



PENGUIN INTERNATIONAL
RUGBY FOOTBALL CLUB

Rugby Football Union Kent County RFU



SPRING NEWSLETTER

2016

PENGUINS WIN IN KUALA LUMPUR & HONG KONG TO BECOME REIGNING TENS WORLD CHAMPIONS!



Also in this issue:

- + HSBC Penguin Coaching Academy in India, Malaysia, Indonesia & Gibraltar
- + Penguins at the Singapore CC Sevens
- + The Penguins' annual matches against Oxford & Cambridge Universities
- + Penguins' Head of Coaching Steve Hill's Richmond FC promoted





Welcome to the PIRFC Newsletter for Spring 2016

Since the publication of the Winter 2015 Newsletter the HSBC Penguin International Coaching Academy have coached in Malaysia, Indonesia, South Africa and Gibraltar. You can read all about these hugely enjoyable and successful events on pages 6-8 (the South Africa report will follow in the next Newsletter). The Academy also coached in India in July last year. We published the Indian Rugby Union's thank you letter to the Academy in the Winter Newsletter, but we hadn't received the Coaches' report on proceedings before putting that Newsletter to bed. You will find a full write up on pages 3-5.

On the playing front, the Penguin International RFC reached the final of the Singapore Cricket Club Sevens, losing only to a very strong South African International team, having beaten the England Development Squad in the quarter final.

After Singapore, the Penguins moved on to the COBRA 10s in Kuala Lumpur - and won it! A brilliant result and the first instalment of our remarkable double Tens triumph - see our fantastic GFI Hong Kong Football Club Tens result below!

The Penguins also played our two annual fixtures against Cambridge and Oxford Universities, winning narrowly by a single point at Grange Road, but losing out at Iffley Road.

In Hong Kong in April our magnificent Penguins won the GFI HKFC 10s to become the world's best Tens team (the Penguins now hold both the COBRA 10s and HKFC 10s titles - the first time a team has held both titles simultaneously). Read all about their thrilling, nerve-jangling win on pages 19-24.

In other news, Penguins' Head of Coaching Steve Hill's Richmond FC have won promotion and will play in the the English Championship next season. Read all about this massive achievement (and its possible ramifications) on page 27. On page 28 we say a sad farewell to all-time rugby great Jonah Lomu who sadly died on 18th November, 2015. You'll find all this and a lot more news inside, too - we hope you enjoy reading it all.

Coming coaching activities, fixtures and tours

- ◆ 20th August 2016 - Orkney RFC v Penguins - Orkney's 50th Anniversary Celebration Match
If you'd like to join the Penguins in Orkney please contact **Iain Sinclair** - iain.sinclair@penguinrugby.com
- ◆ **The St James, Caledonian and Penguin International Golfing Society Fixtures** (contact **Tony Carpenter** - tony@douglas-grove.co.uk for more information). Friday 24th June 2016, at The Berkshire Golf Club.

Please keep an eye on the Club website for up-to-date news as and when it happens: www.penguinrugby.com



HSBC sponsor the HSBC Penguin Coaching Academy. Going forward, in an agreement that includes World Rugby, HSBC Penguin coaches will be travelling the world to help develop our game through grass roots, development and coach education activities.

HSBC is a long-term investor in rugby around the world. Through key partnerships such as the HSBC Sevens World Series, the bank is helping to develop and grow rugby at all levels of the game.

At the heart of all of their partnerships is HSBC's commitment to helping develop the grassroots level of the game and the HSBC Penguins are a key part of this support. The Penguins are aligned with the bank's focus on encouraging youngsters around the world to play rugby, often for the first time, and create a legacy through Coach Education and the delivery of essential kit and equipment.



Grove Industries founded in 1983, operates apparel sourcing and manufacturing operations on an international scale. Its products are manufactured in China, Hong Kong and Macau. Other locations include Philippines, Indonesia, Mauritius, India and Sri Lanka.

www.groveind.com



A concept since 1998 and born in 2003, Tsunami Sport was established with the objective of providing a range of international quality sports apparel to athletes at club level in a variety of sports.

www.tsunami-sports.com

We are sure all members will join with us once again in expressing our thanks to HSBC, Grove Industries and Tsunami for their continued support, interest and sponsorship of the Penguin International RFC.



HSBC PENGUIN INTERNATIONAL COACHING ACADEMY NEWS



HSBC Penguin Coaching Academy India Grassroots Coaching Tour 22nd July - 2nd August 2015



In our Winter 2015 Newsletter we featured a letter from Rugby India (left) thanking the HSBC Penguin Coaching Academy for all its hard work during their ten day grassroots coaching tour of the country. The Academy coaches (Ben Fisher, Simon Burns, Matt Maudsley and Rory Couper) hadn't had time to write up the tour for the Winter Newsletter; but their report is in now - and here is their account of a marvellous tour...

On Our Way

The coaches met at Heathrow, ready and excited for the first coaching trip to India since 2010. The last Penguin playing tour was in 1990 and with HSBC Penguin Academy coaches Ben Fisher (Scotland), Rory Couper (Scotland), Matt Maudsley (England) and Simon Burns (England), all on their first trip to India and eagerly anticipating their exciting itinerary, there was excitement in the air.

The trip to India was developed by the HSBC Penguin Coaching Academy in conjunction with partners HSBC & World Rugby.

Following a brief stop off in Mumbai the coaches arrived in Kolkata to rest and get ready for the 4.30am pick up the

next morning and the short flight to the first coaching stop in the city of Patna.

First Coaching in India

The first coaching session was with 350 boys and girls aged 12-14 from the Open Minds BIRLA School. They had never experienced rugby before, and had not even seen a rugby ball. The session was delivered with the help of the Rugby India development staff and consisted of evasion games, passing games, scoring tries, scrums and even our driver



Naseem, and the school head teacher got involved. The session was delivered on the sandy area where the school buses usually park and some pot holes had to be filled in before the session commenced.

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The coaches spent some time after the session mingling with the children, signing lots of autographs and there were many smiles all around. The head teacher was keen to know when the next session would be – a good way to finish the visit.

Supporting Rugby in India

Rugby India hosted a regional level 7-a-side tournament in Patna at the same time as the HSBC Penguin Academy was in town, and this is the first time Rugby India's development team had visited the region as well, and they were keen to raise the profile of rugby. The HSBC Penguin coaches travelled to the stadium to watch some of the 15 mens' and seven womens' teams play in the sevens tournament, and also to meet our main contact in India, Nasser Hussain, General Manager of India Rugby. Nasser is somewhat of a local celebrity as the most capped Indian player, playing in 35 of the 37 tests India have played, and he was an excellent host and guide for the trip.



The coaching sessions the next day had to be cancelled due to the fact the Indian Prime Minister was visiting Patna. The coaches took the opportunity to travel a few hours south to the villages of Nalanga and Rajgir to visit some of the Buddhist temples. A fantastic experience, and the coaches had a grand Indian feast at the Royal Regency Hotel. They also witnessed elephants, cows, pigs, goats and monkeys – and that was just on the road!

The following day, the HSBC Penguin coaches delivered another Introduction to Rugby session at BD National School, with 100 children aged between 12-17 years old participating. In the very hot sun, the session covered scrum and lineouts, and then passing and evasion games. Ben finished off the session by teaching the Maori Haka to the children, much to the delight of the other academy coaches.

The afternoon was spent as guests of India Rugby at the final of the Regional 7s competition, and sharing the stage with the mayor for the presentations. The evening was spent at leisure, travelling by rickshaws in true Indian style (although the drivers were made to work hard for their tip given the heavier than usual cargo on board) to find dinner at China China to round the night off.

Journey to Bhubaneswar

The next morning took the HSBC Academy coaches back to Kolkata for a connecting flight to Bhubaneswar, in the region of Odisha – the destination for the next three nights. The coaches were not quite ready for what they were about to experience in Bhubaneswar, including what turned out to be the highlight of the trip - the visit to Kalinga Institute of Social Sciences (KISS). KISS is an institute that hosts 25,000 young indigenous boys and girls in a boarding school, who are from tribal villages from all over India. KISS has an established rugby programme, and a number of the women from KISS had represented the winning team Odisha, at the regional competition in Patna, the day earlier.

The afternoon session consisted of coaching 3,000 girls between 15-17 years old in the school dining hall. The Penguin coaches were astounded with the numbers fitting in the large space, and the discipline and enthusiasm to take part, and learn. Credit must go to the Rugby India staff in the way in which they managed and controlled this large group, but just when you thought you couldn't be any more impressed...

The next morning 4,500 children filled the dining hall... a mixture of boys and girls aged 13 - 14 years...



The next morning 4,500 children filled the dining hall space, entering in an orderly lined up fashion, this time a mixture of boys and girls aged 13-14 years. Seeing them in full flight with balls in hand and having fun was a sight to behold, as was seeing them all clap and cheer in sync at the end. KISS is a fantastic institution in the way they help

to educate and develop the indigenous children, and use sports, such as rugby as a vehicle to teach values, to encourage travel and meeting people and also to supplement the classroom methods.

The afternoon session, the last at Bhubaneswar, was at Vernkateshwar International School, Odisha, with 350 keen boys and girls aged between 15-17. This was an introduction to rugby again, as part of the India Rugby 'Get into Rugby' initiative. With one coach down suffering from 'Dehli Belly', Rory stood up to the plate, getting fully involved in the games with the children, and Matt taking the lead with the ceremonial duties and speech.





Final Stop Kolkata

Next, the HSBC Penguin Coaching team headed to the third and final destination of Kolkata. The Calcutta Cricket and Football Club (CCFC) were hosting a senior men's and woman's club 7's tournament and the HSBC Penguin coaches were tasked with running grass roots and introduction to rugby activities around the tournament.



The torrential seasonal rain had an impact on the tournament format and also the final schools coaching session for the HSBC Penguin coaches.

The session was held indoors in the gym hall, and involved 150 girls aged between 14 and 17, who were all totally new to rugby. The session followed the now well-rehearsed format of ball familiarization, evasion and running skills, scoring and passing. Developing women's rugby had been a focus for the Indian Rugby Union and the HSBC Penguin Coaches on the trip, and this continued with next stop being the Cricket Club to help their newly formed women's team.

With Matt leading the session, the girls were ready for their first ever game of contact rugby the next day, at the Club 7s tournament. The ladies were very impressive, winning one of their three games, especially considering they had only been training for three months. The women's team from KISS were tournament victors the next day, winning in great style beating their rival from Bengal in the final. Despite the heavy pitch and rain both teams produced some fine running rugby.

Between the games at the 7s tournament, the academy coaches had an opportunity to visit a local orphanage, 'Future Hope', that had been set up by former HSBC employee Tim Grandage, who is a great supporter of rugby within Kolkata, and clearly working hard to give less fortunate children a home and education.

The Academy coaches had an opportunity to visit local orphanage 'Future Hope', set up by former HSBC employee Tim Grandage



The Penguin's final assignment before sitting back and watching the men's competition at the Club 7s, was to run a clinic for all of the ladies teams to learn about 15-a-side rugby. Around 50 female players were introduced to full lineouts and eight player scrums, before looking at some basic attacking shapes in phase play.



Summary – what a fantastic place!

India is a fascinating and fantastic country and it was a pleasure to visit. During the trip the Penguin Coaches helped to coach 8,500 young boys and girls, which is a huge total, and just shows the potential there is in India in terms of numbers. In addition, the HSBC Penguin Academy coaches assisted over 50 local coaches. Rugby India are working hard to grow the game and with fifteen development officers across the country, they have worked to get some form of rugby introduced to over 700 schools. All fifteen regions in India now have teams, and the next stage is to work to create a pathway for players from schools to clubs, and have a thriving competition in each region. All the best to Nasser and his troops, and a big thanks to all of the staff and local people who made us feel so welcome.

We look forward to the next trip!

Ben Fisher, Simon Burns, Matt Maudsley and Rory Couper – HSBC Penguin Coaching Academy Coaches – August 2015



HSBC Penguin International Coaching Academy in Malaysia and Indonesia 31st October - 14th November 2015

A programme of events was scheduled in Malaysia and Indonesia for November 2015 in partnership with HSBC and World Rugby. This fifteen day coaching trip began with the coaches departing their home shores on the 31st October and was delivered by coaches from Australia, France and South Africa. The Academy Coaches involved were: Rob Drinkwater, Australia; Ian Fowler, Australia; Florent (Flo) Rossigneux, France; Lionel Farao, South Africa.

Malaysia

Lionel and Rob met in Singapore prior to arriving into Kuala Lumpur on the afternoon of the 1st November with an overnight stay at the COBRA Rugby Club, the hosts and co-ordinators of the tour in Malaysia. The following day started with an early departure for the 280km trip to Pekan in the Pahang Province.


The coaches were fortunate to visit and experience the wonderful people and places of this north-eastern province

Ian arrived into Pekan mid-day and then it was straight into four days of coaching. Eight sessions were planned which reached a combined total of over 950 students and 45 coaches. With an average of 130 participants per session, with one session even totalling 210 participants, the HSBC Penguin Coaches were kept busy each day and thoroughly enjoyed the experience.

From Pekan, the HSBC coaches journeyed to Kuantan and then travelled to Termerloh the following morning. After an overnight in Jerantut the next destination was Kuala Lipis before a final overnight in the local rural areas and Raub. The HSBC Penguin Coaches were fortunate to visit and experience the wonderful people and places of this north-eastern province of Malaysia. The map below details the HSBC Coaches journey.

The list below highlights the host and visiting schools of the various days:



2/11/15 - SMK Lepar (SBP Integrasi Tun Abdul Razak, Sekolah Menengah Kebangsaan Nenas, Sekolah Menengah Kebangsaan Lepar, Sekolah Rendah Kebangsaan Lepar and Sekolah Rendah Kebangsaan Paloh Hinai)

3/11/15 AM - SBPI Kuantan Pekan (SBP Integrasi Kuantan, SM Sains Sultan Ahmad Shah, SM Agama Al Maarif, Bukit Goh, SMK Sultanah Hajjah Kalsom, SM Abdul Rahman Talib, SK Kg Belukar, SK Beserah, SK Tok Sira, SK Balok, SK Kg Padang, and SK Sg Karang)

3/11/15 PM - SMK Seri Semantan (SMK Seri Semantan, SMK Seri Tualang, SBPI Temerloh, SMK Abu Bakar, SK Seri Tualang, and SK Gunung Senyum)

4/11/15 AM - SMK Padang Saujana (SMK Padang Saujana, SMK Temin, SMK Jerantut, SMK Kota Gelanggi 2, SMK Kuala Krau, SK Pedah, and SK Kota Gelanggi 3)

4/11/15 PM - SMK Clifford (SMK Clifford, Sekolah Indera Shahbandar Pahang, and SK LKTP Kemasul)

5/11/15 - SK Mahmud SMK Mahmud (SMK Tengku Kudin, SM Sains Tengku Abdullah, and SM Mahmud)

The coaching sessions were planned around the themes of catch and pass, go forward and support, whilst incorporating rugby's unique values. Prior discussion with the coaches also allowed for adapting the delivery to what the local teachers and coaches required. With a strong focus on fun and enjoyment, noticeable improvements were demonstrated in each session, with modified games incorporated to showcase new and/or improved skills each time.





Returning to KL on Thursday afternoon provided the opportunity to meet with our hosts, the COBRA Rugby Club, and to conduct a final session on the following day with their juniors (the "Cobrats") and junior coaches. Teams coached were the U6, U7, U9, U12, U14 and U16 age groups.

The hospitality of the local people was a significant factor in the success of this visit, and their support of the HSBC Penguins Program and COBRA Rugby Club has not gone unnoticed. Special mention should be made of TJ Tan of the COBRA Rugby Club; our host, driver, interpreter and go-to man for the Malaysian leg of this tour. Much of the development of rugby in Malaysia is driven by COBRA Rugby Club, and through the efforts of those like TJ, the HSBC Penguin's Coaching Academy visits are always a success in terms of the numbers we manage to coach and impact upon.



The hospitality of the local people was a significant factor in the success of the visit...



HSBC Penguin Coaches with local teachers and coaches, Raub

Indonesia

A Sunday departure from KL had the coaching team arrive into Jakarta late afternoon for the second week of the tour. For Lionel, Ian and Flo this was their first visit to the capital and some of Asia's worst traffic congestion.

The Indonesian leg of the tour was characterised by fewer numbers of participants but greater levels of experience. There was also a third visit to Mama Sayang Orphanage and the 140 children who call it home.

The focus was again on improving and developing basic skills, reiterating rugby's core values and in particular ensuring that fun and enjoyment was had by all, the HSBC Penguin's Coaches covered a further seven sessions across a spectrum of new and experienced players including men, women, boys and girls across Jakarta. The total number of rugby enthusiasts reached was 245 players and over 25 coaches. Of note, was the number of coaches who had previously attended a World Rugby (IRB) Level 1 Coaching Course, conducted the previous year by the HSBC Penguin's Coaching Academy. These local coaches were just as enthusiastic and continued to put their knowledge and skills into practice twelve months after their accreditation.



The Mama Sayang Orphanage visit once again provided the opportunity to work with some of Indonesia's less fortunate children, but also to deliver some 25kgs of clothing and shoes to support the orphanage's daily operations. Mike Hilliard (Founder) is most appreciative of the efforts that the HSBC Penguin Coaching Academy go to in support of this most worthy cause. Many of Indonesia's women's rugby players have come from Mama Sayang and they continue to be involved in growing the game today.

This year, the HSBC Coaching Academy also made it to the Indonesian Highlands and the city of Bandung. An afternoon spent with the University men's and women's teams was thoroughly rewarding, despite the torrential rain. This area, around 3 - 4 hours from Jakarta, is a focus for Indonesian Rugby, and the visit was well received by the students. The request from locals, was for future visits to spend a little more time in areas outside of the capital.

For the Indonesian leg of the tour, we wish to express our thanks and appreciation to Rendy Yusuf, Development Officer - Indonesian Rugby Union, our trusty driver and go-to man, as well as Caitlin Ryan (Development Manager - Indonesian Rugby Union) for their tireless efforts in supporting the HSBC Penguin Coaching Academy.

Above: Rob Drinkwater presenting a Penguins plaque along with 25kgs of clothes and shoes to Mike Hilliard - the Mama Sayang Orphanage's founder.



HSBC Penguin International Coaching Academy World Rugby Coach Education in Gibraltar 4th - 6th December 2015

On the weekend of 4th-6th December 2015, Alun Harries (World Rugby Trainer) and Dave Cockburn (World Rugby Coach Educator), visited Gibraltar to deliver Rugby Ready, Level 1 and Level 2 programmes to several Gibraltar Rugby Union coaches, on behalf of Penguin International RFC.

On the Friday evening and all day Saturday, five candidates followed and successfully completed the World Rugby Ready and Level 1 coach education courses, with excellent interaction between all coaches and educators.

...all candidates contributed well and consistently to make a very productive day



On the Sunday the first day of World Rugby Level 2 was attended by another five candidates. It was a long day, with a lot of theory and practical sessions throughout, and all candidates contributed well and consistently, to make a very productive day. That was the easy bit! All the candidates were set two home study tasks to profile their teams and design sessions to improve their team performance, or address weaknesses. A lot of work for them to do before Alun and Dave revisit, for presentation of their home study assessments and the completion of the course.

The facilities were very good and the support and hospitality received from Mike Milward (Director of Rugby, Gibraltar Rugby Union) and everyone else at the Union was excellent - a unique experience was having to pause practical sessions due to plane landings and taking offs, as the international airport runway was less than 100m away!

The passion and enthusiasm of all the candidates and the Gibraltar Rugby Union for the game was quite infectious, and we are sure this will help them achieve an improvement in rugby on 'The Rock' and help meet all their other objectives.





PENGUIN INTERNATIONAL PLAYING NEWS

Penguin International RFC at the Société Générale SCC International Rugby Sevens 26th October - 2nd November 2015

The Penguins once again received an invitation to compete in the famous SCC 7s over the last weekend of October 2015 (writes Craig Brown). England and Australia were sending their respective development teams to tournament, so this source of quality 7s players (as per previous years) was not available to the Penguin selection process. Nevertheless, a quality side was selected, with a number of players having IRB 7s experience and/or played at the U20 World Cup. Four late call offs in the last week did not help, and the last player did not arrive until Wednesday night.

Key for the first week was an experienced 7s coach. Thanks to Simon Amor from England 7s, for recommending James Farndon to lead the team. James has coached the England 7s Development team as well as GB student 7s at the World Games (winning the tournament). James was supported by Tony Hanks (former Waikato, Wasps and Sale coach and current High Performance Manager for the Blues super rugby team in Auckland) who was on his third trip with the Penguins.

The team scheduled in one gym-based and five field-based practice sessions over the course of the week. The Wednesday afternoon sessions included a practice match against Cottesloe at the Australian International School (AIS). Prior to the practise session with Cottesloe, the Penguin team ran a 45 minute coaching session for the AIS U14 and U16 7s teams.

Thanks to Messers Moyes, Brokenshire, McLeod and Ridge for hosting another great Penguin Tight Five Dinner at the Polo Club on Wednesday evening. The team enjoyed the Club's facilities (warm down and stretch with pool session), some fun with the children and a relaxed meal. Also thanks to James Forester for allowing the team to use his gym and supplying Joe and Tom to act as trainers for the team for the week.

The last session on Thursday afternoon was the captains' run at Dempsey fields. Captain Hafu and Vice-Captain Tuitavake put the team through its paces and it was clear they had trained enough and wanted to move to playing footy. All teams had one game on the Friday, two pool games on Saturday plus the last 16 game and then into quarter finals on Sunday.

First up was the Swedish Vikings. The Penguins were a bit rusty but were fitter than their opponents and ran out comfortable winners - but the Swedish side did test the Penguin defence many times throughout the match.

The first two games on Saturday were against Sri Lanka and Cottesloe (from Perth) and the team kept improving - finishing with a solid victory over Cottesloe. The Penguin defence was tested but they were up to the challenge. Unfortunately Amanaki Nicole sustain an ankle injury against Cottesloe and his tournament was over.


Both England and Australia sent their respective development teams to the tournament which meant many quality sevens players were not available for selection by the Penguins



Left: The stunning SCC ground at night. Centre: The Penguins' coaches James Farnden and Tony Hanks. Right: Mike making ground against Sri Lanka



Skipper Willie Hafu rounds the England defence

The final game on Saturday was the final 16 clash against the Singapore national team. The Penguins defended aggressively and when in possession attacked from the outset with superb handing, backing up and classic 7s play lead to a good win, and plenty of game time for all.

First up on Sunday in the quarter final was England Development team - so a huge test. The English team lost narrowly to the South African team in pool play and had been combining well and playing some good 7s. The match was very even and the teams traded tries to be locked at fourteen-all going into the last quarter of the match. The Penguins took their chances and got the winning try with two minutes remaining. The Penguins did well at the breakdown and this was a significant part of the victory. Stand outs for the Penguins where Mike Teo, Kylem O'Donnell, Nafi Tuitavake and Antonio Kiri Kiri, although all eleven played their part. Mike in particular scored two brilliant tries down the left flank and made a try saving tackle

Next to the semi-final against defending champions Borneo Eagles.

Over the years these two teams have played each other many times with many close score lines. In a match where neither side was prepared to take a backwards step and in a fast-paced encounter; the Penguins went ahead 14-0. Borneo came back into the match and scored two well-worked tries of their own - so heading into the last minutes of the match it was Penguins leading 14-10. After absorbing a Borneo attack, the Penguins had their chance and took it with some smart support play, to put Nafi Tuitavake away on a 45 meter run to score under the posts and seal the win. A great match and a famous Penguin victory.

Penguins took their chances and got the winning try against the England Development Squad with only two minutes remaining...



Now attention turned to the final against South Africa, who had three exceptional players in Cecil Africa, Kyle Brown and Frankie Horne in their squad. South Africa scored three tries in the first four minutes of the final and the Penguins were chasing the game after that. The South African side was too good on the day and showed the Penguins respect by noticeably stepping up their physical game for the final. The Penguins had some attacking opportunities and converted one - but at the end of the day the best team won the tournament. Congratulations to South Africa.



*Left and above:
Action from the South Africa Development Team v Penguins final*



The SCC Sevens was a great tournament for the Penguin International RFC which reinforced and highlighted the Club's ability to compete on the international stage.

Thanks to the supporters, helps team and management for a great week in Singapore - also many thanks to the SCC and their photographers for supplying a number of the images used in this report.



Penguin International RFC squad for the Société Générale SCC International Rugby Sevens

Back Row: Tom Clarke (Trainer – UFIT Gyms), James Fardon (Coach - Newbury, GB Students, England Dev 7s), Josh Taufili (Papatoetoe, Auckland Colts & 7s, Chief Dev, Blues Dev), Liam Steel (University, Auckland B, Blues Dev, NZ 7s Dev), Jon Faauli (University, Counties-Manukau XV's, NZ U20, Samoa U20), Willy Hafu (Captain - Tonga XV's & 7s) Antonio Kiri Kiri – (Old Boys Marist, Manawatu XV's & 7s, NZ 7s), , Mike Teo (Belmont Shore, USA XV's & 7s), Tony Hanks (Coach - Waikato, Wasps, Sale, Russia, Blues High Performance Manager), Sue Olovsson (Masseur), Sam Brennan (Physio)

Front Row: Joe Williams (Trainer – UFIT Gyms), Toma Tia (Mangere College, Blues & Auckland U18), Kyles O'Donnell (Melville, Waikato XV's & 7s, Taranaki, NZ 7s), Nick Smith (Pakuranga, Auckland B, Blues Dev, Blues Tens), Gareth Bautz (Wests, Brumbies 7s), Aminaki Nicole (Sumner, Canterbury age groups, Bs & 7s), Nafi Tuitavake (Massey, North Harbour, Crusaders, NZ U20 & 7s – Vice Captain), Craig Brown (Manager)

Absent: Muzzy (Liaison Officer)

Société Générale SCC International Rugby Sevens Results:

Pool C

Penguins 26 v 0 Swedish Vikings, Penguins 38 v 14 Sri Lanka, Penguins 34 v 0 Cottesloe

Last 16 Match

Penguins 61 - 0 Singapore

Quarter final

Penguins 19 – 12 England Development

Semi final

Penguins 21 – 10 Borneo Eagles

Final

Penguins 5 – 36 South Africa

Points for: 204; Points against: 41



Penguin International RFC at the COBRA 10s, Kuala Lumpur, Malaysia, 45th Edition 3rd - 9th November 2015

The plan, post the SCC 7s, was to welcome the new players to the team, fair well those returning home after the Sevens, and get down to the task of preparing for the COBRA Tens in Kuala Lumpur the next weekend (writes Craig Brown).

Due to further injuries and withdrawals, the squad was missing three players, with the last not arriving until the Friday night, so no chance to join any practise sessions. Nevertheless, the team progressed with a training run in Singapore on Tuesday morning before the journey to Kuala Lumpur. The team were a bit travel weary on arrival into Kuala Lumpur, on the Tuesday night, with most retiring for an early night after dinner.

The remainder of the week was a mixture of training runs (four field based and one gym session), two functions and a little time to explore Kuala Lumpur. Thanks to Jon Chivers and KL Saracens for hosting the Penguins to dinner on Wednesday night, and Marc Daniel and Ting from Synapse Physiotherapy, for inviting the Penguins as special guests, to their end of year dinner on Thursday night.

*...it was the hottest it had been in
KL for the COBRA Tens for many years*



Saturday morning dawned fine and hot – in fact it was the hottest it has been in KL for the COBRA Tens for many years. Even the first match at 10:10 was a challenge for the team, as it was well over 33 °C. After the police escort to the ground to beat the traffic the team was into the first warm up for the opening game.



The Penguins' lineout was a strength throughout the tournament

Day one produced three pool victories, although the team struggled at times with both the conditions (very hot or very wet following a monsoon-like downpour, complete with thunder and lightning) and the transition from playing sevens the weekend before to tens. Day one was considered a success with the aim of qualifying for the quarter finals achieved and the team improving in each game. All payers contributed to the three victories. A special mention for Lu Laulala, who scored four tries on day one given he landed in KL at 8pm the night before.

As only twelve teams had entered the international tournament, the top eight were seeded 1 to 8 and the draw for day two was derived from the positions at the end of day one. Penguins were seeded three and Northlink (the other team in our pool to progress) were seeded sixth so we met again in the quarter final on Sunday after beating them 38-5 in our best game of Day one.

Sunday arrived bright and sunny again, but some rain had fallen in the night, so the temperature was a little cooler than Saturday. In a tense tussle, the teams were matched evenly for the first half. The Penguins leading 7-0 at half time. Defence was key, with both sides making their tackles and scrabbling defences making the difference.

Post half time, the Penguins used a forward orientated game more and got the big runners working close to the breakdown. Northlink, however, refused to lie down and scored a well worked try early in the second half. The last quarter belonged to the Penguins as the Northlink defence tired, and the Penguins scored three converted tries to advance to the semi-finals.



Penguins' Physio Marc Daniel keeps his cool in KL!



All Penguins together in the Kuala Lumpur rain.

In a repeat of the SCC 7s semi-final the weekend before, the Penguins played Borneo Eagles. Over the years the two teams have played on many occasions, and there is always little in the game. Borneo started brightest and lead for nearly the entire game. The Penguin team refused to bow, and kept plugging away. The Penguin scrum was superior most of the match with big efforts from Isi Tuungafasi, Mike Lea and Hame Favia. An early try by Mike Lea kept the Penguins in touching distance with Borneo. The next Penguin try was one of the

highlights of the tournament. Jon Faauli broke clear through the first line of defence, and with the sweeper in front of him and two Borneo chasers on his tail, he had little room to manoeuvre. Spotting Antonio Kiri Kiri out wide, Jon put through a perfectly weighted kick to the left, from 35 meters out, for Antonio to outstrip the covering defence, and to dive, catch the ball, and score in the one movement.

Going into the last minute Borneo where leading 19-12 but the Penguins had the ball and were inching towards the Borneo line. After a series of drives and half gap breaks, the Penguins where camped on the Borneo line, but the defence was equal to the challenge. With the clock past 10 minutes and the game to end at the next stoppage, further drives around the posts resulted in the smallest of openings and Toma 'Bubba' Tia drove over, under the posts for the try. Nick Smith duly converted and the teams finished the game 19 all. So to golden try extra time.

Borneo kicked off and the Penguins retained the ball well. The Penguin forwards were making an impact in this extra time, dominating the scrum, lineout and the contact area. After a series of drives around the rucks, a couple of well-won lineouts and the inevitable send the ball wide option, Ben Nee-Nee found himself on the wing to receive the ball on the end of a sweet passing move involving Liam Steel and Mitchel Scott, for a 20m run in, to the left hand corner, for the winning try.

In the other semi-final, COBRA lost in a close match to local side DBKL, who were the surprise team of the tournament.

So on to the Penguins sixth COBRA Tens final. In a game of two halves, the bigger Penguin forward pack dominated proceedings in the first half, with the scrum and lineout ruling. At half time the Penguins had a deserved lead with a great team performance 20-0. Four unconverted tries to Hame, Ben and two for Lu. All contributed well.

In the second half, the Fijian dominated DBKL team refused to wilt, and got their running and quick break game going. The Penguin defence was stretched and they made the gaps tell with typical Fijian flare, to score three converted tries and take the lead 21-20 with three minutes to go. The come back from DBKL had won over the crowd, and the locals sensed a sensational victory for the Kuala Lumpur-based team. However, it is not over till it's over, as they say. The Penguins tried to keep the ball and revert back to the successful patterns of the first half, but DBKL were up to defending the Penguin attacks. With one minute left the Penguins earned a penalty on half way for illegal ruck entry. Captain Kylem said kick for the corner, and Nick put the ball well within range with an excellent kick to touch.



The bigger Penguin forward pack dominated proceedings in the first half, with the scrum and lineout ruling



Left: Champs!



From the resulting lineout, the Penguins superior forward size and technique did the job, and the pack produced a 10 metre drive from the lineout, to score through Hame. Nick added the conversion – just under a minute to play.

In a tense last period, DBKL had the ball for a couple of phases but it was turned over and the Penguins got the ball into touch. Brilliant – the Penguins won the COBRA Tens for the sixth time – 27-21.

Many thanks to all from COBRA for another well run and enjoyable tournament..



Penguin International RFC squad for the COBRA Tens

Back Row: Marc Daniel (Physio), Glenn Moore (Blues forward coach and NZ Women's Head Coach - former Highlanders and South Canterbury head coach), Sue Olovsson (Masseur and Strapper), Michael Lea (Manurewa, Counties-Manukau), Luteru Laulala (Sydenham, Canterbury age groups, NZ U20), Ben Nee-Nee (Pakuranga, Auckland B, Blues Dev), Hame Favia (University, Waikato, NZ U20), Jonny Faauli (University, Counties-Manukau XVs, NZ U20, Samoa U20), Liam Steel (University, Auckland B, Blues Dev, NZ 7s Dev), Isi Tuungafasi (Grammar TEC, Blues Dev, Auckland, NZ U20), Tony Hanks (Blues High Performance Manager and former Waikato, Wasps, Sale and Russia coach)

Front Row: Craig Brown (Manager), Mitchell Scott (Nelson, Tasman, NZ U20), Antonio Kiri Kiri (Old Boys Marist, Manawatu XVs & 7s – Vice Captain), Nick Smith (Pakuranga, Auckland B, Blues Dev, Blues Tens), Kaide Whiting (Waimea, Tasman XVs & 7s, Otago), Kylem O'Donnell (Melville, Waikato, Taranaki, NZ 7s - Captain), Josh Tyrell (Marist, Waikato XVs & 7s), Toma Tia (Mangere College, Blues & Auckland U18)

Insets: Amanki Nicole (Assistant Manager), Malik (Liaison Officer)

COBRA Tens Results

Pool C Penguins 19 - 0 Sabah Eagles (MAS); Penguins 33 - 7 Melbourne University (AUS);
Penguins 38 - 5 Northlink (RSA)

Quarter final Penguins 28 - 7 Northlink (RSA)

Semi final Penguins 24 - 19 Borneo Eagles (MAS) (19 - 19 at full time)

Final Penguins 27 - 21 DBKL (MAS)

Point Scorers

Tries: 6 - Laulala; 4 - O'Donnell and Nee-Nee; 2 - Kiri Kiri, Favia, Steel and Lea; 1 - Tia, Whiting, Scott, Smith, Tyrell
Conversions: 13 - Smith; 2 - Whiting; 1 - O'Donnell

Points for: 169, Points Against: 59



Cambridge University RUFC v Penguin International RFC Wednesday 13th January 2016 at Grange Road, Cambridge

At a cold but dry Grange Road (writes Tim Stevens) the Penguins started 2016 with a hard-earned victory over the Cambridge University students by 17 points to 16. With a serious accident on the M11 causing gridlock to the City of Cambridge, it was just as well the kick-off had been set for 7.45pm as the Penguins squad coming from all over the country and beyond struggled to make it to the ground in time; the last to arrive was the experienced Howard Graham at 7.10pm!

However, this hiccup did not seem to disrupt the Penguins' preparations and they hit the ground running and were rewarded with an early score when centre Chris Kinloch, who impressed all evening, picked a wonderful line to race through the Cambridge defensive line and score out wide after just 6 minutes. Former Cambridge Blue, Tom O'Toole playing at full-back for the Penguins hit the post with the difficult conversion.

...the Penguins hit the ground running and were rewarded with an early score



The Penguins, true to tradition, continued to keep the ball in hand and attack at every opportunity, but were unable to extend their lead in the opening quarter as the Light Blues showed resilience in defence to hold them out. On 20 minutes, Cambridge won good line out ball from the impressive Ian Nagle, moved the ball wide left, to create an overlap which winger Andy Rees took full advantage over to best the covering defence and run in behind the posts, allowing a simple conversion for fly-half George Williams.

Following last year's comprehensive defeat, it was clear the students were taking this match very seriously and Williams added three points from the tee to extend their lead to five points soon after. On the stroke of half-time the Penguins re-took the lead when former Cambridge captain Harry Peck (playing at scrum-half) weighted a delightful box kick from a scrum for left wing Ed Doe to pounce on and have an easy run in to score under the posts. Another former Cambridge man, Tom O'Toole added the simple conversion to make the score at the break 12 points to 10 in favour of the visitors.

The Penguins made changes at half-time but not to the detriment of the team, but again Cambridge showed their intention to try and eke out a win with two further penalties from Williams after 47 and 51 minutes to take a four point lead. However, it was the Penguins who continued to put pace on the game and take quick tap penalties rather than kick for touch, where Nagel was disrupting the visitors' line-out, but they were finding it difficult to break down the students' defence.

With a quarter of the match remaining, the Penguins did manage to score a third try, when replacement scrum-half Chris Gibbs attacked the blind side and created space for another former Cambridge man, right wing Andy Murdoch, to touch down in the corner; Howard Graham was off target with the difficult conversion. This proved to be the last score of the match, although the Penguins continued to probe for openings in the Cambridge defence, the tackling remained resolute and the students' searched for another kickable penalty to sneak a win, but the Penguins maintained their discipline to hang on to their one point margin.





Penguin International RFC squad v Cambridge University RUFC

Penguins Starting XV:

- 1 Jeremy Cunnew (Old Elthamians), 2 Dave Porecki (Saracens), 3 Garret Cann (Amersham & Chiltern), 4 Fergus Taylor* (Oxford University),
- 5 Dean Maclennan (Richmond), 6 Robert Lehman # (Rottweil RFC Germany), 7 Jaime Bache (Chicago Griffins),
- 8 George Messum *(Oxford University) Captain, 9 Harry Peck *(Cambridge University), 10 Matt Keville (Chingford), 11 Ed Doe *(Richmond),
- 12 Chris Lewis *(Barnes), 13 Chris Kinloch (Ealing), 14 Andrew Murdoch* (Leicester Lions), 15 Tom O'Toole* (Barnes).

Replacements:

- 16 Thore Schmidt # (St Pauli RFC Germany), 17 Joe Winpenny (Amersham & Chiltern), 18 Joe Pickton (Bracknell), 19 Tim Gabelko (HAC),
- 20 Jason Billows (Old Albanians), 21 Simon Edwards (Richmond), 22 Chris Gibbs (South Leicester), 22 Sam Moorby (Imperial College),
- 23 Ollie Shorthose (Oxford University).

Denotes International *Denotes Blue

Penguins Management:

Head Coach – Steve Hill (Richmond), Assistant Coach – Carl Douglas (South Leicester), Team Manager – Tim Stevens (Oxford University)

Cambridge University RUFC Squad:

- 1 - Will Briggs* Magdalene, 2 - Max Montgomery*Emmanuel, 3 - Jacob Poulton* Clare, 4 - James Kilroe* Robinson, 5 - Ian Nagle (c)* Hughes Hall
- 6 - Lola Erogbogbo* Clare, 7 - Steven Leonard Emmanuel, 8 - Daniel Dass* St Catharines, 9 - Seb Tullie* Emmanuel, 10 - George Williams* Clare,
- 11 - William Meikle Churchill, 12 - Oliver Clough* St Edmunds, 13 - Lare Erogbogbo Jesus, 14 - Simon Davies* Jesus, 15 - Andy Rees* St Catharines,
- 16 - Paddy Calvert*St Johns, 17 - David Spelman*Jesus, 18 - Choi Seonghoon Pembroke, 19 - Tim Bond Pembroke, 20 - Rob Hall* Downing,
- 21 - Henry Rose Jesus, 22 - Dougal Balfour Downing, 23 - Andrew Harley Fitzwilliam, 24 - Francois Okoroafor Hughes Hall



Result: Cambridge University RUFC 16 - 17 Penguin International RFC

Scorers:

Penguin International RFC - Chris Kinloch (T), Ed Doe (T), Andy Murdoch (T), Tom O'Toole (C)
Cambridge University RUFC - Andy Rees (T), George Williams (C), (3P)



Oxford University RFC v Penguin International RFC Wednesday 2nd March 2016 at Iffley Road, Oxford

The annual encounter between Oxford University and the Penguins at Iffley Road on the evening of Wednesday 2nd March proved to be another compelling contest between two sides committed to keeping the ball alive and playing an expansive game (writes Tim Stevens). Conditions were good with a firm pitch and the afternoon's gale having passed over and the rain staying away, so the large, vocal crowd who had come to see the University's last game of the 2015/16 season, were rewarded with a highly entertaining match, which saw the home side victorious for a second successive year by 31 points to 14.

However, it was the visitors who started the more impressively and after just six minutes the Penguins opened the scoring with a very well-constructed catch and drive line-out routine that resulted in No 8 Simon Edwards being driven over to score near the touchline. Full-back Tom O'Toole kicked an excellent conversion from out wide.

The next fifteen minutes saw both sides put together sustained passages of attacking play, but both defences held firm and the Penguins held onto their 7 nil lead. On the twenty minute mark, Oxford secured good ball from the set piece and blindside winger Stephen Hyde injected himself in to the line to burst through the Penguins defence and score under the posts. George Cullen (playing at inside centre) added the simple conversion.

The next 15 minutes saw both sides put together sustained passages of attacking play...



Following this score, Oxford looked to press home their advantage and with plentiful possession continued to attack the Penguins' line. However a combination of dropped balls and misdirected passes meant they could not find the finish necessary to take the lead. Slightly against the run of play, the Penguins scored their second and what turned

out to be their final try, when fly-half Matt Keville put a grubber kick through the Oxford defensive line and full-back O'Toole showed great footballing skills to nudge the ball towards the posts and won the race to touch down. He duly added the straightforward conversion. With half-time approaching Oxford levelled the scores when No 8 and former Captain George Messum plunged over from five metres to score a well-deserved try, which Cullen converted to make the score at the interval 14 points all.



With both teams making a number of changes at the break, the first few minutes of the first half lacked the quality of the first, but it was Oxford who settled first and took the lead when young tearaway flanker Will Wilson scored in the corner, on this occasion Cullen was off target with the difficult conversion. Just five minutes later, the home side extended their lead when winger Hyde added his second of the night after some good build up play by the impressive Henry Lamont playing in the centres for the University. Cullen once again missed the conversion from the right-hand touchline.

After this match then became a bit niggly, with the referee awarding a number of penalties for infringements, particularly at the break down with both side infringing, and eventually he lost patience and the Penguins second row Rob Hall was shown a yellow card. Whilst Hall was in the sin bin, Oxford score their fifth and final try of the game from the constantly improving fly-half Basil Strang, who pounced on a loose ball and used all of his 6' 5" frame to reach over and score a well-deserved try. This time Cullen was able to find the target with the conversion to extend the home sides advantage. This was the last score of the game with the last five minutes being something of a disappointing ends to a highly competitive and entertaining fixture.



Above left: Scrum action. Above right: The man with a foot in both camps - Oxford University RFC's General Manager and Penguin International RFC's Team Manager (except when playing against Oxford University), Tim Stevens. Tim is holding The Alan Wright Cup - presented to the winning team after each OURFC/PIRFC match.



Oxford's George Messum and Henry Lamont were the joint recipients of the Active Education Man of the Match Award and Captain Fergus Taylor lifted the Alan Wright Cup on behalf of Oxford University RFC for the second year running. The Cup was presented by Penguins' Hon. Secretary Vincent Bramhall.



Penguin International RFC squad v Oxford University RFC

Penguins Starting XV:

1 Will Briggs * (Cambridge University), 2 Igino Corradi (Richmond), 3 Richard Matthews * (Barnes) Captain, 4 Rob Hall * (Cambridge University),
5 Ben Thomas (Coventry), 6 Jason Billows (Old Albanians), 7 Alfred Meitmann (Pingvins, Sweden), 8 Simon Edwards (Richmond),
9 Callum Watson (London Irish), 10 Matt Keville (Chingford), 11 Ed Doe * (Richmond), 12 Chris Kinloch (Ealing), 13 Ryan Hough (Coventry),
14 Sam Randle (Westcombe Park), 15 Tom O'Toole * (Barnes).
16 Matt Price (Coventry), 17 Jordan Brodley (Bristol University), 18 Cronan Gleeson (Canterbury), 19 Lee Covington (Westcombe Park),
20 Dave O'Brien * (Richmond), 21 Andre Eriksson (Pingvins, Sweden), 22 Ollie Clough * (Cambridge University), 23 Fred Burden * (Unattached),
24 Matt Hema (Canterbury), 25 Lucien Maman (Biarritz), 26 Sam Pailor (Coventry).

Penguins Management:

Head Coach – Steve Hill (Richmond), Assistant Coach – Carl Douglas (South Leicester)

Oxford University RFC Squad:

1 - Lewis Anderson, 2 - Richard Halpin, 3 - Hugo Lu Clare, 4 - Fergus Taylor, 5 - Andrew Grant, 6 - William Wilson, 7 - Jonathan Marsden,
8 - George Messum, 9 - Tom Kershaw, 10 - Basil Strang, 11 - George Cullen, 12 - Henry Lamont, 13 - Ed David, 14 - Andrew Abraham,
15 - Stephen Hyde, 16 - William Thornton, 17 - Keiran Ball, 18 - Dean Irvine, 19 - Hugo McPherson, 20 - Sam Howard, 21 - Rob Balfour,
22 - Matt Geiger, 23 - Jacob Goss, 24 - John Aaron Henry

Result: Oxford University RFC 31 - 14 Penguin International RFC



Penguin International RFC at the GFI Hong Kong Football Club Tens 6th - 7th April 2016



Tour Report by Craig Brown and Graeme Inglis.

It was about 6pm on 26th March 2015 and we Penguins had just lost the semi-final of the HK Tens 2015 Tournament to a good Tradition YCAC team. Captain Willie Walker said to team manager Brown: 'That's it for me, my playing days here are done, I can win this thing as a coach, if you will have me.' About seven months later, former Penguin player and captain Scott Waldrom got it touch to confirm he was keen to coach the Penguins, having turned down the opportunity a couple of time in the previous three years. So that was that, the coaching unit was set. Both had played for the Penguins, understood the Club and culture, both had played at the Hong Kong Tens, both had captained the Penguins and both were coaching. In Scott's case, he is a community development coach for his Club Avalon in Wellington, and is also coach of the Wellington 7s side and has had success.

Penguin CEO Craig Brown was appointed manager for his tenth successive Hong Kong Tens Tournament and multi-time Penguin tourist Graeme Inglis ('Jingles') was appointed co-manager. To complete the management team, long-serving Penguin physio Marc Daniel travelled up from Malaysia and team legend Sue Olovsson travelled from Melbourne to compete the medical team. Local boy Deano Herewini acted as local liaison manager. Charlie Mansfield carried on his role as Penguin Media Manager and was close to the team, and Tan San Chuan ('Chow') from Malaysia was along observing the medical team.

As per usual, there were not a lot of Northern Hemisphere player options - so the Southern Hemisphere was the target. Thanks to the coaches, Steve Jackson, Mike Friday, Tony Hanks, NZ 7s, Dave Dillion, Dale MacLeod and Clayton Macmillan for assistance to find players. Bottom line was a great team who respected each other, worked hard for the team and understood the team came first.

**All Black legend and Penguin HVP
Sean Fitzpatrick duly arrived to
share some insights with the
team and present the jerseys**



End result – a second win at the Hong Kong Tens for the Penguins – what a performance

The tour started in a similar fashion to other Hong Kong campaigns, with the team arriving on different flights and getting down to the business of training and getting to know each other. The team had five training runs from Sunday till Tuesday with the coaches putting

forward their requirements and philosophies in a well-structured way. The players responded well to the coaching and formed a close bond from the outset.

On Tuesday evening after the last training session, the team ran a 90 minute coaching session for the youngsters of Sandy Bay Rugby Club around the other side of the island near Aberdeen. Tour manager Craig Brown remarked that the Sandy Bay session was one of the best ever, with the Penguin coaches adapting their sessions to the differing groups and making sure everyone was having loads of fun. A mention to manager Jingles as well, who ran the warm up and warm down for the 100-odd children – no mean feat capturing the attention of 100 enthusiastic children.

Tournament day one eventually arrived, and the team was ready to get on the field. The objective for day one was simple enough – three wins from three games and all players getting ample game time.

Prior to heading to the stadium, the team had the customary team meeting and jersey presentation. With only to the management knowing, All Black legend and Penguin Honorary Vice President Sean Fitzpatrick duly arrive to share some insights with the team, and present the jerseys. The team appreciated Fitzy taking time out of his dairy to join us and this certainly helped to motivate the squad. It was one of the highlights of the week.



A surprise highlight!



All players started in the first two games and coaches Willie and Scott worked the interchange bench well to keep the legs fresh. As expected, the games got harder as the day progressed, but the stand-out facet of the Penguin game was the aggressive defence - both in the tackle and also at the breakdown. Lalakai Foketi was the first to touch down (first two tries in game one) but all players contributed greatly. The team bond was very strong, and the management picked up on this, and saw it as a strength going into day two.

Day one - mission accomplished, three matches, three wins and 16 fit players

About 45 people attended the Penguin Annual Hong Kong Dinner with Club SVP Bill Calcraft updating all on recent activities.

Day two arrived with a quarter-final kicking off at 13:30 against the Scottish team Projecx Waterboys. The message from the coaches was keep the ball, be patient, and the opportunities will come. This certainly worked as the Penguins had the ball for the majority of the game and when the opposition did have the ball, the defence was relentless - leading to turn overs and scoring opportunities. Well played to Projecx Waterboys as they did make the Penguin work for their victory with an organised defence in a competitive match. Final score 17-7. Job done and now onto a repeat semi-final of last year against Tradition YCAC (remember coach Willie's comments above).

Once again aggressive defence coupled with patience to keep the ball and exploit opportunities paid handsome dividends...



The Penguins were being lead well by Antonio and Kylem.

Whilst no one was an absolute star, all players were playing their part and the synergy was working. Next up was the semi-final and the team was determined to go one better than last year. Once again the aggressive defence at the tackle and breakdown, coupled with the patience to keep the ball and exploit the opportunities when

they came, paid handsome dividends. The Penguins were just too big and strong for Tradition. With Matt and Brad leading the way in the trenches and Kylem and Shalom setting the backs away the Penguins pushed Tradition back on defence and again held the ball for long periods in attack. The patience paid off with the Penguins scoring five tries through a range of attacking options including a lineout drive for a try by Matt, Antonio using defence to force a turnover (then picked up the ball and scampered for a try near the corner). A great effort by Jackson to pressure the defence on a long kick through, and scored a diving try from an error. Turning defence into attack, the Penguin forwards counter-rucked 40m out, forcing a turnover allowing Kylem to let Solomon charge down the right wing to score the fourth try. The final try was a brilliant solo effort from Kylem, from a scrum on the Penguin 10m line, Kylem found the gap and beat the covering defence on a 60m arcing run to score in the corner. Final score 29-14.

Going back to the tournament objectives - six wins required, five down, one to go against our regular rivals Samurai. Prior to the final, the Penguins chilled out in the player's area on the hockey pitch, which was a new feature for the tournament, and worked well for the teams. Injuries meant the team was down to 14 players but the determination and desire was still running at 16 out of 16. Samurai had also lost two players and a great final loomed.



Penguins attack as the floodlights spark up on the Hong Kong Football Club main pitch

The final was more of the same for the Penguins - aggressive defence with quick line speed and patience in attack. Samurai were equal to the task and an almighty arm wrestle emerged with most of the game being played between the respective 22s. The Penguins kept the ball for longer than Samurai, but the defence held on both sides.



The Penguins had a couple of opportunities they could not convert in the first half. The Samurai got close to the Penguin line with one minute to go in regular time, but were bundled into touch 3m from the try line. The determination from the Penguins to defend their line was evident, with them all hauling back to nullify the threat and get the ball out over the touch line. Also the Penguin lineout was not functioning as well as it had, and three over-throws handed the Samurai possession to attack from.

So, at the end of 24 minutes of enthralling tens was the score was 0-0 and so to extra time. The golden point rule applied, so the first to score any points would win.

After five minutes of extra time the arm wrestle continued with neither team yielding, although there were some weary boys out on the pitch for both sides. The use of subs was key for the coaches to keep fresh legs on the park. It was likely a mistake or a piece of individual brilliance would break the deadlock.

The second period of extra time started with a further five minutes for either team to get a score. Penguins kicked off and put the ball down to the Samurai 22. After hitting the Penguin defensive wall, Samurai kicked down field and after a couple of Penguin passes, Shalom put through a low kick to earn a lineout about 12 meters from the Samurai line (Samurai throw in). Samurai overthrew the lineout and from the scramble to retrieve the ball (from both sides) Josh Tyrell leaped high and emerged with the ball with a clear run to the line. Obviously thinking of the kicker, Josh headed round under the post to the amusement of his team mates, who were shouting at him to put the ball down. Gareth did consider tackling him! Final score 5-0.

...what a draining final - nerves everywhere!

What a draining final - nerves everywhere. Well done to Samurai for a fantastic match, yet again. Co-captains Kyles and Antonio lead from the front and inspired the rest of the team. Up front Ben and Antonio worked well in the jumping, Brad and Josh charged around the field hitting up well, tackling hard and clearing rucks double time, Adrian and Gafa kept the first phase sorted as well as getting through a power of work in the tackles and Matt and Gareth roamed well to target the breakdown, pilfering the ball, and always setting the standard in the tackle. Kyles, Shalom and Jordan worked well in the 9/10 role and were always asking questions of defence or setting the backline away on dangerous runs. Kyles and Shalom stood out in the tackle, especially around the breakdown and also the sweeping role. Jackson, Danny, Chris and Lalakai worked well in the centres (occasionally on the wing) and got through a power of tackling and support work. Out wide Solomon hit his running lines well, made meters, covered well and did his bit of defence.

Video of each match can be found at <http://www.hongkongtens.com/match.php?cid=1> - just select the relevant game and scroll down to *Show Videos* and *Live Commentary*.



The winning Penguins after the final - adding the 2016 GFI Hong Kong Football Club Tens Trophy to the Malaysia RUICOBRA International 10s Trophy the club won last year. This makes the Penguin International RFC current World Tens Champions!



Post-trophy presentation, the team had a quiet hour reflecting on the achievement of the past few days and enjoying each other's company.

Congratulations to Kylem O'Donnell who was named player of the tournament. Also, congratulations to Matt Matich who won the John Grove Award for the Best and Fairest Player, presented when the Penguins are in Hong Kong, in recognition of John's contributions to the Club. Matt is the third loose forward in a row to win the John Grove Award following Kara Pryor in 2015 and Johan Bardoul in 2014.

Moving to the later part of the week, the team contributed to the Ladies Long Lunch and helped raise HK\$1.3 million for children in Mongolia and Vietnam in association with the Christina Noble Children's Foundation. A great effort by the entire squad and our partners at CNCF. Of course a big thank you to all the ladies who turned out to a great afternoon.

Penguins help raise HK\$1.3 Million at the CNCF Ladies Long Lunch 

Hong Kong 7s - the team spent a couple of days watching the world famous Sevens. Most had not been before and a couple had only played, never watched as a spectator. A great time had by all and well done to Fiji for winning.

GFI HKFC Tens Results

Pool C: Penguins 55 - 5 CRFA Gladiators; Penguins 17 - 0 King's College at UQ; Penguins 26 - 19 UBB Gavekal

Quarter Final: Penguins 17 - 7 Projex Waterboys

Semi Final: Penguins 29 - 14 Tradition YCAC

Final: Penguins 5 - 0 Samurai (sudden death points in second period of extra time)

Penguin Scorers:

Tries: 4 - Lalakai, Solomon & Kylem; 3 - Jordan; 2 - Jackson, Antonio & Ben; 1 - Shalom, Matt & Josh

Conversions: 5 - Kylem; 3 - Shalom; 2 - Jackson & Jordan

Points for 149, points against 45.



Penguin International RFC squad at the GFI Hong Kong Football Club Tens

Back Row: Willie Walker (Co-Coach - Highlanders, Worcester, NZ Maori), Marc Daniel (Physio), Tan San Chuan (Physio), Sue Olovsson (Masseur & Strapper - Sweden), Graeme Inglis (Co-Manager - Watsonians, St Marys), Shalom Suniula (Belmont Shore, Junior Kiwis, USA 7s & XVs), Josh Tyrell (Hamilton Marist, Waikato 7s & XVs, Samoa U20), Jackson Garden-Bachop (Northern United, Wellington XVs & 7s, Hurricanes Dev, NZ Schools & U20), Brad Tucker (Christchurch, Canterbury 7s), Antonio Kiri Kiri (Co-Captain - Old Boys Marist, Manawatu XVs & 7s, NZ 7s), Matt Polwart-Matich (Western Sharks, Auckland 7s & XVs, Blues Dev), Ben Nee-Nee (Pakuranga, Auckland, Blues Dev), Adrian Smith (Massey, North Harbour), Sean Brown (HKFC), Jordan Simpson-Hefft (Upper Hutt, Wellington XVs & 7s, NZ Dev 7s), Scott Waldrom (Co-Coach - Taranaki, Hurricanes, NZ 7s, All Blacks), Charlie Mansfield (Social Media Manager), Deano Herewini (Liaison Manager)

Front Row: Chris Kinloch (Ealing, Glasgow Warriors, Scotland 7s & U20), Gareth Bautz (Wests, Brumbies 7s), Kylem O'Donnell (Co-Captain - Melville, Taranaki, NZ 7s), Danny Kayes (Mt Manganui, Bay of Plenty Dev & 7s, NZ 7s trials), Gafa Su'a (Pukekohe, Counties-Manukau, Blues & Chiefs Dev, NZ Schools), Lalakai Fetoki (Rangataua, Bayonne, Bay of Plenty, Rebels, Aus U20), Solomon Alaimolo (Otamatea, Canterbury age groups), Craig Brown (Co-Manager, University, Watsonians, Waikato, Anglo Scots, NZ Maori)



SPECIAL CAPTAIN'S Q&A SESSION ON THE GFI HONG KONG FC TENS 2013 & 2016

Reece Robinson and Antonio Kiri Kiri, Penguins' 2013 and 2016 winning captains* talk about winning the competition and what it means to be a Penguin

The GFI Hong Kong Football Club Tens Tournament is widely acknowledged as being the toughest and most prestigious Rugby Tens Tournament in the world. The Penguins are extremely proud to have won this superb tournament twice in the past four years, and we thought it would be fitting to ask our 2013 captain Reece Robinson and our 2016 co-captain* Antonio Kiri Kiri a few questions about their time with the Penguins in Hong Kong.

Reese and Antonio have in common the fact that they are both members of the New Zealand club OB Marist and also that they were both selected for NZ Provincial squad Manawatu. Read Reece's Answers below and Antonio's on the next page...



Reece Robinson

Q Reece - Antonio and you both played for OB Marist and were both selected for Manawatu. Did you ever take to the field together for Club or Province?

A Yes we did, we played for both club and Manawatu Turbos together back in 2012.

Q How did it come about that you were invited to represent the Penguins?

A Back in 2006 I was lucky enough to have been asked to play in the Paris University Club's Centenary year match in France.

Q What did you know about the Penguins beforehand?

A Blair Ulrich, who had played for the Penguins before, told me about the club.

Q How do you rate the GFI HK10s as a competition?

A It has to be the best 10s Tournament going around. So many different teams from all walks of life.

Q How do you rate the Penguins' management, coaches and medical team's preparation and performance before and during the tournament?

A First class. Ever since I was involved they have had many International Coaches. They also make sure whatever you need to be 100% prepped for the Game/Tournaments are sorted for each individual. And to top it off Craig Brown does a fantastic job running the show too.

Q Did you find it difficult to captain a squad the majority of whom only meet three days before the start of the tournament?

A No - with so many quality players within the squad it makes our job very easy.

Q How much did winning the tournament mean to you and to the squad?

A It was pretty special. If I am correct, I think the Penguins won the HK tournament many years ago (NOTE: Twice Finalists and once Plate Winners, but you were the first Tournament winning captain, Reese! - Ed.) but to win it was something special since it had eluded us for many years beforehand.

Q Were you all well looked after by the Penguins in Hong Kong?

A Yes, very well looked after.

Q Is it still possible to have a good time with an invitational side like the Penguins in these days of out-and-out professionalism?

A Yes, I am a big believer that at tournaments like HK and KL you have to have a good balance, so when it is time to switch on to train hard, play hard, you can also party hard! lol

Q What would you say to other players who are invited to play for the Penguins?

A Congratulations!!!! welcome to the Club, it is a privilege to have been invited in, so take the opportunity as who knows what doors could open up for you. Look at Antonio Kiri Kiri for example, played extremely well for the Penguins which lead to NZ 7's contract.

*Antonio's co-captain in Hong Kong was the equally outstanding Kylem O'Donnell



Q&A SESSION ON THE GFI HONG KONG FC TENS 2013 & 2016

Antonio Kri Kiri writes:



Antonio Kri Kiri

Reece and I played for both OB Marist and Manawatu together. Reebo was the captain of our club in 2010 which was my first year. Then, a year and a half later, he stepped down as captain and I took over. 2012 was our only year playing for Manawatu together.

I was invited to represent the Penguins through Reebo's recommendation. He had played a few tours and asked if I was interested. He tried to get me on a tour in 2011 but that fell through. After the ITM Cup in 2015 Reebo asked me again if I was keen to go to Singapore and Malaysia and of course I was pretty keen. A couple days later I received a call from Brownie and the rest is history.

I didn't know a lot about the Penguins club before I was involved with them. All I knew was that they were an invitational side that played in 7s and 10s tournaments here and there. And that they had a good time doing so.

The GFI HK 10s was only my second time playing 10s and I have to say that the level is one of a high standard. Much tougher than the COBRA 10s in my opinion. This year's final against Samurai would be one of the toughest games I've played in, actually.

I didn't find captaining the side tough, regardless of our limited time getting to know each other and preparing. I was co-captain with Kylem O'Donnell who is a bloody good leader so there was a shared responsibility. On top of that we had two good coaches and a bunch of good lads who have all played good levels of footy - so my work was cut out for me. At the end of the day I was just another player except I got to say a few words in the huddle and I had a (c) next to my name.

Winning the GFI HKFC 10s meant a lot to me personally. It's regarded as one of, if not the best 10s Tournament in the world. Not to mention the calibre of some of the other teams that were there. I'd be lying if I said I was confident we were going to win at the start of the Tournament.

We were all very well looked after by the club in Hong Kong. They had everything covered from flights, accommodation, food etc to medical care, physio, and of course the entertainment side of things. I actually missed my initial flight to Hong Kong after sleeping in and I was fortunate enough that Brownie and the club were able to get me on a new flight departing that same day!

I think it is definitely possible to have a good time on a Penguins tour - even in these days of out and out professionalism. In fact, I think that is one of the biggest factors to making these tours successful. I consider myself reasonably professional but every now and then you can afford to loosen up the tie a bit and have some fun. Obviously at the same time you don't want to jeopardise your ability to perform well, but I think there is a good balance with the Penguins.

What I would say to others that are invited to play for the Penguins is don't hesitate when you get the invitation. Just say yes and jump on the plane. I've met some top blokes and made some lifetime memories through the Penguins. It's a work hard play hard sort of environment so turn up ready to do both!



PENGUIN INTERNATIONAL RFC NEWS

The History of the Penguin International RFC takes its place on the bookshelves of the RFU World Rugby Museum Library at Twickenham

On Friday 16th October 2015, on my way to meet up with a few fellow-Penguins at Richmond FC (see page 26), I dropped in to The World Rugby Museum in the East Stand of Twickenham Stadium to see Michael Rowe, Museum Curator, and Deborah Mason, the Museum's Collections Officer (writes Dick Tyson).

I had arranged the meeting to donate a copy of *The History of the Penguin International RFC* to the RFU Library on behalf of the Club. I am familiar with the RFU Library because I have spent many a happy hour there researching not only the Penguins' history, but also some of my other books: *Flair & Fire - The Story of Ealing Rugby, London's Oldest Rugby Clubs* and also *CLOB - The History of the Combined London Old Boys*.

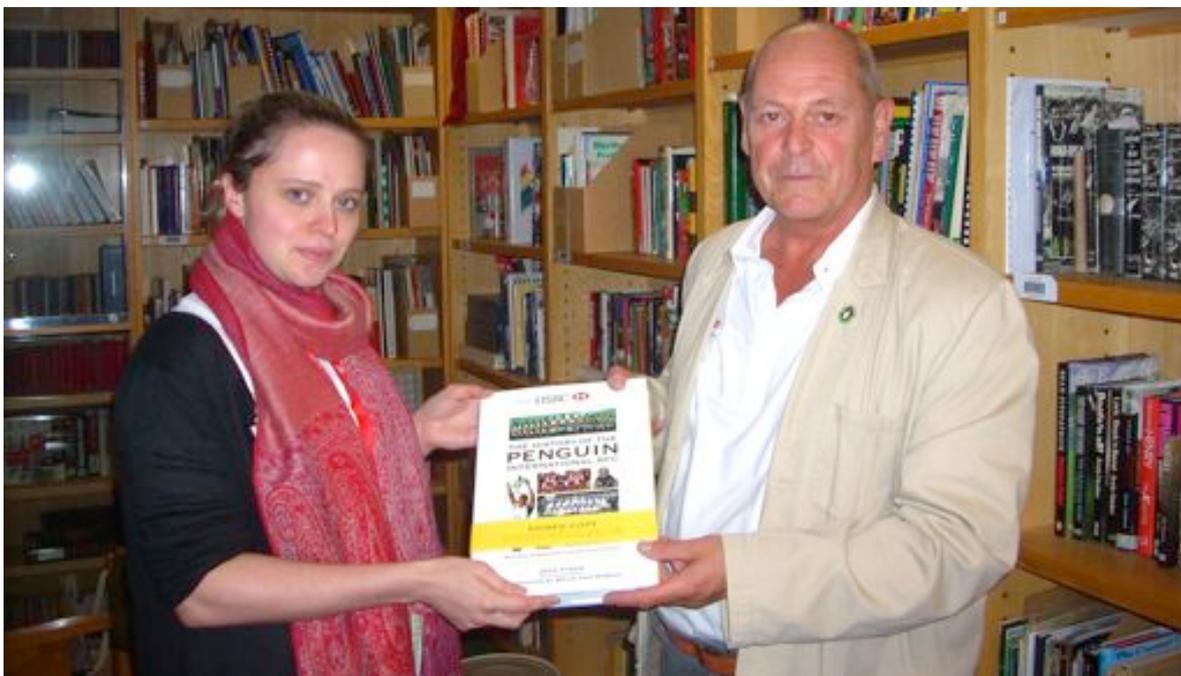
The World Rugby Museum Library is a marvellous facility (run by a group of friendly, rugby-loving experts) which boasts the largest and most complete collection of rugby-related material anywhere in the world. The collection includes match programmes, books, letters, periodicals, newspaper cuttings, scrapbooks and annuals. The material comes from all over the world and publications can be found on a wide variety of topics including: world rugby, women's rugby, club histories, the Rugby Football Union and amateurism/professionalism. The library does not operate a lending facility but students and private researchers are welcome to use the resource upon appointment.

Of course, the Library is just a part of The World Rugby Museum. Its collection of over 25,000 objects are displayed within its permanent galleries and supplement a regular programme of special exhibitions, as well as formal and informal learning programmes. The Museum welcomes over 25,000 visitors annually.

The Museum's vision is '*...to collect, document, interpret and exhibit the world's largest and most comprehensive collection of rugby football memorabilia.*' and its mission statement is: '*...to maintain a service of the highest quality in order to promote the game of rugby football by inspiring; by educating; and by entertaining visitors from all sections of the community and all nations. The collection and associated documentation will be preserved for use by future generations.*'

If you haven't already visited the World Rugby Museum, you really should make an effort to pop in the next time you find yourself at Twickenham Stadium. If you love Rugby Union Football it's a fascinating place.

And if you still haven't treated yourself to a copy of *The History of the Penguin International RFC* you'll find details of how to obtain a copy on page 30.



Deborah Mason (no relation to Penguins' co-founder Tony Mason - he asked!) accepts a copy of our history from Dick Tyson, the author and PIRFC Historian/ Info Secretary.



A Colony of happy Penguins get together at the Richmond Athletic Ground on 16th October 2015

It was a very busy evening at The Richmond Athletic Ground on Friday 16th October 2015 - a meeting of the Penguins' Executive Committee, a get-together for Penguins in town for the Rugby World Cup and a big match the following day featuring Penguins' Head of Coaching Steve Hill's Richmond FC playing David Townsend's old club Nottingham RFC.



Steve Hill and Bill Calcraft

Among the Members of the Executive Committee present were Penguins' President Richard Bennett, Penguins' Senior Vice Presidents Bill Calcraft and David Townsend, Penguins' Honorary Secretary Vincent Bramhall and Penguins' Honorary Treasurer Norman Wilson. Also present were Penguins' Social Manager Jonathan Clelland and Penguins' Historian and Information Secretary Dick Tyson.



Richard Bennett

The club was also joined by several other Penguins on the night, including two stalwart supporters and Richmond FC regulars - Hugo Kondratiuk (Old Pauline FC) and Mick Mamuzelos (London Italian RFC).

In a rather amazing coincidence, Penguins' Honorary Secretary Vincent Bramhall bumped into two old chums in the clubhouse - Alistair and Debbie MacLeod.

The Bramhalls and the MacLeods were long-term expats and good friends in Hong Kong. Alistair was with the Hongkong Bank Group and Vincent was with the Bank's law firm. All three were also members of the Hong Kong Football Club - Alistair in the Football Section, Debbie in the Hockey Section and Vincent in the Rugby Section. Alistair and Debbie were in London to see their daughter Lauren who is Operations and Marketing Manager at London Scottish FC. Small world eh??



Hugo Kondratiuk and Mick Mamuzelos



Alistair and Debbie MacLeod with Vincent Bramhall



Penguins' Head of Coaching Steve Hill's Richmond FC win promotion to the English Championship

We're sure Penguins everywhere would like to congratulate Steve on this massive achievement and wish him and his talented Richmond FC squad every success competing in the English Championship next season.

Your Local Guardian.co.uk wrote:

Rugby Union - Richmond's part-timers will get the chance to shine in the Championship

Richmond Director of Rugby Steve Hill has already set his title-winning team their next challenge.

The win at Hartpury College saw Richmond crowned National League One champions with two games remaining. It means a step up into the second tier of domestic rugby in the Championship, where they will be coming up against full-time professional outfits such as London Welsh and London Irish.

However, it is a step that has not been taken lightly given Richmond's desire to remain a part-time club. It was only after a consultation and a unanimous vote carried by the players that Richmond elected to take the step up.



Steve Hill (left) on the RFC bench

Richmond will remain a part-time amateur side, and no professional players will pull on the club's jersey.

Steve said: 'Although the boys are well looked after in terms of coaches, medical and physio support and the rest, they all have day jobs. So the move up a level is a major step for them, but an opportunity to test themselves in Championship rugby.'

He added: 'But each and every one of them wants it, so I've challenged them to give it everything for a period of ten months to see what a squad of part-time rugby players can achieve in a full-time professional league.'

Chairman Peter Moore said: 'Winning National One with what is essentially an amateur team is a wonderful achievement and all credit goes to those who made this possible. That means not just the first XV squad players and coaches, but the support staff, all the other players in our other teams, and all our sponsors, members and supporters - many of whom have witnessed Richmond fight our way back up the leagues these past 17 years, and have kept the faith.'

He added: 'We're realistic about our chances and we know it will be tough both mentally and physically, but we genuinely have a great side which will give a good account of itself, and in the true Richmond way, that's all we ask. Always remembering that for the players, rugby has to be enjoyed not endured.'

...meanwhile, The Guardian wrote:

A new improved financial deal between the Rugby Football Union and the Premiership clubs will shortly be unveiled but more needs to be done to boost the Championship, many of whose clubs are right up against it financially. Leaving rugby politics aside, next season will be significant for another reason: the return of Richmond FC to the rung just below the Premiership for the first time since the club was controversially jettisoned from the leagues in 1999/2000.

At the weekend Richmond secured first place in National One and, having taken a vote among its amateur players, have opted to accept promotion (they initially asked the RFU if they could refuse it) and compete against full-time sides. In doing so the London club may just become the new darlings of the RFU and Premier Rugby, both of whom seem disinclined to back a fully professional Championship.

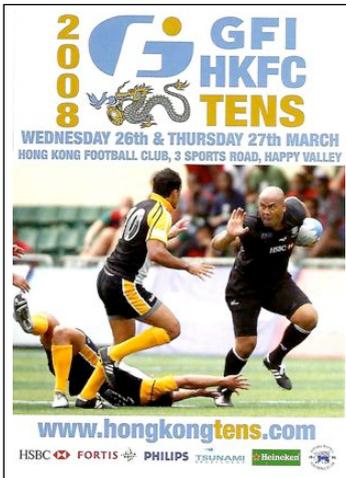
Richmond's fightback as a community club – they boast five men's teams, a vets' side, an under-21s squad and three women's sides – is an inspiring tale and this Saturday's game (and trophy presentation) against Rosslyn Park promises to be a seriously celebratory occasion. The next chapter in their eventful 155-year history may well offer a clue as to where the wider English club game is ultimately heading.



Richmond win promotion at Hartpury College (picture by Roger Wooldridge)



Farewell to Jonah Lomu



Front cover of the 2008 GFI HKFC Tens programme showing Jonah Lomu in action against the Penguins in 2007

It was with great sadness that the Penguins learnt of the death of Jonah Lomu in November, 2015. Jonah coached alongside the HSBC Penguins Coaching Academy both in Dubai in 2010 and in Hong Kong in 2011 and was a great friend of our Coaching Academy Coaches. Jonah also played against the Penguins in the 2007 GFI Hong Kong Football Club Tens Tournament.

Jonah Tali Lomu (12th May 1975 – 18th November 2015) played for the New Zealand All Blacks. He was the youngest-ever All Black when he played his first international in 1994 at the age of 19 years and 45 days. Lomu finished with 63 caps and scored 37 international tries. He has been described as the first true global superstar of rugby union and as having a huge impact on the game. Lomu was inducted into the International Rugby Hall of Fame on 9th October 2007, and the IRB Hall of Fame on 24th October 2011.

Springboks. At one time Lomu was considered 'rugby union's biggest drawcard', swelling attendances at any match where he appeared. He is one of the Rugby World Cup all-time top try scorers with 15 tries, a record he shares with Bryan Habana of South Africa.

He played for several domestic teams in the Super Rugby, NPC and later the Magners League competitions. These included the Auckland Blues, Chiefs and Hurricanes, and Counties Manukau, Wellington and later North Harbour and Cardiff Blues. He made a comeback after undergoing a kidney transplant in 2004, finally retiring from professional rugby in 2007.

Jonah died on 18th November 2015 after suffering a heart attack caused by his kidney disease. He is survived by his wife and sons aged five and six.



HSBC Penguin International Coaching Academy coaches Ben Fisher, Neil Young and Alex Edmonstone with Jonah Lomu in Dubai, 2010



Above: In 2011 the HSBC Penguin International Coaching Academy - ably led by former Hong Kong national team prop forward Dean Herewini and including Foz Herewini, Abby Wills, Ben Breeze, the HSBC Penguins Tens squad and the King Penguins - ran clinics alongside All Blacks legends Jonah Lomu and John Kirwan together with Lawrence Dallaglio - the former British & Irish Lion and England Captain.



A few odds-and-ends to finish...



Penguins parade to record

MORE than 600 penguins have gathered in South London to break the Guinness World Record title for the largest gathering of people dressed as penguins. The 624 flipped fundraisers gathered at The Scoop at More London on Thursday, November 12, hoping to break the record they set last year when 373 people penguinized up to support the hospice Richard House.

After the count the flock took part in a 2km Penguin Waddle around City Hall and Tower Bridge. Emma Evans, project manager said: "We were delighted and pleasantly overwhelmed to see so many people wanting to support Richard House and participating in the event. "It makes a significant difference to the children and young people in our care.

"This year we saw almost twice as many waddlers turn up compared to last year, which means that next year can only get bigger and better." In addition to hitting the record books, the event is set to raise thousands of pounds for the East London hospice which provides vital care and support for children and young adults with life-limiting health conditions.

Good spot by Penguins' Honorary Treasurer Norman Wilson from the Wandsworth & South London Press of 20th November 2015 (above). I wonder if it's worth trying to sign a few of them up as Vice-Presidents?



Prop

They are the players wearing shirts number 1 & 3. The role of both the props is to support the hooker in the scrum and to provide support for the jumpers in the line-out. The props provide the main power in the push forward in the scrum. For this reason they need to be exceptionally big and strong. As the scrum is a battle of tactics, deception and moral fortitude, props are widely accepted as the smartest, best looking and most important players on the pitch. Archaeological records show that beer was invented to stop props from taking over the world.

Three items that have caught the eye recently. **Left:** Love the footballer's reflex test! **Centre:** Our Hon. Accountant's niece (recently in Antarctica) has spotted that the baby penguins are almost as big as their parents and that they look a little bit like oversized rugby balls - a fact that didn't escape our late co-founder! **Right:** Not sure everyone would agree with this definition of prop forwards. However they're big lads and it pays to keep them sweet, so why not?

Until the next issue, have a great time supporting the Penguins. *Dick Tyson - PIRFC Information Secretary*

WHAT THEY'VE SAID ABOUT THE HISTORY OF THE PENGUINS

Book of the Month!

Rugby World Magazine

"Beautifully produced"

TouchLines Magazine

"A splendid book"

Bob Reeves - RFU Past President

"A magnificent contribution to our game"

Willie John McBride -

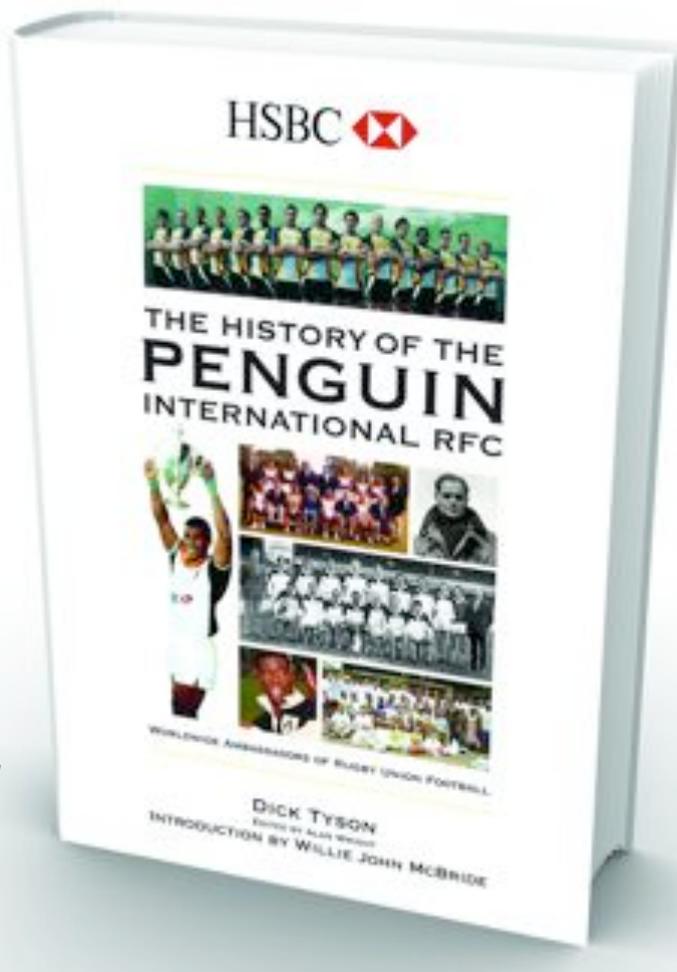
Ulster, Ireland and the British & Irish Lions

"The Penguin book is awesome!!!"

*Reece Robinson - Waikato Chiefs
& New Zealand Maori*

"Excellence, sportsmanship and fun - it is an ethos that comes through on every page of this book"

Hong Kong Football Club Magazine



The History of the Penguin International RFC is a beautifully produced, A4 sized full-colour hardback that runs to nearly 400 pages in length. As well as being an indispensable addition to your own rugby library, this volume would also make an outstanding present for all of your rugby-loving friends and relatives.

The book costs £40 (plus £6 P&P - total £46) - but remember, it can also be collected post-free from the Club's headquarters at Little St. James's House, 11 Little St. James's Street, London SW1A 1DP.

To order, or for more information, please contact the author at: dicktysonrugby@gmail.com or call: 01992 730 823.

Cheques should be made out in favour of **Penguin International RFC** and sent to:
Dick Tyson, 148 Stanstead Road, Hoddesdon, Herts EN11 0RW.

Let Dick know if you'd like your copy to be signed and dedicated by the author - he'll be more than happy to oblige.

In the case of overseas orders, Dick will provide information about how payment can be made and the cost of overseas postage.

The Penguin International RFC is, of course, an amateur club, and proceeds from this book will be used for playing and coaching rugby football.

DON'T DELAY - BUY YOUR COPY TODAY!



Penguin International Rugby Football Club Membership Information Update Form

Please use this form to update your personal details so that we can remain in contact with you.

Name:	Membership no. (if known):
Address:	
Home Phone:	
Mobile Phone:	
Work Phone:	
Email:	
Alternative Email:	
Contact preference - email or post:	

Signed:

Date:

Please email to:

membership@penguinrugby.com

Alternatively you can go online at the Club's website and fill out the on line form.



Penguin International Rugby Football Club

Nomination Form For New Member

Please use this form to nominate new club members. The information requested is used to update the membership database so we can remain in contact with all members.

Any club member can nominate new members and will need the support of one General Committee Member. Any General Committee Member can nominate any new member outright.

If you complete this form by hand, please write clearly in capitals.

When the form is completed it should be sent to the Club Secretary who will process the nomination. Members of the Club are automatically designated as Vice Presidents.

Name:		
Address:		
Email:		
Phone Numbers:		
Date of Birth:	Country: <small>Choose which country you would prefer to be listed under. This can be your country of origin, country of residence or other - your choice</small>	
Brief Professional CV:		
Brief Rugby CV:		
Contact Preference (tick one):	EMAIL	POST
Name and Signed Proposer:		Date:
Name and Signed Seconder:		Date: