black Rico Gear. Returning Penguins included Kurt Davis, Willie Walker (named captain), Matt Vant Leven, Afa Fa'atau, Harry Bergelin, Vara Duisokosoko and Ray Niuia.

Sean Lineen returned for his second consecutive year as coach, and was joined by North Harbour and Blues Development Coach Steve Jackson, on his first Penguin tour. The team was managed by Craig Brown and Kenny Moyes with Marc Daniel and Sue Olovsson making up the medical team.

All arrived safely into Hong Kong and the team got down to the business of preparing for the Hong Kong Tens. First up was Monday morning training and the first outing of the team. Monday afternoon training was held at Sandy

Bay with the team running a session for the Sandy Bay youngsters post training. Over 80 enthusiastic children took part in the 90 minute sessions which focused on skills, team work with a lot of fun along the way. Well done to the Penguin players for putting on a great session and to our hosts Sandy Bay for inviting us and providing an enjoyable BBQ.

Injuries again plagued the Penguins, and at one stage the team was down to twelve fit players...



Above left: Liam Steel on the charge. Above right: Gafatasi Su'a on the inside/outside run

Two further training runs where held Tuesday with the morning sessions a combined run out with the East African team featuring our good friends from Rwanda.

Tournament day one had an interesting mix of games. First up was the Devil's Advocate Silver Dragons from Shanghai but with an international flavour. Second was UBB Gavekal complete with Penguin Andy Kelly in the line-up (based on the championship Hong Kong team Valley with eight French reinforcements). Last game of the day was against the French Development team, which included a number of French 7s players in their ranks.

Injuries again plagued the Penguins, and at one stage the team was down to 12 fit players for the last game on day one, with three players having short-term injuries that needed 24 hours to clear. Star forward Todd Clever ended his tournament with a knee injury, in game two, which was a big loss.



Game I – Four tries and blistering pace from Ed Fidow was the highlight. Todd Clever also chipped in with two tries and one each from Walker, Davies and Fahamokioa. A good start for the team considering they had not played together before. Good work across the park and plenty to take forward

Game 2 – Two long ranges tries from Gear with one each from Steel and Vant Leven. This was a sterner test for the team and credit to the defence for keeping the opposition scoreless. They had developed from game one and showed improvement. A good all-round effort from Pryor as well.

Game 3 – A very tight game with neither team giving an inch and the French playing a very niggly game. This was the fourth time in two years the two sides had met in either 7s or 10s. Pryor again lead from the front with impor-

tant defence also from Vant Leven, Fahamokioa and Hunt. Walker led the team well and controlled the game at times. But the French defence was too good and a way through was not to be found.

So a quarter final against the Samurai – same as the previous year. All still to play for.

Day two, and a big quarter final against Samurai for the second year running. The team was determined not to go out of the tournament in the quarter-finals and had their minds firmly focused on the match.

Above left: Tolu Fahamokioa with the big fend. Above right: Todd Clever looking to put the player in space.

In the best performance of the tournament, the Penguins dominated the match from the start with great defence and the ability to support from deep on the counter attack. The team scored three tries with one each to Airi Hunt, Liam Steel and Tolu Fahamokioa with Willie Walker adding two conversions.

Next up was the semi-final against YCAC Tradition. The Penguins could not break the strong Tradition defence and struggled a little in the first phase. Tradition took their chances well and capitalised on missed tackles to run out winners 26 to 7 with Kurt Davies scoring for the Penguins and Sam Stanley adding the conversion.

GFI HKFC Tens Results:

Pool D

Penguins 54 - 0 Devils Advocate Silver Dragons (CHN); Penguins 26 - 0 UBB Gavekal (FRA/HKG); Penguins 0 - 7 French Development Team

> **Quarter final** Penguins 17 – 7 Samurai (ENG)

Semi final

Penguins 7 – 26 Tradition YCAC (JPN/NZL)

Many congratulations to **Kara Pryor** who was presented with the **John Grove Award for the Best and Fairest Player** at the tournament.

<image>







Once the tournament was over, the team moved to the second phase of the week with spectating at the Hong

Kong 7s to look forward to, as well as helping at a charity function.

Late morning on the Friday and the team headed to the Jockey Club to help the Christina Nobel Children's Foundation run the Ladies Long Lunch for 2015. This annual event attracts ladies from around the globe and raises significant sums of money for children in need in Mongolia and Vietnam. Seven of the players were Another HK\$1.4 million was raised for the Christina Nobel Children's Charity with the Penguins once again doing their bit towards its success

nominated as models and put on a great show modelling Tommy Bahama gear. Our own Ray Niuia was the MC for the fashion show and set the scene by getting the ladies involved from the start! The net result was a record HK\$1.4m raised for the Charity, with the Penguins certainly doing their bit to help with the success.

Those with brave hearts then took their place in the South Stand on Saturday, dressed as Mexican bandits, and then the team took in the finals day on Sunday, witnessing some great rugby culminating in a famous Fijian victory. Another great Penguin Trip and we look forward to the next.



Penguin International RFC squad for the GFI Hong Kong Football Club Tens

Back row: Sean Lineen (coach, Scotland U21), Rico Gear (High School Old Boys, Poverty Bay, Crusaders, Blues, Worcester, Kintetsu, All Blacks), Kara Pryor (Grammar-Carlton, Northland, Blues Dev), Liam Steel (University, Auckland, Blues Dev), Matt Vant Leven (Kobe Steelers, Waikato, Chiefs), Willy Walker (Nth Shore, Nth Harbour, Highlanders, Gloucester, NZ Maori – Captain), Tolu Fahamokioa (Tawa, Hawkes Bay, Wellington, Hurricanes), Telea-Afa Faatau (Oriental Rongotai, Wellington 7s & XVs), Airi Hunt (Waitemata, Auckland, Blues Dev),

Ed Fidow (Waitemata, Auckland Dev & 7s, Blues Dev), Steve Jackson (coach, North Harbour),

Front row: Harry Bergelin (Manly, Australia 7s), Sam Stanley (Saracens, England 7s), Varasiko Duisokosoko (Suburbs, Auckland 7s),

Kurt Davis (University, Canterbury, Northland 7s & XVs), Gafatasi Su'a (Ponsonby, Auckland, Blues Dev, NZ Schools),

Ray Niuia (Massey, Nth Harbour, Blues Dev, NZ UI7) Inset: Todd Clever (Shinning Arcs, Lions, USA XVs & 7s),

In transit: Craig Brown (Manager), Kenny Moyes (Manager), Sue Olovsson (Masseur), Marc Daniel (Physio)



Penguin International RFC v German Development XV Heidelberg, Germany, 3rd - 7th June 2015

The Penguins travelled to Heidelberg, the spiritual home of German rugby, to play a German National Development XV on Saturday 6th June 2015. This was the Club's first 15-a-side overseas tour since the trip to Trelleborg, Sweden, in 2012 to help the Pingvins Club celebrate their 50th Anniversary (writes Tim Stevens).

Following the German Women's Rugby Championship final, kick off time was at 6pm on the Saturday evening, and with the weather conditions being excellent, the stage was set for a fast, open, attacking game of rugby - in true Penguins tradition. The challenge ahead for the squad was large, as with just two 90 minute training sessions on the Thursday and Friday mornings to put structures into

The coaches, captain and manager managed to really get the lads together and bonded them into a great team

place, they faced an organised and determined German XV keen to impress their coaches.

Head Coach Steve Hill and Captain Hugh Hogan worked well with Assistant Coach Carl Douglas and Tour Manager Tim Stevens to mix up the daily routine and challenge the team to get to know each other and bond into a great team.

The Penguins were joined by Penguin Senior Vice President David Townsend, his wife Indra and Penguin CEO Craig Brown for the weekend.

Many thanks to our hosts and in particular German Rugby officials - Claus-Peter Bach & Hans Wallenwein plus German Team Manager Robert Mohr and Bianka Häusler for helping with logistics, and also our liaison officer Alex who provide a first class service.



Penguin International RFC squad v Germany Back row: Caine Elisara, James Doherty, Darren Oliver, Hugh Hogan, Martin Christie, Davy McGregor, Stewart Maguire, Rich Matthews, Tom Tombleson, Tom Preece, Tim Stevens Middle row: Steve Hill, Mark Sexton, Tom Halse, Chris Lewis, Brian du Toit, Ali Harris, Paddy Levelle, Hubert Brown, Rory Steele Front row: Tom Vaughan-Edwards, Marcus Holden, Zandy Macdonald, Harry Peck, Carl Douglas Missing: Rich Halpin – having his cut glued!



The training and bonding sessions seemed to have paid dividends as the visitors roared into a 19 point lead after just 20 minutes, as the forwards dominated the set-piece to lay the platform for the backs to 'strut' their stuff. First to cross the line was No 8 and Captain Hugh Hogan as he controlled the ball at the base of the scrum to dot down close to the posts as the Penguins forwards drove the Germans back over their own line. Full-back Rory Steele added the conversion. Next to score was left wing Tom Tombleson who chose a sumptuous line through midfield to score untouched under the posts, Steele again adding the extras. The third early Penguins score, suggesting the floodgates might open, was scored by blindside flanker Tom Preece who finished off a fine move involving backs and forwards combining, Steele was this time off target with the conversion.



Penguins (in black) attacking scrum

With the temperature still in the late C20's, a water break was taken at the quarter-time mark and this came at the right time for the hosts who looked a little shell-shocked at this point. However, the next 20 minutes saw the Germans work their way back into the game with a combination of their own good play and determination and some basic errors from the visitors. First to cross was the German scrumhalf and Captain Tim Menzel, who was a keen competitor all evening as he crossed from close range, his half-back partner Raynor Parkinson

added the conversion. Then right wing Henrik van der Merve pounced on a dropped pass in midfield, hacked the ball ahead two or three times before getting a favourable bounce and diving over in the corner. Parkinson added the difficult touchline conversion to close the gap to just five points, making the halftime score 19 points to 14 in favour of the Penguins.

The Germans started the second half as they finished the first and added two more converted tries as the visitors seemed to lose concentration follow-

Menzel's kick put the Germans II points clear going into the final quarter of the match

ing the break. The first was an opportunistic interception from Parkinson who ran in unopposed and scored under the posts, unfortunately he tweaked his hamstring and had to leave the field, but Menzel took over kicking duties and maintained the home sides 100% record. Next, centre Pascal Fisher swept up another loose pass and beat the cover defence to add a fourth try for the Germans, again Menzel kept up the German 100% kicking record and stretched their lead to nine points.

Some stern words from the Penguins coaches saw the visitors score next when the experienced Caine Elisara, who enjoyed a fine game, dummied his way over to narrow the gap to just four points with the conversion missed. However, the comeback was short lived as van der Merve added his second try from another Penguins mistake, by now the conversion was formality for Menzel as his kick put the Germans II points clear going into the final quarter.

Left above: Tim Stevens and Carl Douglas monitor proceedings from the side line Left: Head Coach Steve Hill watches the action







This time the mid-half water break worked in favour of the Penguins, as a couple of tactical team changes and some inspiring words from Captain Hogan saw the final 20 minutes dominated by the visitors as they scored three

converted tries to finally crack the German resolve. Replacement centre Paddy Levelle got the ball rolling, as he scored a brace of tries in quick succession with hard running and accurate handling putting him through holes in the German midfield defence, replacement flyhalf Tom Halse kicked both conversions, putting the Penguins ahead by three points with the clock ticking down.

The late comeback showed the true value of playing the game for the full 80 minutes



With only seven minutes remaining, it looked as though the Germans would retake the lead when their left wing charged down a kick and set off for the line seemingly unopposed. However, replacement scrum-half Ali Harris showed a remarkable turn of speed and determination to catch the flying winger and tackle him in to touch, from the resulting line-out the Penguins marched up field and finished the job when Halse dummied his way through a tiring home defence to score near the posts, adding the extras to make the final score 45 points to 35 to the Penguins. The match was a wonderful example of the Penguin spirit and the late comeback showed the true value of playing the game for the full 80 minutes.



The two squads after the match. Because of a logistics mix-up, the Penguins' kit failed to arrive in Heidelberg and the team had to play in the German Development side's change strip of black.

Penguins starting XV: I James Doherty (Richmond) 2 Richard Halpin (Trinity College Dublin) 3 Stewart Maguire (London Scottish) 4 Caine Elisara (Pickwick Players, Holland) 5 Darren Oliver (The RAF) 6 Tom Preece (Saint Savin) 7 Brian du Toit (Trinity College Dublin) 8 Hugh Hogan (St Mary's Dublin) (Captain) 9 Harry Peck (Cambridge University) 10 Mark Sexton (St Mary's Dublin) 11 Tom Tombleson (Richmond) 12 Zandy Macdonald (Oxford University) 13 Chris Lewis (Barnes) 14 Hubert Brown (Richmond) 15 Rory Steele (Watsonians)

Replacements: 16 David McGregor (Heriots) 17 Martin Christie (Watsonians) 18 Richard Matthews (Barnes) 19 Tom Vaughan-Edwards (Richmond) 20 Ali Harris (Watsonians) 21 Tom Halse (RC Heyres Carqueiranne La Crau) 22 Paddy Levelle (Trinity College Dublin) 23 Marcus Holden (Hilversum, Holland)

> Head Coach: Steve Hill (Richmond) Assistant Coach: Carl Douglas Team Manager: Tim Stevens (Oxford University)



Of course, the Penguin International RFC v German Development XV fixture in Germany (see preceeding pages) is not the first time Penguins have played the German team in Heidelberg...



The Penguins have played Germany in Heidelberg twice before before. 14 years ago, in June, 2001, Penguins played matches against the national team in both the XVs and VIIs form of the game.

Penguins' Life President Alan Wright explains how that first trip came about: 'It started with Bob Weighill (who was, in 2000, Penguins' President) advising me that Fritz Grunebaum, a man with whom he had been very close, had died of cancer. Fritz had come to England in the '30s and played for the Harlequins and loved rugby. He had then gone to the USA, where he'd been a very successful businessman, and when his wife died he founded a cancer hospital in Boston, in her memory (the Karin Grunebaum Cancer Research Foundation).'

'And then, a few years later, he himself died. But he'd married for a second time, and his new wife, Bobbie Grunebaum, wanted to give Heidelberg (the city of his birth) a public park in his memory. But the red tape in local government in Germany defeated her, so she settled on giving the German Rugby Union an international rugby ground (the Fritz-Grunebaum-Sportpark) in Heidelberg, which had long been a big centre of German rugby (I'd actually played there myself about 50 years earlier on tour with Sidcup!). She built them a small stand as well. Bobbie said to Bob Weighill that she thought her husband would have wanted this stand and ground to be inaugurated by a match between the German National XV and the Penguins. And we were honoured to oblige.'

The results were as follows: 29th May 2001 - Summer Tour to Germany (Captained by Mike Friday (England) 2nd June - Penguin International RFC beat the German National XV 101 - 8 in Heidelberg. 3rd June - Grand Prix of Europe Sevens Penguins beat Comite Alpes Maritimes 35 - 0 Penguins beat Poland 33 - 14 Penguins beat Netherlands 36 - 0 Penguins beat Germany 57 - 7 Penguin International RFC - Winners,

Grand Prix of Europe Sevens



Rugby Football in Germany

There is an even longer tradition of playing rugby football in Germany than there is of playing soccer. The first German rugby team was established at Neuenheim College in Heidelberg, whose pupils caused a sensation in 1850 with a game that was known in the local Heidelberg dialect as 'Durchtragerles' - which roughly translated means 'carry-throughers'. It was not until over 20 years later (1874) that soccer was introduced in Germany by Braunschweig teacher Konrad Koch.

The first German rugby clubs were founded in Heidelberg and Hanover and both cities remain centres of the sport to this day. Although rugby may still be a long way from having mass appeal in Germany, the DRV does now list 125 clubs with a total of nearly 14,000 members. The teams have experienced constantly growing demand in recent years, especially among students and workers who have come to Germany from rugby-playing nations. They are made welcome in the clubs and quickly feel at home. Entry-level versions of the game such as touch or tag rugby are also becoming increasingly popular at schools in Germany.



King Penguins v York RUFC Clifton Park, York. 21st August, 2015



The first 'home' fixture undertaken by The King Penguins since their formation in 2009 following the Clubs' 50th Anniversary match at Twickenham coincided with the 70th birthday weekend of KP comanager John Zimnoch. It is no coincidence therefore that the beautiful city of York was chosen for this fixture, given that it is JZ's home town and was his chosen place of habitation prior to his exile to Toronto.

Following the usual level of meticulous organisation and planning the 'Shambles' tour began with the KP troops assembling in the excellent clubhouse facilities of York RUFC at Clifton Park, around 5.30pm on a sunny, warm summer's Friday afternoon. As is the norm, considerable effort was made by the twenty-five or so KP's in attendance, with men travelling from as far afield as Vancouver, Hong Kong and Geneva in order to make the match. The usual contingent from Edinburgh was in attendance along with a handful of new boys - and a very welcome addition to the ranks they are - all the way from Redcar. Several travelled up from London and the South East and others from Cumbria and the North West. With an Aussie or two in the ranks, a South African taking the field and our token Kiwi and Club CEO Craig Brown in attendance, we were, once again, proud to be represented by men from all over the globe, continuing the truly international spirit of the club.

Two matches were arranged for JZ's weekend. The first being an over 55s, 20 minute run-around, with little contact... or so we thought. The match commenced with York kicking to us, and, with the ball safely fielded and shipped swiftly out to the wing in seconds through unerring hands, the first big hit of the match took place - their muckle, bald, snorting centre the culprit, our classy, Melrose 7s Winner's Medal-bearing winger Paul Raeburn the unsuspecting recipient. 'Jeezo-by-crikey' – or words to that effect – was the cry, 'I thought this was the non-contact match'.

So, the scene was set and gloves were off early, the match continuing in fine spirit from there on with only the three yellow sou'wester-hat-wearing contingent of 70 year-olds spared the physicality. The turn of events actually suited the KP over 55s who revelled in the full-contact environment, scoring four converted tries to one unconverted touch-down in reply in the 20 minutes or so prior to the whistle blowing to end this period of play. 28 - 5 the final score and the KP seniors left the field beaming from ear to ear at a job well done.

The over 35's took to the field with much expectation and under some pressure following the senior's display. However, a perfect blend of hardy forwards based around the boys from Redcar and silky backs from around the globe, didn't let us down.

The initial fifteen minutes or so was somewhat of an arm-wrestle, the truth be known, but eventually, the KP forwards began to assert their dominance and space became available for the sleek backs to exploit, and the tries began to flow. In total some 13 tries were scored across the two matches, all but two of which were converted. Redcar's own youthful 35 year-old, Richie Young led the honours bagging four, Tim Barlow dotted down three times and Graeme Smith smashed over for a couple. To augment this, the forwards chipped in fittingly through 'The Duke' himself, Neil Young, who grabbed one, as did all-action second-rower, Richie Barker, and the 'rucking-machine' Bruce Fair who crossed

the whitewash for one as well. Completing the scoring with another try was Andy 'the enforcer' Douglas. Conversions were knocked over by Harris (x4), Warbrick (x3) and Richie Young and Barlow (x2 apiece).

The standard of rugby at times was quite remarkable given

The standard of rugby was remarkable given the team had never played together prior to the match... **x**



the team had never played together prior to that match. However, with Richie Young and captain Ian Warbrick combining seamlessly from the outset in the important, standard-setting, half-backs positions, and with the undoubted class in the centre brought by Graeme Smith and Tim Barlow complemented by a back-three rotating between Paul Raeburn, Adam Lowles, John Kerr, the hard-running Rob Bryce and Conan Sharman, much was expected. Fortunately, much was delivered, somewhat to everyone's relief. Indeed it would be hard to find a scratch team at this level with a higher calibre of back-division taking to the field.





The hard work, as usual, was done up front where the Redcar props consisting of the immovable Jason Nichols and the gritty Paul Beal sandwiching the effervescent Gordy Dickson at hooker, collectively making up a hard and formidable - if not bonnie - front-row. The engine room was not to be scoffed at either, with Redcar's Richie Barker having a barn-storming match in harness with the mighty Andy Douglas who brought his usual blend of bulk, muscle and tenacity to the party. The back-row was led by the swash-buckling "Duke" Neil Young playing No.8, in combination with a lot of mongrel from 'Bruiser' Bruce Fair at 7 and a combination of the classy Andy Tait, the legendary Adam Buchanan-Smith and (eventually) our leader Craig Brown rotata pack not to be messed with.

ing at 6, and making up a pack not to be messed with.

A special mention goes to two players who earned their King Penguins 'wings' in Cumbria's own Jason Patrick and JZ's lad Hans Zimnoch, neither of whom had played much rugby prior to this occasion, but both of whom took to the field in the 'big match' and showed up well, having already played a full part in the first match.

Following the success on the field, a presentation of club ties to the new players and the subsequent presentation, received from, and reciprocated to, the good men of York RUFC all took place within the fine facilities of their clubhouse. Following which the squad - resplendent in club shirts and ties - and understandably requiring refreshment and rehydration, took to the town of York and, it can be said, equally successfully achieved the task at hand as set by King Penguins Honorary Judge and nutritionist-in-chief, Keith Wallace. In said task the squad was assisted by Torrie Callander and his stag party, whom, having spent a quiet day at York races, turned out to support the KPs for the duration of both matches. Featuring within the ranks of this shambles were former Penguins skipper, Marcus Di Rollo - who wasn't persuaded to take the playing the field on this occasion - and the aforementioned former Penguins flying winger, Conan Sharman, who was.

As they had done during the matches, Buck and the Young brothers set the off-field standard outstandingly high during the rehydration session, a standard which they remarkably maintained for the remainder of the whole weekend. Saturday was a special day indeed, being the commencement of the celebrations for John Zimnoch's 70th birthday...

Saturday was a special day indeed, being the commence-

ment of the celebrations for JZ's 70th birthday. The squad, plus the stag party, congregated at York RUFC clubhouse at around 11.00 a.m.to undertake a short-ish 'magical mystery tour' of a bus trip through the beautiful Yorkshire dales via Castle Howard to the Earl of Harome's country pile, for delicious beers and nibbles. Youngy delighted the whole party throughout the pleasant drive, with his in-depth, if somewhat slightly unusual, knowledge of the local countryside and surrounds.



Happy birthday, JZ!

Refreshed and replenished through the generosity of the Earl and his mosttolerant wife and family, Redcar Rugby Club was apparently 'only a stones-throw away', and the party set off in fine fettle for more arduous hours on board the damned coach. With the boys ever grateful to JZ, Redcar was eventually reached and a short-detour along the promenade offered the chance to (at last) set eyes on the much heralded, legendary Redcar Vertical Pier.

Next stop Redcar Rugby Club where the beers flowed and the generosity of welcome knew no bounds. Fish-suppers - breakfast for some - preceded the court session during which our indefatigable Judge Wallace excelled, with misdemeanours recounted in detail and fines given down liberally. The culmination of a fine afternoon in the summer sun at Redcar was the trip back to York RFC to watch the World Cup warm-up match between France and England.

The journey passed quickly as Patrick introduced the party to an interesting new song and Buck demonstrated the intricacies of skydiving. Another good night in the clubhouse, following which the party dispersed to head home, to bed, presumably.



The fine weekend was rounded off on Sunday afternoon at JZ's abode for his birthday celebration and BBQ. Entertainment was provided by the Ebor Brass-band and Youngy and a wonderful afternoon was had by all.

The King Penguins next gather for the trip in June/July 2016 to Prague for a match in celebration of the Czech National Team's 90th anniversary, and to support the (main) Penguins who will play the Czech National Team.



King Penguins Squad to York 2015:

Paul Beal, Gordon Dickson, Jason Nichols, Andy Douglas, Richie Barker, Andy Tate, Bruce Fair, Neil Young, Adam Buchanan-Smith, Craig Brown, David Harris, Keith Wallace, Hans Zimnoch, Richie Young, Ian Warbrick (Captain), Paul Raeburn, Graeme Smith, Tim Barlow, Adam Lowles, John Kerr, Conan Sharman, Rob Bryce, Patrick Jackson, Ciaran Trainor, John Zimnoch, Peter Ray, Paul Worthington, David Harris (King Penguin Manager).



PENGUIN INTERNATIONAL RFC NEWS

Penguins visit Redcar RFC

As part of the King Penguin tour to York on August 15th the team visited Mackinlay Park, home of Redcar RFC. The photo below shows Club Secretary Vincent Bramhall and CEO Craig Brown with a framed Penguin jersey from the 2009 King Penguins match versus The Houses of Commons and Lords RFC at Twickenham. The jersey, tie and 50th Anniversary Dinner booklet where presented to Redcar RFC by frequent Penguin Academy Coach and Penguin player, Neil Young.





FRIDAY 23rd OCTOBER

The RWC fixture at Twickenham for this weekend is: Sunday 25th - Semi Final: Winner QF3 v Winner QF4

If you would like to come along (and also to give us an idea about the numbers/who to expect on any of the given evenings) please email: Jonathan Clelland at: jclelland@aquis.eu

WHAT THEY'VE SAID ABOUT THE HISTORY OF THE PENGUINS

Book of the Month!

Rugby World Magazine

"Beautifully produced" TouchLines Magazine

"A splendid book" Bob Reeves - RFU President

"A magnificent contribution to our game"

Willie John McBride -Ulster, Ireland and the British & Irish Lions

"The Penguin book is awesome!!!"

Reece Robinson - Waikato Chiefs & New Zealand Maori

"Excellence, sportsmanship and funit is an ethos that comes through on every page of this book" Hong Kong Football Club Magazine



The History of the Penguin International RFC is a beautifully produced, A4 sized full-colour hardback that runs to nearly 400 pages in length. As well as being an indispensable addition to your own rugby library, this volume would also make an outstanding present for all of your rugby-loving friends and relatives.

The book costs £40 (plus £6 P&P - total £46) - but remember, it can also be collected post-free from the Club's headquarters at Little St. James's House, 11 Little St. James's Street, London SW1A 1DP.

To order, or for more information, please contact the author at: dicktysonrugby@gmail.com or call: 01992 730 823.

Cheques should be made out in favour of **Penguin International RFC** and sent to:

Dick Tyson, 148 Stanstead Road, Hoddesdon, Herts EN11 0RW.

Let Dick know if you d like your copy to be signed and dedicated by the author - he ll be more than happy to oblige.

In the case of overseas orders, Dick will provide information about how payment can be made and the cost of overseas postage.

The Penguin International RFC is, of course, an amateur club, and proceeds from this book will be used for playing and coaching rugby football.

DON'T DELAY - BUY YOUR COPY TODAY!



A few odds-and-ends...

This rather splendid colony/rookery/waddle* see below) of Penguin statues was spotted by Club President Richard Bennett on the Vitava River bank in Prague. Great spot, Richard. I want one!



* Whilst looking up the correct terms for a group of penguins, I stumbled upon www.penguins-world.com. Highly recommended as a source of penguin facts for all of you budding Penguinologists out there.



Noticed a nice Tweet on the Rugby Banter Page (below). But why does everyone take the mickey out of backs?



And finally...

I recently received a letter from fellow rugby writer Steve Tomlin who is putting together a biography of former Penzance & Newlyn and England prop Stack Stevens (who, sadly, is unable to speak these days due to a neurological problem). Steve knew that Stack had toured with the Penguins and asked if I could furnish him with any information. I found that Stack had indeed toured with the Club (to the USA in 1970), and was also able to give him a few details about the tour that may come in useful in his biography. I know that there are probably still a few contemporaries of Stack's out there, and I'll let you know via the Newsletter as soon as I have a publication date for Steve's book.

Hope to see a few of you at Richmond FC on Friday 16th October! Dick Tyson - PIRFC Information Secretary



Penguin International Rugby Football Club Membership Information Update Form

Please use this form to update your personal details so that we can remain in contact with you.

Name:	Membership no. (if known):
Address:	
Home Phone:	
Mobile Phone:	
Work Phone:	
Email:	
Alternative Email:	
Contact preference - email or post:	

Signed:

Date:

Please email to:

membership@penguinrugby.com

Alternatively you can go online at the Club's website and fill out the on line form.



Penguin International Rugby Football Club Nomination Form For New Member

Please use this form to nominate new club members. The information requested is used to update the membership database so we can remain in contact with all members.

Any club member can nominate new members and will need the support of one General Committee Member. Any General Committee Member can nominate any new member outright.

If you complete this form by hand, please write clearly in capitals.

When the form is completed it should be sent to the Club Secretary who will process the nomination. Members of the Club are automatically designated as Vice Presidents.

Name:						
Address:						
Email:						
Phone Numbers:						
Date of Birth:	Country: Choose which country you would prefer to be listed under. This can be your country of origin, country of residence or other - your choice					
Brief Professional CV:						
Brief Rugby CV:						
Contact Preference (tick one	e): EMAIL	POST				
		1001	Date:			
Name and Signed Proposer:			Date.			
Name and Signed Seconder:			Date:			