



PENGUIN INTERNATIONAL
RUGBY FOOTBALL CLUB

Rugby Football Union | Kent County RFU

SUMMER NEWSLETTER 2014

OVER 350 PENGUINS
AND OUR VERY
DISTINGUISHED
GUESTS CELEBRATED
THE CLUB'S
55TH ANNIVERSARY
IN GREAT STYLE AT
THE DORCHESTER
ON 9TH MAY



Also in this issue:

- + HSBC Penguin International Coaching Academy in Dubai, South East Asia & the Philippines
- + PIRFC at the SCC7s, HSBC COBRA 10s & HKFC10s
- + The COBRA story
- + The story behind the Penguin badge & colours





Welcome to the PIRFC Summer Newsletter for 2014

Since the publication of the Autumn Newsletter the HSBC Penguin International Coaching Academy have run highly successful and enjoyable sessions in Dubai, South East Asia and the Phillipines. On the playing front the Penguin International RFC have taken part in the Singapore Cricket Club International 7s, the HSBC COBRA International 10s and the GFI Hong Kong Football Club International 10s competitions. Penguins XV's have also played their annual fixtures against Oxford and Cambridge Universities. You can read all about these tours and matches later on in these pages.



May 2014 did, of course, bring with it our 55th Anniversary Dinner and Grand Reunion held, as usual, at The Dorchester in Park Lane, London. Among our distinguished guests on the night were the Presidents of the Rugby Football Union, the Scottish Rugby Union and the Irish Rugby Union. RFU President Bob Reeves, British & Irish Lions Rob Wainwright and Fergus Slattery and Penguins' very own Alan Wright and Craig Brown all made witty and entertaining speeches and a wonderful time was had by all who attended. You can read more on page 15.

We are pleased to say that a splendid article about another of our honoured guests at The Dorchester, Derek Morgan (RFU Past President, Newbridge RFC and England), recently appeared in the RFU's TouchLine Magazine. You can find this on page 16.

Further on in this bumper Newsletter you will find a fascinating article about our great friends, the Combined Old Boys Rugby Association of Malaysia.

Finally, the King Penguins have just returned from a very succesful trip to Rwanda. They've arrived too late to make this Newsletter, but a full report will follow in the next one. Until then, happy reading!

Up-and-coming HSBC Penguin International Coaching Academy activities and HSBC Penguins tours and matches

- ◆ HSBC Penguins Coaching Academy in Gibraltar - August 2014.
- ◆ Singapore Cricket Club 7s - 31st October, 1st & 2nd November 2014.
- ◆ HSBC Penguins Coaching Academy in Asia - November 2014.
- ◆ Cambridge University RUFC - 18th February 2015 @ 19.45
- ◆ Oxford University RFC - 4th March 2015 @ 19.30.

Please keep an eye on the Club website for up-to-date news as and when it happens: www.penguinrugby.com

Grove Industries and Tsunami - our sponsors

We are sure all members will join with us once again in expressing our thanks to Grove Industries and Tsunami for their continued support, interest and sponsorship of the Penguin International RFC.



Grove Industries founded in 1983, operates apparel sourcing and manufacturing operations on an international scale. Its products are manufactured in China, Hong Kong and Macau. Other locations include Phillipines, Indonesia, Mauritius, India and Sri Lanka.

www.groveind.com



A concept since 1998 and born in 2003, Tsunami Sport was established with the objective of providing a range of international quality sports apparel to athletes at club level in a variety of sports.

www.tsunami-sports.com



HSBC PENGUIN INTERNATIONAL COACHING ACADEMY NEWS

HSBC Penguin International Coaching Academy support to the HSBC Youth Rugby Series Finals Day, Dubai, 18th October, 2013



HSBC Penguin Coaches in Dubai, left to right: Richard Hicks, Alan Moses, Gary Townsend, Vicky Townsend

The HSBC Penguin Coaching Academy once again geared up to support HSBC and the local rugby community in Dubai by providing coaching support at the finals day of the HSBC Youth Rugby Series. The series involved over 5000 young rugby players from Doha, Bahrain, Abu Dhabi and Dubai and the winners in each of the divisions were invited to the Series Final day. The age groups were U9, U11, U15 and U17.


The four Penguins coaches Gary Townsend, Vicky Townsend, Richard Hicks and Alan Moses had some pre-work to do before heading to Dubai and this mainly involved planning appropriate sessions for the teams they would look after. As well as the Penguin

coaches, HSBC Ambassador and former captain Rory Lawson lead activities during the day.

The first thing that struck the Penguin coaches on landing was the intense heat, and it was only 7am! As soon as they stepped from the air-conditioned airport the four fully understood why they had been supplied with wide brimmed hats by the Penguins. With coaching planned on the Friday the coaches had a day to acclimatise and prepare for the festival. With a few hours free time they went exploring. Vicky confirmed that the architecture was impressive, with some buildings seeming to defy gravity. The scale of the Atlantis resort beggars belief and is like an epic Hollywood movie scene from the '50s. From there they went to the largest shopping mall in the world, which not only had a huge aquarium in the centre, but a waterfall with bronze divers. And most stunning of all, water fountains which danced to music, with a totally different show every 15 minutes. Breath-taking stuff.

Friday duly arrived with the objective of coaching the children. The session started at 2pm, which is when the weather becomes a little cooler – i.e. very hot, rather than exceptionally hot. The Penguin coaches were assigned to age groups as follows: U9 – Vicky; U11 – Gary; U15 – Alan; U17 – Richard.

Vicky worked very hard with her group on fundamental movements within a rugby context and got rave reviews plus an invitation to do more coaching at the club – hopefully another trip! She also managed to pull in siblings from the side-lines and the inclusive nature and content of the session was very much appreciated.


Vicky worked very hard with her group on fundamental movements within a rugby context and got rave reviews

Penguin coach Gary commented that the U11s were a great bunch of boys. Gary's pre-work included understanding what the U11 team coaches wanted to work on – to up skills in coaching style. With receptive children and coaches the session was really productive. The children coped well with the heat (with regular water breaks). The session was game based with the focus on support, handling and depth. It was great to see the boys growing in confidence and ability, with some quite outstanding running lines.

Alan with the U15 and Richard's U17 sessions also went down well, providing opportunities for the coaches to engage and learn. The boys responded well to the sessions with Alan demonstrating coaching through games approach, with an emphasis on some of the more technical areas of the game, and Richard focusing more on plays from set-piece and breakdowns.

At the end of the two-hour session, all of the boys were presented with bags, t-shirts and balls from HSBC and Penguins and the general feeling was that it had been a very positive and rewarding experience. The parents who were able to stay around afterwards were very complimentary about the whole programme and experience, which was great to hear.



HSBC Penguin International Coaching Academy South-East Asia Tour Report. October 24th - November 10th, 2013

Not quite the fabled Englishman, Irishman, Scotsman and Welshman of '70s joke-telling folklore, however this year's South-East Asia Coaching Academy Tour numbered at times two Englishmen, two Australians and of course our own 'anything but token' Kiwi CEO in Craig Brown.

The trip kicked off in earnest at the Jagorawi Golf & Country Club, Jakarta, with the coaching of the Komodo Dragons U20s National Team and U20s Womens Team at various times of the morning which seemed to have come around very quickly since Rob Drinkwater & Tony Robinson arrived in Jakarta on Friday, 25th October. The sessions were well received by the players who loved the game-related content of the sessions. It was interesting to see the understanding of context and game requirements become affirmed in the players' minds, the more they played. There were some really interesting conversations with many of the ex-pat coaches looking forward to the IRB Level I course which was to be run at the Jakarta International School the next day.

The school was a wonderful state-of-the-art creation, with artificial pitch and facilities to die for - initially poor Steve Barber (our host for the week in Indonesia) seemed less than his normal unflappable self when, in order to satisfy the course requirements of projector and screen, we needed to change classroom three times in the first hour. This was of no matter once we saw the course cohort coaching. The participants were a wonderful eclectic mix of ex-pat parents, National U20 players and National U20 Womens players. We quickly learned that the side was made up mostly of the young ladies from the Mama Sayang orphanage, where we would be coaching on the following Friday. The girls had a great spirit and already were showing some talent for rugby coaching which boded well for the session at the end of our stay in Indonesia where the girls had agreed to assist with the coaching.

A wonderful eclectic mix



IRB Level I Course Participants

The rest of the week was punctuated with sessions at a number of international schools, including a great meeting of minds when Lee Adamson came face to face with Jamie Johnson, ex-Harlequin and Borough Road winger, who was now teaching and heading up the rugby at The British International School. After a little head scratching these 'likely lads' worked out that the last time they saw each other was when on tour with Middlesex County in Harare some 20-odd years earlier! What a great time to renew the friendship!

The hospitality of Fred Alloysius was very much to the fore during our stay, as was the free-flowing food and liquid refreshment on at least two separate occasions at one of Fred's establishments - The Fez Bar. He clearly is truly a huge supporter of Indonesian Rugby and I am glad to say we have the Rugby shirts to confirm this!

The week had many fantastic memories - however in speaking to both Lee and Rob, all three of us felt that the visit to the Mama Sayang Orphanage was one which none of us will ever forget.

We had asked Steve and co-host Pete Klestov (Australian Youth Ambassador), how many players we should anticipate and the answer we received was: '...not sure guys, but there are 120 at the orphanage'.

Sure enough everyone came out to see what these Penguin coaches were all about! We tried to split the kids into three groups, but, in honesty, I don't think anything that was said in Indonesian or English was really sinking in... the children were just SO excited.

Once Robbo's group were underway, I glanced over to notice that Rob had a larger number of players than he ought to and thought I would pop over and try to take some of the children off his hands to ease the issue. NO CHANCE! Every game practice or otherwise that Rob had learnt in his previous lives as an ARU Development Officer, RFU Talent Development Manager or even as a young teacher of Physical Education, were to be used in the total entertainment of these young children. This was so much so that Rob's 'Horses and Jockeys', by Rob's own admission - of no relevance to rugby whatsoever - became a staple for the rest of the trip! BRAVO Rob! Not bad for a National Governing Body General Manager! (As a footnote - I emailed Reverend Mike Hilliard that evening to thank him for sharing his family with us in a most exhilarating stay - according to Mike the kids had fun and were asking when we were going to visit again. BEAUTIFUL!)



After a weekend of 'R&R' in Singapore to cheer on the Penguins at the SCC Sevens, (thank you for the hospitality and full deluxe board at the home of Iain and Desiree Macleod - keepers of the biggest pool in Singapore!) we picked up our final member of the team (Iain 'Chook' Fowler) who had been coaching Cottesloe Rugby Club, Perth, at the SCC Sevens. Then - 'Onward and Upward' to our old friends and the old haunts of Penang. Great to be met at the airport by Colonel Charlie Wong who had a full three-day programme for us to follow.



Lee, Robbo & Charlie Wong in Penang

The players we coached had all been well instructed in rugby basics by their school teachers, many of whom had attended the last Penguins Level 1 run in Penang in 2006! It was really gratifying for Charlie to see all of his labours of the School's Development Programme coming to fruition after this lapse in time - we think he must have been quite proud, and rightly so.

The players of Penang had some really good skill sets, enjoyed contact and understood how the game of rugby needed to be played. They were very helpful in translating our English phrases and wanted to learn - Lee commented on how well the players grasped the main objectives of the session and Chook ran a fantastic line-out lifting session for over twenty players, with no hookers to throw in and just one ball! I must say the players were completely mesmerised by his coaching!

Penang was a whistle-stop visit and we are indebted to Charlie for making everything possible. Following a very quick turnaround at our final coaching assignment in Penang it was off to the airport for the last leg of the tour and back to the Penguin home in Malaysia - Petaling Jaya and the COBRA Club. No time to hang about as it was change into 'number ones' and down to meet Craig, John McKittrick and the playing squad for an evening of entertainment at the HSBC Building - Penthouse floor, where we were the honoured guests of our fantastic sponsors and in particular Jon Chivers (Head of Network & Network Support), who certainly knew how to entertain a group of young rugby players from across the globe.

Thursday was a rest day for shopping and general catching-up with laundry and admin. Friday was to be our last coaching assignment in Asia - a little sad really, as we split into pairs and coached the provincial squads from Charlie's National Schools Development Programme. Rob and Chook looked after the boys from Johor whilst Lee and Robbo coached the players from Kuala Terengganu (great, as this was the second Level 1 venue we delivered at in 2006). Rugby had clearly been embedded in the schools programme on the East coast.

We finished our sessions with a visit to St John's School in the centre of KL. Again, well-grounded players with a real love for the game but just looking for a regular coach. Since the departure of dear Hang - Penguin's liaison officer for more years than Brownie would care to mention, they are a talented group in need of someone to guide them. Any volunteers? The Nasi Goreng and fried egg tea went down a treat - many thanks to the St John's PTA who took time out from arranging the School's 110th Anniversary to entertain us once again.

**Well-grounded players
with a real love of the game
but just looking for a coach**



As he put so much work into collating the data, the last word on our coaching should go to Lee - 'According to my calculations we coached 20 schools, 2 schools provincial teams, one club team across all ages, Indonesia National 7s team, National 20s womens & mens and an orphanage. Total number of players coached was 841, plus the 27 coaches on the IRB level 1 which gives an accurate figure of 868 in terms of numbers coached'.

The trip was a great experience for the coaching team with new friendships forged and old friendships renewed - the warmth of the COBRA Club, especially TJ in assisting us to celebrate Lee's Birthday, on every evening from arrival in Penang and in any new establishment where he hadn't celebrated it before, was most appreciated.

Charlie provided his usual clockwork logistics and we have just heard the great news from Steve Barber that Indonesian Rugby has now been granted full IRB Member status! Thanks to all who helped make this happen. Thanks to all Penguin Academy coaches. Thank you Brownie and the HSBC Penguins. Thank you HSBC and thanks very much for rugby - truly a global game!



HSBC Penuin International Coaching Academy Session, Alabang Eagles RFC, Philippines. 21st March, 2014

Another milestone was achieved by the HSBC Penuin International Coaching Academy (the Academy Coaches on this trip were Deano Herewini and Craig Brown) with the first-ever visit to the Philippines. Thanks to Nikki at the Philippines RFU for assisting in setting up the session. The coaches undertook a 70 minute journey out of Manila to Alabang, where the development of rugby is growing with today's future rugby stars from the SOS & Alabang Eagles RFC. All involved showed how passionate the locals are for the the sport in this country.



Craig and Deano took a vibrant and excited group of local Philippine children from the SOS charity. The ages ranged from 9 to 17 years with equal numbers of boys and girls. Most of the children were new to rugby with many only one month into their rugby careers! They were still learning the basics, but after a variety of drills, skills and games delivered by the Coaches these kids just wanted more and more.

Coach Herewini confirmed that the skill levels and game understanding from the ladies was right up there



The session concentrated on passing skills and defence and attacking alignments. After several drills the session ended up with two games of touch (with lineouts).

A fantastic time was had by all with the Penguin coaches noting some excellent running and evasion skills on display by some of the players. They can only improve and the Penguin International Coaching Academy looks forward to returning to assist the development in the future. The Philippines' National Men's XV's is playing in the top tier in the Asian 5 Nations Competition and we are sure some of today's child stars will also become National players in years to come.



HSBC PENGUIN INTERNATIONAL PLAYING NEWS

HSBC Penguins at the Singapore Cricket Club 7s Singapore, 29th October - 4th November 2013

The HSBC Penguins arrived into Singapore for the fourth consecutive year to have a crack at winning the coveted Ablitt Cup for a second time. The selection for this tournament included five players from England, five from New Zealand and two from Australia. John McKittrick from New Zealand was joined by Hugh Campbell from Scotland to form an experienced coaching team and the line-up was complete for an exciting week ahead. Team manager and Penguins CEO Craig Brown thought that the team had an exciting look, including, as it did, a number of players who had international sevens experience.



The four England 7s boys brought great attitude and experience to the team

The team prepared well with three training runs and had plenty of down time to rest and have a look at some of the sites of Singapore. The team attended two functions during the week so thanks to Kenny Moyes, Brad Ridge and Iain McLeod who hosted the Tigt 5 Penguin Dinner and Brendan and Alexy Plessis who hosted the Mascot Dinner. Both functions were well organised, a privilege to attend and enjoyed by all (rumour has it Bill Calcraft's hotel room was visited on more than one occasion and allegedly something happened to the contents of his mini bar – this is still a mystery!).

After the days of travel and preparation the team was looking forward to getting onto the field. Penguins were drawn in pool E, which meant our games would be at the back of the grouping - so last game Friday night, last game of round two and last game Saturday night.

Although confident that we had a very useful squad, there is always a bit of uncertainty about how they will gel once they hit the field in competition. Having the opportunity to see the opposition play first was an advantage and both coaches agreed the French would provide the biggest challenge in our pool. As it transpired the group came together well, developing the game strategy and producing some quality sevens play. As a result we progressed comfortably as group winners. Highlights include a great second half display to beat Palmyra after being tied 7-all at half time (result 31-7) and Marcus Watson's hat trick against the French U20 side.



Back row: Craig Brown (Manager), John McKittrick (Coach, North Harbour 7s & B, USA 7s and Cook Is coach), Callum Wilson (Loughborough Students, England 7s), Harry Bergelin (Manly, Aus 7s trails), Rory Grice (Otorohonga, Waikato age groups, 7s & XVs, NZ 7s, NZU20), Alex Gray (London Irish, England U16, 18, 20, 7s), Nick Haining (Cottesloe, Western Force), Robert Malneek (Nelson, Tasman 7s & XVs, Crusaders Dev), Kieron Fonotia (New Brighton, Tasman 7s & XVs, Crusaders Dev), Hugh Campbell (Glasgow, Edinburgh & Scotland coach), David Townsend (Senior Vice President PIRFC)
Front row: Muzzy (SCC Liaison Officer), Mitchell Scott (Nelson, Tasman 7s & XVs, Crusader Dev, NZ U20), Daniel Caprice - Captain (Saracens, London Welsh, Biarritz, Northland, Eng 7s), Nepia Fox-Matamua (Nth Harbour Marist, Auckland, Nth Harbour, Blues Dev), Marcus Watson (London Irish, England U16, 18, 20, 7s), Sam Edgerley - Vice Captain (London Irish, Eng U16, 18, 20, 7s), Sue Olovsson (Masseur). Absent: Joy Walter (Physio)



The last 16 match-up was against a powerful Western Province Institute team who were a typically physical, skilful South African side but no match for a Penguins squad playing great sevens rugby in both attack and defence. Credit to all Penguin players who used the width, moved the ball from contact well, always looked to attack space and defended superbly. Final score was 40-14.

The quarter-final transpired to be our toughest game on route to the final. Northland were a very well organised and committed team who just never gave up. There were a few questionable refereeing decisions which both teams could have grounds to dispute however we were extremely fortunate to benefit from a couple of touch judge interventions in the dying seconds of the match which allowed us to progress to the final. The Penguins held a slender 14-12 lead at half time only for Northland to score from the restart and lead 17-14 for the majority of the second half. With time almost up, the fast improving England 7s squad member Alex Gray touched down and with the conversion the Penguins progressed to their fourth consecutive SCC 7s semi-final. Final score 21-17. Unfortunately for the Penguins they lost their standout captain Dan Caprice to a broken ankle midway through the second spell and his tournament was over. Thanks to all the medical staff who helped out to get Dan sorted.

Harry Bergelin scored a hat trick and had a fantastic game against the men from Western Province



Harry Bergelin - centre of attention for the opposition and scorer of three tries

The semi-final opponents were Sunnybank from Brisbane. Sunnybank was a well drilled, competitive and competent team but the Penguin defensive pressure produced a 17-7 lead at half time. In the second half it was more of the same from the Penguins and superior speed and great defence got the Penguins into their 2nd SCC 7s Final with a polished sevens performance 36-14.

So to the final - The AP Dragons had cruised through to the tournament with some outstanding displays of powerful athletic rugby and the final proved to be no exception. With the scores locked at 5-all after the first five minutes the Penguins looked to be in the game but the brilliance of the

Dragons proved too much in the end and by depriving the Penguins of possession they ran out easy winners 43-5. In what is very hard tournament over the three days the Penguins could not repeat their winning feat of 2010 - but overall a very satisfying week. All were disappointed to lose the final but the AP Dragons were a class outfit and deserved their victory.

We all felt for Dan following his ankle break but he was in very good hands and had the required surgery with 7 hours. He should be back up running within three months.

A great week and thanks to John and Hugh for getting the team to fire on all cylinders, Dan and Sam who lead the side, Muzzy our Liaison Officer who was fantastic, Sue who kept everyone feeling fresh, Joy who fixed the sore bits and of course to the Club members and supporters who are always welcome and a key ingredient to the success of every tour. And thanks, too, to Marc, Andy and the team at the Singapore Cricket Club for putting on another great show – the rain gods did not appear as much as last year which was pleasing. Now to next year!

Results: Pool E - HSBC Penguins 31-7 Palmyra (AUS); HSBC Penguins 40-5 East Amhen (AUS); HSBC Penguins 36-5 France U20.

Last 16 - HSBC Penguins 40-14 Western Province Institute (RSA). Quarter-final: HSBC Penguins 21-17 Northland (NZ). Semi-final: HSBC Penguins 36-14 Sunnybank (AUS). Final: HSBC Penguins 5-43 Asia Pacific Dragons.

Points Scored: Marcus Watson - 8 tries, 22 conversions. Sam Edgerley - 7 tries. Dan Caprice - 5 tries. Alex Gray - 3 tries. Robbie Malneek, Harry Bergelin, Kieran Fonotia & Mitch Scott - 2 tries. Rory Grice & Nepia Fox-Matamua - 1 try. Points for 209, against 105 (12 tries, 10 conversions)



HSBC Penguins at the HSBC COBRA 10s 4th - 12th November 2013

There was no rush on Monday morning after the SCC 7s Tournament had drawn to a close. The team was heading off to Johor in Malaysia which was an hour away - so no need to get up too early! We said goodbye to Sam, Marcus, Dan and Harry and welcomed Will, James, Jeff, Ray, Ropate and Kaide into the team. Our next mission was the HSBC COBRA 10s to be played in Kuala Lumpur the following weekend. Our next port of call was Johor Bahru, the capital of the southern state of Malaysia, Johor:



Coach John McKittrick in the stands

John McKittrick, Hugh Campbell, Craig Brown and Sue Olovsson rolled over from the SCC tournament and were joined by physio Marc Daniel and Liaison Officer Malik to complete the Coaching/Management line up.

In terms of nationalities represented, the team consisted of one Australian, four Englishmen, one Fijian and eight New Zealanders. Activities lined up for Johor included training runs as part of the preparation for the HSBC COBRA 10s, coaching local school boys, a warm up match against local teams and of course a chance to experience Malaysia and for most for the first time. The Johor Rugby Union were our hosts and looked after us in a fantastic way. Local rugby player and coach Hazmin was assigned to look after us and he did a great job. Everything was organised and we had a great time.

Coaches McKittrick and Campbell moved the team from 7s play to 10s with a couple of sharp training runs. The focus from getting the ball to do the work in 7s to more of a confrontation approach was right for the HSBC COBRA 10s. Captain Kieron was also involved in setting the strategy and worked well with the coaches in setting the style of play and how this would be executed.

Coaches McKittrick and Campbell moved the team from 7s to 10s mode with a couple of sharp training runs

The practise match against the local teams unfortunately had to be cancelled due to lightning and heavy rain. The field went from relatively dry to a few inches of water in ten minutes - welcome to the rainy season! This was disappointing as both the HSBC Penguins and the opposition were looking forward to the match. It had been agreed that the three local teams would get ten minutes each against the Penguins so as many players as possible could get a run. The rain forced a rethink of the schedule so a training run was scheduled for Wednesday morning before the team left Johor for Kuala Lumpur.

After training on Wednesday morning, all were checked out of the hotel and waiting for the bus at 11am. On the bus and a five hour run to Kuala Lumpur depending on traffic. Lunch and plenty of water was loaded onto the bus so the team had a few quite hours ahead of them.

We arrived in Kuala Lumpur and checked into the tournament hotel. Not too much spare time as we were expected at HSBC HQ for the Kuala Lumpur welcome function as hosted by CEO Mukhtar Hussain and organised by Jon Chivers. The HSBC function in KL is always eagerly anticipated for a number of reasons but most of all because of the great people we meet at the bank. HSBC are long time partners of the Penguins and we share similar outlooks and goals and have shared some memorable moments and achievements.



Thursday dawned hot and sunny and with two training runs planned the team had a lot of work to get through. The build-up continued from Johor with emphasis on team tactics, style of play and defensive line ups. Some of the players struggled a little in the heat but they were slowly getting used to it.

By the time Saturday morning arrived the team was eager to get on the field and the draw handed us a very early start - on the bus at 7am. No problem, let's get going as we would be home early! We were in Pool B with a local team NS Wanderers, who we had played a number of times before and had some close matches, the debut team from Cambodia and also debuting, Auckland Fiji.

The first two matches went to plan with the superior fitness and skills of the HSBC Penguins allowing comfortable victories, although both opponents did have possession for periods of time and did make the Penguin defence work hard. The third game against Auckland Fiji was a closer affair with good defence from both sides. No rain on day one which was a pleasant occurrence! All of the HSBC Penguin players put in a good days work with all starting at least one match and the rolling subs format allowing all to have good match time. Stand outs of day one were Will Whetton, who scored in each match and had a huge defensive outing against Auckland Fiji. Rory Grice and skipper Kieran Fonotia also chimed in with solid efforts and Jeff Williams always caused defences problems with his fierce pace.

The draw allowed the HSBC Penguins a slight sleep-in as we were drawn in the last cup quarter final - the last match before the 'Olympic style' march past. During the march past the HSBC Penguin team threw more than 50 HSBC Penguin t-shirts, polo shirts, hats and badges into the public area – it was great to see some of these being worn in down town KL on Monday!

The Penguin defence was made to work hard but held firm. Also a nice surprise with no rain on day one



Lineout action in Malaysia

Key to the victory over our quarter final opponents, Casuarina Cougars, was the work rate of the big men. The Cougars defended well but being smaller up front lead to gaps eventually opening up which the Penguin exploited to secure a 27-7 victory.

Next up was a semi-final show down with our old friends, COBRA. We have had many close tussles over the years and this was no different. About half way through the heavens opened and this changed the complexion of the match. COBRA were stretched to win their quarter final against Northlink from South Africa holding on 7-5. Jeff Williams opened the scoring for the Penguins with a try that highlighted his blistering pace. The Penguins kept on the pressure but right on the break a dropped ball saw COBRA score out wide to tie the scores 5-all the break. COBRA kicked a drop goal to open the scoring in the second spell but try as they may in the remaining eight minutes the Penguins were unable to nab the necessary points to peg back COBRA's 8-5 advantage. Alex Gray crossed for a try with a couple of minutes remaining only to be pulled back by the referee who disallowed it.

2013 was not to be our year - but from a HSBC Penguins perspective it is always good to be in KL with our COBRA friends.



John and Hugh did a great job in getting the team sorted with help from Kieron and Alex. Thanks to our Liaison Officer Malik who was presented with his Penguin jersey, Sue for her tireless work, Marc for his ability to get the sore bits working again and our supporters including the Chivers family and the HSBC Penguin Coaching Academy coaches (Robbo, Lee - birthday boy, Chook and Rob). At the end of the day all HSBC Penguins had a great trip, we played some great rugby, everybody met new mates and we had some great experiences - many thanks to COBRA for putting on another great show... till next year!



Team: Coaches: John McKittrick (Nth Harbour 7s & B, USA 7s and Cook Is coach) and Hugh Campbell (Glasgow, Edinburgh & Scotland coach). Manager: Craig Brown, Physio: Marc Daniel, Masseur: Sue Olovsson, Liaison Officer: Malik Kieron Fonotia (Captain - New Brighton, Tasman 7s & XV's, Crusaders Dev), Alex Gray (Vice Captain - London Irish, England U16, 18, 20, 7s), Nepia Fox-Matamua (Nth Harbour Marist, Auckland, Nth Harbour, Blues Dev), Nick Haining (Cottesloe, Western Force), Rory Grice (Otorohonga, Waikato age groups, 7s & XV's, NZ 7s, NZU20), Robert Malneek (Nelson, Tasman 7s & XV's, Crusaders Dev), Callum Wilson (Loughborough Students, England 7s), Mitchell Scott (Nelson, Tasman 7s & XV's, Crusader Dev, NZ U20), Ray Niuia (Massey, North Harbour, Blues U18, NZ U17), Ropate Rinakama (Silverdale, North Harbour, Fiji U18), James Lightfoot-Brown (England U18, 7s), Jeff Williams (Varsity Old Boys, KZN Sharks U19, 21, England 7s), Will Whetton (Mid Northern, Northland NZ 7s trials), Kaide Whiting (Waimea OB, Tasman)

Results: Pool B: HSBC Penguins 45-0 NS Wanderers (AUS); HSBC Penguins 85-0 Cambodia (AUS); HSBC Penguins 17-7 Auckland Fiji.

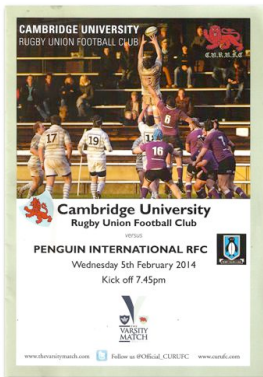
Quarter-final: HSBC Penguins 27-7 Casuarina Cougars (AUS). Semi-final: HSBC Penguins 5-8 COBRA (MAS).

Points Scored: Jeff Williams - 5T, 2C; James Lightfoot-Brown - 3T, 10C; Will Whetton - 4T; Nick Haining - 3T; Rory Grice - 2T, 1C; Alex Gray, Ropate Rinakama, Mitchell Scott - 2T; Kaide Whiting - 1T, 3C; Kieran Fonotia - 1T, 1C; Nepia Fox-Matamua, Robbie Malneek, Ray Niuia, Callum Wilson - 1T.

Points for 179, against 22.



HSBC Penguins v Cambridge University RUFC 5th February, 2014



On a cold night at Grange Road, it was the University side that left their supporters the warmer as they secured their first win of 2014, with an impressive win over the Penguins. The students showed their intentions early on when they spun the ball wide and scored a well deserved try from wing Richard Cha who crashed over in the corner. However the Penguins soon hit back and playing in the expansive style for which they are world renowned, replying with a well executed try from wing Peter Homan, which was converted by fly-half Howard Graham. However this proved to be the invitational side's only points of the match as Cambridge played controlled, aggressive and positive rugby, which had been very much lacking in their defeat in the 2013 Varsity Match last December. The students added two further tries before the interval from tight head prop Sam Alderson and full-back Toby May, both of which the latter converted to make the score at the break 19-7 in favour of the home team.

The second half saw both teams utilize their bench, which did not aid to the fluidity of the game. Cambridge managed to add just one more try to their tally in the second half when replacement hooker Rupert Cowan barged over from close range to make the final score 24-7.

HSBC Penguins Squad: 1 Daniel Moussa (Watsonians), 2 Ted Stagg (London Scottish), 3 Lewis Thiede (London Scottish), 4 Danny Wright (Coventry), 5 Jon Phillips (Albanians), 6 Michael Rickner * (OURFC), 7 Dave O'Brien * (Richmond), 8 Jack Clifford (Harlequins), 9 Robbie Shaw # (London Scottish), 10 Howard Graham - Captain (Harlequins), 11 Peter Homan (London Scottish), 12 Tom Clark (Kew Occasionals), 13 Dante Mama (London Scottish), 14 Ollie Denton (Richmond), 15 Martin Nutt (Henley), 16 Matt Price (Coventry), 17 Dan Collins (Kew Occasionals), 18 Flynn Sager (Rosslyn Park), 19 Sam Moorby (Richmond), 20 Will Peberdy (HSBC), 21 Louis Grimoldby (Harlequins), 22 Tom Shaw (Richmond), 23 Tim Ryan (Coventry). *Denotes Oxbridge Blue #Denotes International

HSBC Penguins v Oxford University RFC 26th February, 2014

Wednesday night was blessed with some good weather for a change and the Blues and Penguins provided a feast of running rugby for the enthusiastic crowd at Iffley Road. The Blues came out of the blocks at break-neck speed and were 21 points ahead in the same number of minutes with three converted tries. First to cross was second row James Bloxham, next to go over was scrum-half Matt Shorthose. Taylor was successful with the extras. To finish off a fine quarter for the Blues, the referee awarded a penalty try to Oxford, much to the delight of their front row trio! Taylor once again kicked the conversion.

The Penguins were looking a little shell-shocked at this stage but the next quarter belonged to them as they levelled the scores at the interval with three converted tries of their own. Wing Rhys Crane was first to go over following a quick tap penalty, then flanker Mike Denbee who enjoyed an industrious first half for the visitors scored two fines tries, all three converted by the impressive Penguins fly-half Andy Hall.

The second half promised much of the same, both coaches made numerous changes to their starting XV's at the break, but it was the visitors bench that proved to have more depth as they scored four more tries in the second half - the pick being a brace from wing Joe Ajuwa who showed impressive pace and power to leave defenders clutching at thin air or lying in his wake. Andy Hall who kicked well off the tee all night converted three of the four to end with a personal haul of 12 points and make the Penguins final tally 47. The Blues young bench players were rewarded when the referee once again headed under the posts to award the home side a second penalty try, duly converted by Taylor. This made the final score 47 points to 28 in favour of the Invitational side and saw their Captain Doug Abbott lift the Alan Wright Trophy for the third year in succession for the Penguins.



HSBC Penguins GFI HKFC Tens Hong Kong Tour 23rd to 30th March, 2014



Varasiko Duisokosoko stepping left

It was that time of year again and planning for the Hong Kong trip was in full swing. Problem one - the Australian Rugby Union introduced a new competition which brought forward all club rugby with a date clash so no Australian players were available. Good news did follow though - a crack coaching team was selected with Sean Lineen, the former Scotland 12 and current Scotland U20 coach keen to be a Penguin again following his last outing in 1990 and Craig Degoldi was good to go following his last Penguin playing appearance in 2009. On top of this local HK fitness hard man Roddy Mac was also included in the mix as the team's trainer.

Thanks also to Simon Amor from England 7s who released three players to join the squad.

Net result a very competitive unit with size and power across the team.

All arrived safely into Hong Kong and the team got down to the business of preparing for the Hong Kong Tens. First up was a visit to the Hong Kong Football Club Mini's Section prize giving. The Penguin players presented the awards for the U7 to U12 teams for best player of the year and most improved.

The entire squad was assembled by late Sunday night with the first training run Monday morning. The team had four training runs over two days - the last combined with running a coaching session for the Sandy Bay Minis. The Penguins have been coaching the Sandy Bay Minis for a number of years now and it is always an enjoyable few hours.



Rory Grice up the middle

Tournament day one duly arrived with an interesting mix of games. First up was a local composite side, the Hong Kong Lions made up of local promising players. Second was the Irish Vikings complete with King Penguin Andy Douglas in the line-up (Andy was making his 18th straight appearance at the HK Tens – some effort that!). Last game of the day was against Hong Kong Scottish Exiles which included a number of Scotland 7s players in their ranks.

All of the team had strong performances on day one with skipper Willie Walker putting in some honest work, the other Willy, Hafu, in the thick of things, Afa having a number of battering-ram runs, Callum strong going forward and in defence and Johan turning up everywhere around the park. Unfortunately Josh injured his knee, Shayne pulled his hammy and Willy Hafu broke his arm – not ideal for day one but the show went on!



*Scott Scrafton leaping
like a Salmon*

Day two and a big quarter final against Samurai. In a very close tie, we showed great defence throughout, with only a moment of brilliance from England Sevens star Matt Turner piercing it, but despite having the better of the game with the lion's share of territory and possession we could not find the one opportunity in the second half to breach the Samurai line. So that was that, we had lost 5-7 and went to the plate competition - very disappointing for all concerned.

The coaches did well to get the team back up for the semi-final against the Murray Mexted led IRANZ team. The game was close but the Penguins always had the edge and led from start to finish, this was probably the team's most complete performance. We knew we were up against a strong and well drilled IRANZ side who had already won the Manila Tens. The Penguins started well playing smart rugby by pinning the IRANZ team in their own half and forcing them to run it. The team played well with real conviction and a strong team performance led by Rory Grice and Johan Bardoul up front. Willie Walker controlled the tempo of the game well and with X factor players Vara Duasokosoko and Afa Faatau always wanting the ball, this was a game to be very satisfied with.



Mark Odejobi breaks clear



The plate final against Borneo Eagles from Sandakan was going to be another close encounter. Again the boys showed tremendous heart and fought to the end. A couple of lapses in defence cost us but Borneo were a quality outfit. The final score of 17-19 reflects how close the game was and it could have gone either way - the Penguins missed a conversion to draw the match as the last play of the second half. A stunning try by Christian Lewis-Pratt put a seal on a memorable two days and rightly so his try was judged Try of the Tournament.

Results: Pool A - Penguins 43-0 Hong Kong Lions; Penguins 19-0 Irish Vikings; Penguins 26-7 Hong Kong Scottish Exiles. Quarter final: Penguins 5-7 Samurai (ENG); Plate Semi final: Penguins 26-19 IRANZ (NZL); Plate Final: Penguins 17-19 Borneo Eagles (MAS)

So, once the tournament was over the team moved to the second phase of the week with spectating at the Hong Kong 7s to look forward to as well helping at a charity function.

Late morning Friday and the team headed to the Jockey Club to help the Christina Nobel Charitable Foundation run the Ladies Long Lunch for 2014. This annual event attracts ladies from around the globe and raises significant sums of money for children in need in Mongolia and Vietnam. Seven of the players were nominated as models and put on a great show modelling Jack Wills gear. Our own Keith Wallace was the compere for the show and set the scene with a Maori love song! Some of the boys put on other great performances, and there was near riot conditions from the 260 plus ladies when the team had to leave for the next function. The net result however was a phenomenal HK\$1.22m raised for the Charity, with the Penguins certainly doing their bit to help with the success (see page 17 for a copy of the Ladies' Long Lunch organising Committee's thankyou letter to the Club).

**HK\$1.2 million raised in three hours
for children in need
in Vietnam and Mongolia**



Post the Ladies' Long Lunch the Penguins headed to the infamous Grove party in mid levels. What a party - many thanks to Thea and John for hosting another magnificent function. Everything was perfect from the weather, to the food, to the company and of course the Flamenco dancers! John awarded the John Grove Award for the Best and Fairest Player to Johan Bardoul who had a great tournament.



Back row: Craig Brown (Manager), Callum Wilson (Loughborough University, England 7s), Andrew Kelly (Valley, Edinburgh, Scotland A), Rory Grice (Otorohanga, Waikato XV's & 7s, NZ U20, NZ 7s), Scott Scrafton (Grammar-Carlton, Auckland Dev, NZ U20), Afa Faatau (Oriental Rongotai, Wellington), Sam Aiono (Bombay, Counties-Manukau), Johan Bardoul (Mt Maunganui, Waikato, Bay of Plenty, Chiefs Dev), Sam Franklin (Linwood, Auckland 7s, Canterbury 7s, Junior Warriors), Darrel Dyer (Amphill, Northampton, England 7s training squad), Craig Degoldi (Coach - Auckland, NZ 7s), Sean Lineen (Coach - Boroughmuir, Scotland)

Front row: Marc Daniel (Physio), Rod McIntosh (Trainer), Christian Lewis-Pratt (Leeds Carnegie, Northampton, Wales U16 & 18, England 7s), Varasiko Duisokosoko (Suburbs, Auckland 7s), Willie Walker (Captain - Nth Harbour, Highlanders, Worcester, NZ Maori), Willy Hafu (Belenense, Moseley, NZ U19, Tonga), Shayne Anderson (Hamilton Marist, Canterbury Dev, Crusaders), Josh Fawcett (Waikato University, Waikato age groups), Mark Odejobi (Esher, Wasps, England U16, 18, 20, 7s), Sue Olovsson (Masseur), **Inset:** Keith Wallace (Manager)



PENGUIN INTERNATIONAL RFC NEWS

Penguin International RFC Celebrate their 55th Anniversary in style on Friday, 9th May at The Dorchester in Park Lane, London

The Club's long-awaited 55th Anniversary Dinner & Grand Reunion took place at The Dorchester on a mild Spring night in London on Friday, 9th May. Over 350 members and guests were present to enjoy fine food and wine and witness excellent speeches by PIRFC Founder and Life President Alan Wright, RFU President Bob Reeves, PIRFC CEO Craig Brown and International Rugby legends Fergus Slattery and Rob Wainwright.



During the course of the evening three special presentations were made. The Rugby Football Union presented Alan Wright with an England Red Rose plaque, the inscription on which read: *Presented to Alan Wright by Bob Reeves, RFU President, In recognition of his lifelong contribution to English Rugby, May 2014.*



John Grove - only the fourth person ever to have been presented with a Silver Penguin

John Zimnoch also presented Alan with a fine wire blazer badge on behalf of the Club's Vets section, the King Penguins. Then, a little later in the evening, John Grove, one of the Penguins' greatest supporters, was presented with a magnificent Silver Penguin statuette by Alan Wright on behalf of the Club - an honour only bestowed three times before (to Club founders Tony Mason and Alan Wright and to Club CEO and most-capped Penguins player, Craig Brown).

Judging by the fantastic compliments made by the guests it was a wonderful and memorable evening and very special thanks must go to PIRFC Senior Vice President David Townsend for having organised the dinner so efficiently and so well. Thanks are also due to Senior Vice President Vincent Bramhall, Life President Alan Wright, Info Secretary Dick Tyson and Vice President Tony Carpenter for assisting David to deliver such a special event.



Among the guests on the night - Top row: Rob Wainwright (Dundee HSFP, London Scottish FC, Glasgow Warriors, West Hartlepool RFC, Cambridge University RUFC, Army Rugby Union, Scotland and the British & Irish Lions); Bob Reeves (President, Rugby Football Union); Pat Fitzgerald (President, Irish Rugby Football Union); Donald MacLeod (President, Scottish Rugby Football Union); Fergus Slattery (UC Dublin, Blackrock College, Ireland, British & Irish Lions, HSBC Lions Legends XV); Tony Rodgers (Director of Rugby, Cambridge University RUFC).
Bottom row: Derek Morgan (Past President, Rugby Football Union, Newbridge RFC and England); Matthew Stockdale (Past Captain, Kowloon RFC, Director, Tsunami Sport Ltd.); Lord Butler of Brockwell KG GCB CVO (Past President, Oxford University RFC); Andrew Chambers (Bedford RFC, Hong Kong FC, Founder & Director, Tsunami Sports Ltd.); Dudley Wood (Past Secretary, Rugby Football Union, Streatham-Croydon RFC, Bedford RFC, Rosslyn Park FC); Tim Fagg (President, Kent County Rugby Union, Kent Society of Referees).



Derek Morgan features in the RFU's Spring TouchLines Magazine

Derek Morgan, Past President of the Rugby Football Union, Honorary Vice President of the Penguins and an honoured guest at our 55th Anniversary Dinner & Grand Reunion in May (see previous page) has recently been the subject of an interesting article in the April edition of the RFU's TouchLine Magazine. Derek has given a lot to the game, and we thought it may be of interest to reproduce the article here.

MORGAN MAKES A DIFFERENCE FOR ENGLAND RUGBY

MIKE STANTON

"Morgan, we don't mind you playing with us. But when are you going to talk like us?" Derek Morgan laughs remembering England prop and former RFU President Ron Jacobs' words in the Murrayfield changing rooms before England went on to win the Triple Crowns in 1960.

Derek's Welsh upbringing is still clear in his accent but he has had a huge influence on English rugby. He recently stepped down as Students RFU President after a decade's service. Born in Monmouth, he went to Lewis School, Pengam, before studying at Durham University. After two years playing for Welsh Secondary Schools, he captained both Durham University and English Universities, his first foray in the white jersey against Wales. "It was marvellous", he grins. "We won!"

A robust and talented number 8, Derek played for Newbridge, Medicals Newcastle, UAU, Percy Park, Northumberland, The Penguins, The Barbarians and England, captained the first six and was pack leader for the Baa-Baa and England. Having played for the Universities Athletic Union (UAU), now known as BUCS, he assisted Wales and British Lions prop John Robins in running the first ever coaching course in England in 1963.

Retirement from playing due to a knee injury saw him involved in rugby administration and when the RFU formed a Higher Education Panel in 1973 bringing together London University, the UAU, British Colleges and British Polytechnics, Derek represented the UAU, later becoming UAU chairman for 26 years. In 1976 he joined the England selectors for a decade, as well as being England manager and leading tours to Argentina, South Africa and New Zealand in the 1980s. In 1976 he also became the Student Union representative on the RFU Council and was RFU President in 2002, still being the Student Union's Hon Treasurer until 2013.

A dentist, Derek lives in Northumberland with his wife Ruth who has been a tremendous support even, as a fellow dentist, covering for him during his rugby related absences. And Derek plans to maintain an interest. "I am a trustee of the Students RFU," he says. "I watch

on Saturdays at Twickenham, or my college or club sides, Durham University, Newcastle University, BUCS championship matches.

Of his lifetime's rugby involvement, he says, "It all happened in June 1976.

Ten days after becoming the RFU's students representative I was asked to be an England Selector. Those ten days changed my life".

England players whose careers have been shaped in some way by Derek Morgan include the likes of Will Carling, Rob Andrew, Stuart Barnes, Nigel Melville, Mark Bailey and Brian Moore, all in his England universities teams, and Phil De Glanville, Jonathon Webb, Sir Clive Woodward and Will Greenwood.

"I have loved seeing young people grow in stature in the game," he says. "I remember watching Brian Moore when he was 18 and thinking I want that guy in the England Students team. Same with Clive Woodward, half of that era of England players came through the university teams.

"We need to get young people not only playing but into coaching, refereeing, administrating, then we will have done a good service not only to student rugby but to the game as a whole. Being involved has been great. Hard work at times, some disappointments inevitably, but overall immense fun."

The game owes Derek, and Ruth, a huge debt of gratitude. In Derek's opinion, however, "Thanks aren't needed, I was enjoying myself" He points to his photo alongside other former RFU Presidents. "That is where enjoyment and student rugby took me".





The Story of our great friends - the

Combined Old Boys Rugby Association.

Our Special Relationship with COBRA in Kuala Lumpur, Malaysia, by Craig Brown with input from Gary Henderson, David Townsend and Lynn Evans



COBRA 10s 1994. Naza is front right - our liaison officer

It was 1993 and the RFU has been invited to send a team to Malaysia to the COBRA Tens. The secretary of the RFU rang Tony Mason and asked if the Penguins would like to represent England, and the rest, as they say, is history.

Tony selected 13 players and the day duly arrived for the squad to assemble at Heathrow for the Malaysia Airlines flight to Kuala Lumpur. Tony picked a team with a couple of old heads, some young faces, and some raw power. That first team was captained and coached by David Pickering (former Wales captain and current WRU Chairman). It was February

and the team was heading to the tropics - forecast for fine weather and 35 deg C! Upon arrival the team was met by COBRA stalwart, and our liaison officer, Captain Din. Din gave us a briefing on Malaysian protocol and took us to the tournament hotel, *The Crown Princess*.

The next day was Friday and the team had one training run - it was hot! David Pickering put the team through its paces, but it was a bit of the unknown as none had played Tens before and we had all met for the first time at the airport on Wednesday night. Din later confessed that the tournament liaison officers did not fancy the Penguins chances because we had not played together before, or played Tens at all.

Anyway, the team went on to record a famous tournament victory and the special relationship with the men and women from the COBRA club began.

During the 1990s the Penguins played in the COBRA 10s on four occasions with two wins and also Penguin Craig Brown (who played in all four Penguin teams at the COBRA 10s during this time period), was invited as a guest player for COBRA in 1997.

David Townsend recounts:

"My first experience of the COBRA 10s was in 1996. I had got to know the Penguins at the HK Sevens in 1987 and 1988 and on their tour of the Far East in 1992. In 1996 I was working in Singapore and my wife and I decided to go and support the team in KL. As part of that trip discussion took place about a new sponsor for the Penguins (HSBC as it turned out) hence one of the reasons for our affection for the COBRA 10s - you could say it was the facilitator!

"Post 1996 I had many happy return visits to the COBRA Club and the world famous COBRA 10s with admittedly some lows. In 1996 we were beset with injuries and could not do ourselves justice, and, of course there was the disappointment of losing in the semi-final to Ponsonby's infamous "penalty try" some years later. But such things pale into insignificance against the victories in 2006 and indeed, back-to-back victories in 2010 and 2011. Also there was the great backdrop of the warm welcome and long-term friendship of all the Senior Officials of Cobra Club, with a special mention from me for Tommy Pereira and KT.

"On a final note there is nothing quite like taking the coach to the COBRA 10s stadium flanked by a Malaysian Police escort!"



A photo from 1993 from the Penguins match against Malaysia. COBRA men from left: Bob, Hang Kek Kang, Yeoh Cheang Swi, Wong Kow Tim (affectionately know as slippery Wong) and Kim Fatt



Neil Young coaches local ladies

As the Penguin/COBRA relationship developed, and lifelong friendships were established and strengthened, discussions turned to how the Penguins could partner with COBRA to help the development and sustainability of rugby in Malaysia. COBRA was in the process of setting up the COBRA Rugby Development Programme with IJM as the initial sponsor starting in 2004 with CIMB assuming the title role sponsor in 2005 (thanks to Dato' Mohd Shukri for CIMB's long running support of the initiative).

Initial discussions with Charlie Wong and Tommy Pereira centred on the Penguins joining with the COBRA Rugby Development Programme to run coaching clinics in schools around Malaysia to up skill the players. The Penguins had the vehicle to undertake this - the HSBC Penguin Coaching Academy. As the discussions gathered momentum it was decided a better approach would be to up skill the coaching ability in Malaysia such that the schools had qualified, skilled and confident rugby coaches who could coach their players week in week out.

Recollections from Gary Henderson:

“Over the last six years, I have been fortunate to visit Malaysia with the Penguins to deliver coach education and coach development on a number of occasions. When we first started, we delivered a Penguin Level 1 and 2 course to coaches and school teachers, but quickly we were able to establish a partnership with the International Rugby Board to deliver their qualifications and awards in Malaysia.

The enthusiasm and love of the game from our COBRA partners helped create a real shift in the coaching style in Malaysia



“We have delivered courses in many varied places, stretching from Alor Starr in the North, to numerous venues in Kuala Lumpur; (including the renowned COBRA club, and the Royal Malaysian Air Force base), Sandakan in Borneo in the east and Malacca in the South.

“Well over eight hundred coaches and teachers have been qualified through the support of Penguins in cooperation with COBRA, and

this has led to ten times the number of players being introduced to the game.

“The quality of the Penguin Trainers and Coach Educators and the enthusiasm of our COBRA partners in arranging all aspects of the courses has led to a real shift in coaching style in Malaysia, away from the more didactic, to one in which rugby is introduced in an enjoyable, game sense manner, which remains safe to participants. This was so evident by the fact that despite soaring temperatures, the coaches and teachers still wished to continue playing the games they had recently learnt, how to introduce and coach long after the days educational activities had finished.

“The people of COBRA are world-class and every rugby person should try to plan at least one trip to meet the COBRA people at some stage in their life. It is the drive of people like Charlie Wong, Tommy Pereira and others which has really helped develop the game in Malaysia with tangible results.”

A model was agreed upon and the first academy tri to Kuala Lumpur was planned in February 2005 to run a week long level 1 coach education course.

Over the next few years the course was tailored to suit local conditions and content requirements, and eventually the partnership agreed to move to use the IRB courses. Inter-mixed with the formal courses, a number of Continuous Professional Development tutorial courses were run. These lasted from two to five days. These proved to be very useful as they provided a pathway with smaller steps as the local coaches moved from IRB level 1 to level 2.

Over the years the Penguin coaches with assistance from COBRA have educated over 750 Malaysians to at least IRB level 1 or equivalent, with the majority school teachers, but also including many players and other rugby enthusiasts. Significant benefits have been witnessed since 2005 with a significant rise in the standard of school boy rugby. The COBRA schools tournament is one example.

No overseas team has won this tournament as the top Malaysian schools are too strong. The Penguins have used over 30 coaches in their various trips to Malaysia with John McKittrick, Tony Robinson, Craig Brown, Gary Henderson and Lynn Evans the most frequent visitors.



Craig Brown and Tony Robinson seek shelter during a famous Malaysian tropical storm



The Penguins' good friends at COBRA include:



TJ and Charlie discussing the next coaching course - or perhaps that evening's activities!

Charlie Wong - a retired Colonel from the Malaysian army, Charlie has been the driving force behind the CIMB COBRA Rugby Development Programme since its inception. He has welcomed every Penguin coaching touring party and worked them hard both on and off the field! Charlie always has a smile and knows how to get things done.

Tommy Pereira - current President of COBRA and a man who is always interested in what you are up to. Tommy is a good man to know with many contacts and can recommend any type of restaurant you might desire.

Naza Bohoran - Din was the first ever COBRA man the Penguins met – our initial liaison officer in 1993, he knew where to find things. There is always a warm smile from Din when you meet him at COBRA. Rumour has it from 1993, that whilst 12 of the team were tucked up in bed, Din took our captain, David Pickering, out on the town on Saturday night..

Boon Hoon Chee - past president and an ace man on the guitar –

always the centre of the party when the guitar is required and always provides a warm welcome at COBRA. A knowledgeable rugby man, who has represented Malaysia on a number of occasions.

Tan Sri Krishnan Tan - past president of COBRA and a long-time friend of the Penguins. Always a useful man to have a chat to, as he knows how things work, especially when you need to get rugby involved somehow!

Rory Teng - House Captain Rory Teng has done a fabulous job in growing the COBRA Club. He always has a cold beer ready and is a star in the kitchen. You name it, he can cook it! Rory has been feeding Penguins for over a decade now!

TJ - an energetic character who has no off button! Always in the middle of the mischief and often known to lead the fun, TJ is a must visit on any trip to Malaysia. He is a bug buster by profession, so if you need any pests exterminated he is your man!

Kim Fatt - an early friend of the Penguins who still wants to know what the Club is up to. A handy man to know for directions around town as well. Lives up in Bukit Tinggi now which is a very interesting place to visit.

Busu - the original bar man at COBRA in Penguin times. A large man with a large smile and always a story to tell. Did wonders with keeping the refreshments flowing! Sadly no longer with us.

Hang - the go-to man and the Penguin liaison officer – knew everything about getting things sorted. Always a smile, always a solution. He was an integral part of the Penguins for about 10 years, and has joined Busu in the great COBRA club in the sky.



Charlie Wong taking a wee nap!



Fond memories from Lynn Evans:



Lynn Evans coaching on the beach at Cherating

“I am not certain of the number of visits I have done to COBRA but it must be near double figures. COBRA is an amazing rugby club that almost runs like a national organisation for Rugby.

“The most incredible man is Col. Charlie Wong, who has become a real friend over the years. He has put a massive amount of time and energy into his multi-faceted role at the club. He has been the driving force behind the coach education programme at the club and has always been available to help and support the Penguin coaches in any way in can. I look on him as a true friend.

“The challenge I found with COBRA was the ability to survive the nightly social programme and the never ending supply of jugs of ale. A man of my physical and chronological age found this a massive challenge! These sessions were conducted in the company of social leaders, namely one A Robinson and G Henderson, both formidable socialites.

“The coaching courses run by the club help to promote rugby in the schools by encouraging teachers to spread the rugby message. My most memorable trip was to the east side of Malaysia to Cherating accompanied by our COBRA hosts, where for the first time in my coaching career I worked on a Level I course on the most glorious white sandy beach I have seen. Clearing a monkey from the roof of my accommodation was also a first, but not before sampling a lager in the beachside swimming pool in the company of Craig Brown.

“COBRA has to be a world leader in the number of courses it has organised in an effort to spread the game of rugby in Malaysia, and to improve the quality of the coaches in the country.’



More action on the beach at Cherating

Penguins visits to Malaysia:

XVs tour - 1993

COBRA 10s - 1993, 1994, 1995, 1995, 2000, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012 and 2013

Year	Coach Education Venues	Player Development Venues
2005	Kuala Lumpur, Penang, Melaka and Kuala Terengganu	Kuala Lumpur and Selangor
2006	Kuala Lumpur x 2, Alor Star and Cherating	Kuala Lumpur and Selangor
2007	3 courses in Kuala Lumpur	Kuala Lumpur and Selangor
2008	2 courses in Kuala Lumpur	Penang, Kuala Lumpur and Sandakan
2009	Kuala Lumpur and Sandakan	Kulai, Kluang, Merlimau, Masjid Tanah, Seremban and Kuala Lumpur
2010	Kuching and 2 courses in Kuala Lumpur	Kota Tinggi, Pengerang, Mersing, Batu Pahat, Muar
2011	Kuala Lumpur	Mersing, Pekan, Kuantan, Termoloh and Kuala Lumpur
2012		Kota Bharu, Peng. , Kuala Krai , Petang , Pasir Mas and Selangor
2013		Penang, Butterworth, Kuala Lumpur and Selangor

In summary, COBRA is the Penguins second home. It is the place the Penguins have visited outside of the UK on more occasions than any other and we hope this will continue.



Sean Browne - Our special Man with the Flag in Hong Kong

A special mention for Sean Browne who joined the Penguin team in celebrating the win at the 2013 GFI HKFC Tens.

Sean took on the important role of flag bearer once the final whistle had gone. Sean join the team on the pitch post match, the supporters Penguin Dance and, of course, the Medal and Cup Presentations.

Penguin CEO Craig Brown said it was a pleasure to have Sean as part of the team and also to be the flag bearer (normally a senior player is entrusted with looking after the flag). The Penguins asked Sean if he would kindly keep the flag safe in Hong Kong until it was needed again. The picture shows Sean with the flag at his home in Hong Kong.

Penguin International RFC have now helped to raise over HK\$4.5 Million for the Christina Nobel Charitable Foundation in Hong Kong

After the 2014 GFI HKFC Tens in March the PIRFC squad headed to the Jockey Club in Hong Kong to help the Christina Nobel Charitable Foundation run the Ladies Long Lunch for 2014.

This annual event attracts ladies from around the globe and

raises significant sums of money for children in need in Mongolia and Vietnam. A phenomenal HK\$1.22M

HK\$4.5 million in 5 years – what an achievement



raised for the Charity on the day and a staggering HK\$4.5M has been raised since the Ladies Long Lunches first began. The Penguins have certainly done their bit to help with the success!

Thank you letter to the Penguin International RFC from the organisers of The Ladies Long Lunch



Mr. Craig Brown
Penguins International Rugby
11 Little St James St,
London,
SW1A 1DP

April 14, 2014

Re: Christina Nobel Children's Foundation Hong Kong Rugby 7s Ladies Long Lunch 2014

A massive thank you to Craig Brown and the Penguin International rugby team and support staff for an incredible 5 consecutive years of support for the Christina Nobel Children's Foundation Hong Kong Rugby 7s Ladies Long Lunch; the 2014 Ladies Long Lunch raised a staggering HK\$1.2million – a new record!

Whether opening doors, pouring champagne, supporting the auctions or taking part in the hugely entertaining fashion show, the Penguins International "Official Eye Candy" help to make the Ladies Long Lunch the sell-out success that it has now become, with the total amount raised to date now surpassing HK\$4.5million dollars!

Thank you for helping us to give children back their precious childhood. You have enabled us to change the lives of so many and we could not do this without your truly heart-warming generosity.

Sandra Burgess

Sandra Burgess
Director
CNCF (Hong Kong)

Unit B, 6/F Kai Kwong Commercial Building, 332-334 Jackman Road, Wanchai, Hong Kong
Tel: (852) 2832 2186 Fax: (852) 2832 2164 Email: info@christinagnobel.com
HKD Charity Ref: 9334639

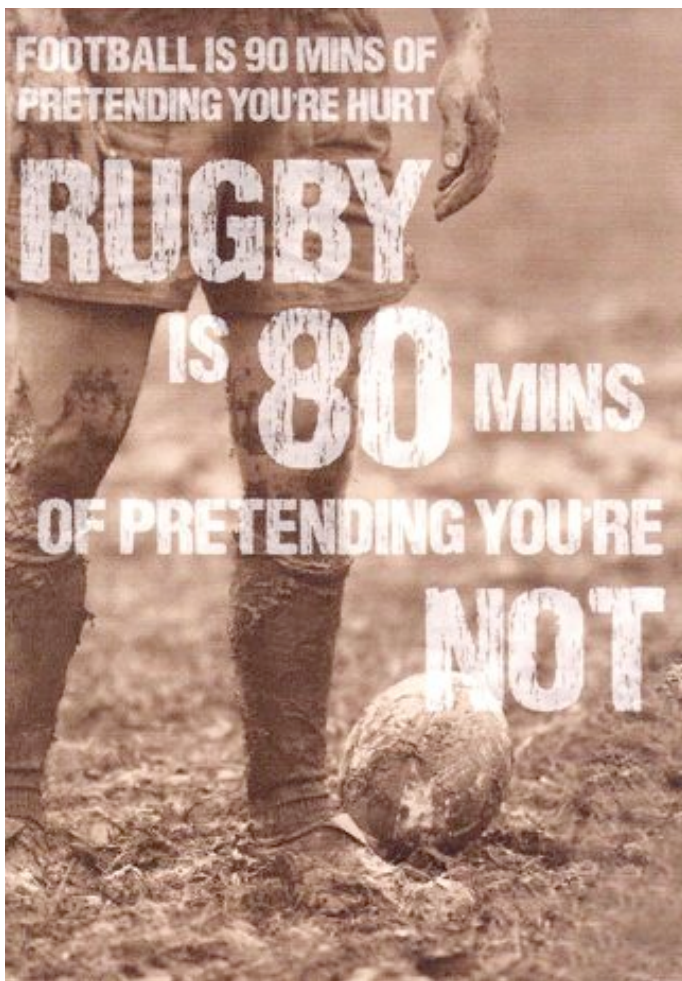


Do you know these kind Penguins?

Club Secretary Vincent Bramhall has had cause to check carefully which Penguin International Vice Presidents are current with their club subscriptions since those VPs are entitled to enter the ballot for the Rugby World Cup Pool Match tickets that the Club has purchased on behalf of its members (VPs should already have received an email informing them of how to go about entering the ballot).

Vincent has discovered that there are a small number of kind benefactors who make payment to the Club but whose names and contact details are not recorded in the Club's membership database or on its website. They are: **PETER FAIRCHILD, STEPHEN GERRARD** and **G.A. STOTT**.

If any of you can shed light on the whereabouts of these Penguin supporters, Vincent will try to make contact with them and correct the Club's membership records.



The difference between Association Football and Rugby Football?

Many thanks to Vincent Bramhall for sharing one of his birthday cards with us. As we know, the statement is all too true.

Does this man have the best job in the world?

Yes. There really is such a thing as a Penguinologist.
And you will be surprised to learn it's Dr. Tom Hart - and not Craig Brown or Alan Wright.





The story behind the Penguin International RFC badge and colours

We recently received a request from David Staples who runs the memorabilia website **International Caps and Honours Caps** (www.internationalcaps.webs.com). He wondered if we could date a Penguins jersey he had come across (below left). Looking through a copy of the Club's book **The History of the Penguin International RFC**, it became apparent there were three distinct phases of Penguin jerseys between the introduction of a specially designed Club jersey in 1967, and the introduction of coloured jerseys and Penguin badges in 1991.



David Staples' jersey (above left). There were three phases of Penguins jerseys between 1967 and 1991 -

1 First ever Penguins jersey, 1967 Twickenham match. **2** Design used for the following tours: 1972 Zambia, 1974 Bermuda, 1979 India, 1984 Brazil, 1986 Bermuda and 1987 & '98 Hong Kong Sevens Tournaments. **3** Design used for the following tours: 1977 USSR, 1982 Bermuda and 1990 India. David's jersey design first appeared for the 1977 USSR tour, although after this date a mixture of these 1972 & 1977 jersey configurations were used, as the Penguins' kitbag contained jerseys of both types and all were utilised (nb. many Penguins jerseys have been 'lifted' as souvenirs over the years!).

David's question has prompted me to record the beginnings of the Penguins' badge and colours, for those of you who may be interested in the origins of our Club's history and regalia.



The original blazer badge

As is well known, the Club was named by founder Tony Mason. As the squad's first tour was to Scandinavia in 1959, a name fitting for a cold climate was sought - and Tony chose the name 'Penguins' after reading his grandson's copy of **A Zoo Book of Animals**. 'Penguins' had the great benefit of being a friendly name, as opposed to all the 'Pirates', 'Barbarians', 'Buccaneers', 'Vandals' and similar war-like names that other clubs by invitation had adopted.

Eight years later, in 1967, the Club received an invitation to play at Twickenham Stadium against Twickenham Rugby Football Club to celebrate that Club's Centenary. This match, and the media coverage it would bring, was the catalyst for Tony Mason and Alan Wright to give some serious thought to the Penguin Rugby Football Club's colours and regalia.

Up until this year the two men had used a variety of different drawings and photographs of penguins to represent the Club on its stationery, and had kitted out Penguins teams in plain white jerseys (usually borrowed from Sidcup RFC). But both Tony and Alan now decided that it was time to formalize the design - and also to choose a new, striking colour scheme for the Club's playing kit.

It was Tony who first had the brilliant idea of putting the rugby ball inside the body of the penguin in the Club logo and his new design made its first appearance later that year when the Penguins wore the new motif for the first time in the Twickenham match. The Club also changed their all-white



The original tie

colours for this important game to those that they still wear variations of to this day - black, white and gold. The backs of the players' jerseys were entirely black (save for the numerals) and the gold stockings were chosen to represent a penguin's feet.

Alan designed a new Club tie to be worn before and after the Twickenham match (up until 1967 the Penguins touring tie had a mustard-coloured background, upon which was a single penguin balancing a rugby ball on its beak).

If you'd like to find out more about the history of the Penguins, order a copy of our book **The History of the Penguin International RFC**. Email: dicktysonrugby@gmail.com for more info.



And that's all the news for this issue. We'll be back with more news in the PIRFC Spring 2015 Newsletter - **Dick Tyson - PIRFC Historian and Information Secretary**



Penguin International Rugby Football Club Membership Information Update Form

Please use this form to update your personal details so that we can remain in contact with you.

Name:	Membership no. (if known):
Address:	
Home Phone:	
Mobile Phone:	
Work Phone:	
Email:	
Alternative Email:	
Contact preference - email or post:	

Signed:

Date:

Please email to:

membership@penguinrugby.com

Alternatively you can go online at the Club's website and fill out the on line form.



Penguin International Rugby Football Club Nomination Form For New Member

Please use this form to nominate new club members. The information requested is used to update the membership database so we can remain in contact with all members.

Any club member can nominate new members and will need the support of one General Committee Member. Any General Committee Member can nominate any new member outright.

If you complete this form by hand, please write clearly in capitals.

When the form is completed it should be sent to the Club Secretary who will process the nomination. Members of the Club are automatically designated as Vice Presidents.

Name:		
Address:		
Email:		
Phone Numbers:		
Date of Birth:	Country: <small>Choose which country you would prefer to be listed under. This can be your country of origin, country of residence or other - your choice</small>	
Brief Professional CV:		
Brief Rugby CV:		
Contact Preference (tick one):	EMAIL	POST
Name and Signed Proposer:		Date:
Name and Signed Seconder:		Date: