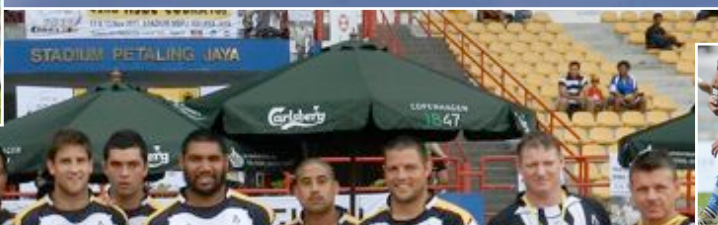




PENGUIN INTERNATIONAL
RUGBY FOOTBALL CLUB

Rugby Football Union | Kent County RFU

2012 SPRING NEWSLETTER



HSBC PENGUINS SUCCESSFULLY DEFEND COBRA TENS TITLE!

HSBC Penguin
International
Academy Coaches
Sai Nawavu,
Ben Fisher and
Flo Rossigneux
with some very
happy Malaysian
school kids!



Also in this issue:

HSBC Penguins and HSBC Penguin International Coaching
Academy in Singapore and Malaysia + Update from
Oisin Lennon - winner of the Alan Wright Scholarship
+ Coaching in London and Gibraltar + lots more!



Welcome to the PIRFC Spring Newsletter for 2012.

In the pages that follow you will find details of our 2011- 2012 coaching and playing trips and details of future events.

Since the publication of our last Newsletter we have reached the Semi-Final of the Singapore CC 7s and successfully defended our HSBC COBRA 10s title in Kuala Lumpur - a truly wonderful effort, more of which later.

First, we'll look at a list of recent and up-and-coming coaching and playing trips, and also what the HSBC Penguin International Coaching Academy has been getting up to in the last few months...

Recent and up-and-coming HSBC Penguin International Coaching Academy, HSBC Penguins and King Penguin tours and matches:

27/28th January 2012 - Coaching Support to HSBC Rugby Festival.
Venue: Dubai.

9th March 2012 - Coaching Support to HSBC Rugby Festival.
Venue: Bahrain.

18th to 25th March 2012 - Grassroots Coaching and Coach Education. Venue: Hong Kong.

21st & 22nd March 2012 - HSBC Penguins playing in the HKFC Tens. Venue: Hong Kong.

28th June to 5th July 2012 - 50th Anniversary tour to Sweden to play Pingvin RFC, Trelleborg. Venue: Sweden.

29th June to 1st July 2012 - King Penguins Tour to Sweden to play the Pingvins Vets team, Trelleborg. Venue: Sweden.

If you wish to join the Penguins on any of these trips please contact Craig Brown - craig.brown@penguinrugby.com



A photograph from the COBRA 10s leg of the November 2011 tour of Singapore and Malaysia.

Penguin International RFC Annual University Matches 2012:

29th February, 2012, 19:15 - Oxford University RFC.
Venue: Iffley Rd, Oxford.

7th March, 2012, 19:15 - Cambridge University RUFC.
Venue: Grange Rd, Cambridge.

There are more details of HSBC Penguin matches on page 14. And don't forget that updates on all of our tours will appear on the PIRFC website at: www.penguinrugby.com.

HSBC, Grove Industries and Tsunami - our sponsors

I am sure all members will join with us in expressing our thanks to HSBC, Grove Industries and Tsunami for their continued support, interest and sponsorship of the Club.



HSBC is a long term investor in rugby union around the world. Its partnerships include the HSBC Sevens World Series, the British & Irish Lions, the HSBC Asian 5 Nations, the newly-formed HSBC Asian Sevens Series and the HSBC Waratahs Super 15 team.

As part of this rugby investment, HSBC is committed to the worldwide growth of the game at all levels. Through the longstanding partnership with the Penguin International RFC, fondly known as the HSBC Penguins, and the formation of the HSBC Penguin International Coaching Academy, this commitment to the grassroots development of the game has been realised across hundreds of local communities worldwide.

www.hsbc.com



Grove Industries founded in 1983, operates apparel, sourcing and manufacturing operations on an international scale. Its products are manufactured in China, Hong Kong and Macau. Other locations include Philippines, Indonesia, Mauritius, India and Sri Lanka.

www.groveind.com



A concept since 1998 and born in 2003, Tsunami Sport was established with the objective of providing a range of international quality sports apparel to athletes at club level in a variety of sports.

www.tsunami-sports.com





HSBC Penguin International Coaching Academy assists at the Rosslyn Park HSBC National School Sevens Tournament, 28th March - 1st April, 2011

The last Newsletter was issued before details of the 2011 event came in, so we've included them here. Better late than never!

The Rosslyn Park HSBC National School Sevens Tournament now boasts 7,500 participants aged from 13 to 19 with boys and girls taking part in the various different competitions during the week. Over 700 teams of all levels from across the UK as well as five international visiting teams from Denmark, Spain, Nigeria, Romania and Kenya played in the tournament, which was celebrating its 72nd year.

HSBC Penguin coach Hugh Campbell joined HSBC Ambassador Jason Robinson and coaches from the HSBC RFC to run a number of specialist coaching sessions for the teams at the tournament.

Throughout the tournament teams would drop by to the designated coaching area for specific coaching including special skills and drills sessions, to help the teams advance in the tournament and also to inspire the boys and girls involved in the tournament.

Hugh Campbell later said that he had a great day, was impressed by the size and the organisation of the tournament and added that he had coached a number of youngsters who could be stars of the future.



HSBC has a long-standing relationship with rugby union around the world, with a particular passion for helping to develop the sport at the true grassroots level of the game. The Rosslyn Park HSBC National Schools Sevens Tournament has long since attracted an enviable pool of young players who travel the length and breadth of the country - and sometimes the world - to take part.

The partnership with Rosslyn Park will sit hand in hand with the bank's commitment to helping grow and develop rugby over the coming years.

For further information on the Rosslyn Park HSBC National Schools Sevens Tournament visit: www.rpns7.co.uk



HSBC Penguin International Academy Coach Hugh Campbell and HSBC Ambassador Jason Robinson at the Rosslyn Park HSBC National Schools Sevens.



HSBC Penguin International Coaching Academy to Gibraltar, September 2011



HSBC Penguin Academy coaches pose with Louis Triay QC (centre) in Gibraltar. Coaches, left to right: Dave Southern, Gary Henderson, Rob Clilverd and Mark Harrington

Following a proposal made by PIRFC President Richard Bennett to PIRFC Life President Alan Wright in the spring of last year that Gibraltar might be appreciative of rugby coaching support, Alan visited Gibraltar and enlisted the services of Penguin Hon.Vice-President Louis Triay QC to assist in the organisation of such a visit. Louis arranged a meeting in his offices with officials of the Gibraltar RFC, during which it was confirmed that the HSBC Penguin International Coaching Academy would provide a programme to this well-established and ambitious club to assist all of their XVs.

PIRFC CEO Craig Brown then took over the organisation of the visit and arranged for four HSBC Penguin International Coaching Academy coaches (Rob Clilverd, Mark Harrington, Gary Henderson and Dave Southern) to travel to Gibraltar. The visit took place between 28th September - 2nd October. The four men met up with Gibraltar Rugby Union Secretary Chad Thompson and other rugby officials for four days of official IRB courses and grass roots coaching.

The dates and activities were: 28th September: Match Officials Level 1 - Part 1.

29 September: Grass roots coaching at St Annes Junior School and Bayside and Westside Secondary Schools, Match Officials Level 1 - Part 2 and Club Coaching - Juniors and Seniors.

30 September: Match Officials Level 1 - Part 3 and grass roots coaching at Lorreto Convent and Bishops RFC.

HSBC Penguin International Coaching Academy to Singapore and Malaysia, November 2011

For the third year in a row the HSBC Penguin Coaching Academy visited Singapore, for the first time joining forces with the HSBC ARFU Rugby Coaching Tour, which reached 3000 children in 11 countries and territories in 2011. This built on the success of the previous two trips and the success of the SCC 7's winning HSBC Penguin team of 2010. Ben Fisher and Sai Nawavu covered all of the sessions with the added help of Deano Herewini (when his schedule of helping the HSBC Penguins playing squad allowed).

The first session was at the NIE University where 35 keen trainee teachers - fresh off the back of three months learning the game of rugby and how to coach - were given some new ideas to help introduce the game when they move into the schools in 2012.

'Rugby Fit International' was the next session with a good bunch of 40 boys - many of whom had played rugby for three years. Passing, offloading, midfield phase play options were delivered and the session finished by exploring a more technical session of roles at the breakdown.

Monfort Secondary School had two visits from the HSBC Penguins on this trip and this followed up from two previous visits over the past two years. Monfort is a targeted local school coached by Rashidah, a keen female teacher, assisted by Zaki, the SRU development officer. The 25 boys aged between 14 and 16 were very competent. After some general skills, Sai took the forwards for lineout variations and Ben took the backs for back line attack and re-alignment. The second session was followed up with similar format but the technical focus was tackling and the breakdown which was highlighted as an area to develop by the coaches.



Sai Nawavu and Ben Fisher at Monfort.



As well as coaching local rugby players the Academy conducted sessions at international schools as well. United World College were in the semi-finals of the U18 competition and an hour was spent looking at attacking structures and strikes moves. Sai, having plenty of 7's experience for Fiji, was able to impart plenty of ideas and work with the players to fine-tune for their big match. The Aussie International School was also coming to their end of their season but still managed to get 45 kids down for some coaching from the HSBC Penguins. The kids (aged 9-13) were treated to an afternoon of passing games, decision making practices and looking at organisation at the ruck.

The biggest session of the week was the SCC festival on the Wednesday where 100 boys from a range of schools were invited down for some fun and coaching in the (now muddy) training area. What better things to look at in the mud than rucking, offloading and passing games? The coaching session also attracted a lot of the boys to come back over the weekend - which was excellent to see.

The Barbarian Center of Excellence was set up to provide additional opportunity for players outside of their school or club sessions. It looks to develop the skills of the players and also provide opportunities to tour. 30 players aged from 10 -14 attended and enjoyed the session which covered passing, catching, running lines and decision making in attack.

The last session of the week was at Centaurs RFC and had the added excitement of two of the HSBC Penguin players (Mat Luamanu and Josh Hohneck) coming along to help out. ESPN Star Sports, the HSBC photographer and videographer, and the local press were in attendance to see what the HSBC Penguins were doing and how much the young players were enjoying themselves! Following the training of tackling, offloading and breakdown skills, the session finished with a try scoring competition in the mud, some group photos and also some interviews for the camera - in which the young players got to talk about why they played rugby and what they enjoyed about it.

Thanks to Zaki and all of the local coaches who welcomed and helped the HSBC Penguin International Coaching Academy during our busy week - which covered a total of nine sessions and involved around 500 young players and students.



Flo Rossigneux and Deano Herewini coaching at Centaurs.



Next stop Malaysia...

The local guides/drivers of Hanafi and Zul were waiting eagerly at Johor Baru to take the HSBC Penguins to their first session in Malaysia. The HSBC Penguins were joined by HSBC Penguins Academy coach Flo Rossigneux. Flo had arrived for the second leg of the tour and he was straight into action. The Academy group was now eight strong with the three HSBC Penguins coaches, Martini Ip from the Hong Kong Ladies team, Charlie French from the Hong Kong Men's team, Steve on the video camera and the two Malaysian guides.

After an hour drive and some fine local food the group arrived at Mersing where 53 boys from local secondary schools SMK Sri Mersing and SMK Kebangsaan were waiting. Initial warm-up games followed by passing and re-alignment practices were delivered, followed by back line attack practice and lineout practice for the forwards.

On the second day another session in Mersing covered the usual passing and warm-up games, followed by tackling and 'roles at the contact area'. The session was finished off with a three v three scrum where the local players and coaches watched the Academy coaches demonstrate and coach this technical area of the game. The two schools which attended were SMK Ungku Hussin, Endau and SM Sains Sultan Iskander, Mersing, with a total of 64 boys involved.

A further two hour drive up the coast took us to Pekan where we were hosted by two boarding schools - SBPI Tun Abdul Razak Pekan and MSRM Tun Abdul Razak, Pekan. The highlight of this session was the NZ Haka that the schools performed with the 'French' opposition facing up to them very much in the style of the recent World Cup final. The routine of the Fijian, Kiwi and French coaches was very much in full swing now with the 55 players being able to go away having learnt a bit of Maori, Fijian and basic French words as well as some new rugby skills!

Another hour drive to Kuantan followed which would be the Academy's base for the next two nights. After a morning off to catch up on rest, washing and shopping, the Academy coaches went to another boarding school where 65 boys from three schools - SMK Sultanah Hajjah Kalsom, SMK Sultan HJ Ahmed Shah, Kuantan and SBP Integrasi, Kuantan - were present. These schools were quite advanced and we were able to hold a whiteboard session under shade cover next to the pitch looking at attacking shape and structure and also defence strategy. They understood English and French well, which helped get the key points across. The players developed well throughout the session and were using calls and making effective decisions based on what was in front of them by the end of the session.



An attentive audience listen to HSBC Penguin International Academy Coaches Ben Fisher and Sai Nawavu.



The afternoon session was with the schools of MSRM Kuantan and SMK Sultan Abu Bakar; a group of 45 rugby beginners aged 13-14. All of the players had a lot of fun, which was the main theme, whilst learning the basics of rugby - running, passing and tackle technique.



Last stop on the road was Termoloh, where again the players were very new to rugby. The HSBC Penguin Coaches love introducing our great game to children and SMK Seri Semantan, Termerloh and SMK Kota Gelanggi 2, Jerantut clearly enjoyed their session. 55 boys had a two-hour session on running, passing, tackling and an introduction to the breakdown. As always we finished with a game of touch, with a ruck involved and realignment to get some structure into the play.

The (by now tired) group of coaches then headed back to their now familiar Malaysian home - COBRA Rugby Club, PJ, Kuala Lumpur.

Friday was the last session of the week for the HSBC Penguins, and one that all were looking forward to giving. Agathian Shelter is local to the COBRA Club and has 40 boys living there. 20 of these boys came down to the COBRA fields on Friday afternoon to experience rugby, most for the first time. Each boy left with a T shirt, badge, hat, some rugby balls and big smiles following their one hour session. The session was based around fun games and introduction to rugby. Many of the boys were asking when the next youth session was on at COBRA so they could come and join in. It was very pleasing to think that it could be the start of a new interest for some of these young men.

It was another successful trip to Malaysia for the HSBC Penguins, covering a wide range of development activities. Introducing rugby for the first time to players, developing the initial work local coaches have done and really progressing with some schools that have been playing rugby for a few years. As well as the coaching, working to help educate teachers and local coaches, and hopefully inspiring young Malaysian rugby players to play the game of rugby. The children coached over the week were very easy to coach and always tried their best to take on the ideas delivered by the HSBC Penguins coaches. There are some very talented young players in Malaysia - and hopefully, within the right structures, they will develop into potential international players of the future. The HSBC Penguins always found the schools very supportive with a strong dedication to the game. School rugby in Malaysia can develop and become stronger if the local coaches are well supported with education and resources. Each school should strive to get training aids of pads and bibs to enable coaches to put together match scenarios within training to challenge and develop the players.

Lastly - Many thanks to Hanafi and Zul for their driving and entertainment, Charlie Wong and the COBRA Club for ongoing support and the local teachers and coaches for all their help.

Small world!

Whilst in Singapore at the end of 2011, HSBC Penguins' Club Secretary Vince Bramhall bumped into an old friend who he hadn't seen for over 20 years - Peter Barnett MBE. Peter is an Englishman who now lives in Sydney and he was in Singapore because his daughter was playing Ladies Rugby for Indonesia at the Singapore CC.

Vince met Peter's daughter - Georgina Barnett - and mentioned that the HSBC Penguin International Coaching Academy was going to Jakarta where she lives.

Georgina subsequently attended the course... and was awarded a Grade One Coaching Certificate at the end of it. Well done Georgina!



Georgina in Jakarta, flanked by two fellow Grade One Rugby Coaches.



The HSBC Penguins 7s and 10s playing campaigns in Singapore and Malaysia, November 2011

The HSBC Penguins and HSBC Penguin Coaching Academy set off on their second joint tour of grassroots coaching in Singapore and Malaysia/competing in the SCC Sevens in Singapore and HSBC COBRA Tens in Kuala Lumpur:

First stop was Singapore and a crack at the first leg of completing the double by defending the SCC 7s title we won in 2010. The team arrived on Tuesday evening and settled into the training and recovery routine, which included blackboard sessions covering playing style and tactics.

Some of the team knew each other before arrival in Singapore but Frank Wagenstroom, the HSBC Penguin IRANZ Award winner from South Africa, arrived to a completely new environment.

Coaches John McKittrick and Rod McIntosh instigated two training sessions per day and managed to arrange a practice match against the hosts, the SCC 7s team. A few of the HSBC Penguins squad did not have a lot of sevens experience but soon took on board all that was put before them.

As well as preparing for the rugby, the squad managed time for a little R&R and had a look about the sites of Singapore. Kenny and Jamie Moyes, Vice-Presidents of the Club, also hosted a dinner at the Polo Club. The 'Moyes Brothers Singapore Penguin Dinner', as it is known, is set to become a regular event when the HSBC Penguins are in Singapore.



*The Moyes Brothers Penguin Singapore Dinner.
Left to right: Kenny Moyes, Allan Dodd, Bill Calcraft,
Alec Calcraft and Jamie Moyes.*



Singapore Cricket Club Sevens

The team was drawn in pool F as the top seed which meant a late start to matches. On the Friday night the team managed a respectable win over the Casurina Cougars from Darwin. The second match on Saturday morning against Indonesian Harimau was similar to the first and the HSBC Penguins knew they would face a much stiffer challenge against their close friends from COBRA in the final pool match. The COBRA match was a classic. Both sides were committed to defence but also looked to break the line when they could. The HSBC Penguins held a 12-0 lead with about four minutes remaining in the match. But then a yellow card against the HSBC Penguins brought COBRA right back into the match. With only a minute to go COBRA had a conversion which would have drawn the match 12-12 but the kick hit the post. The final score was a 12-10 victory for the HSBC Penguins.

The first game on Sunday was a last 16 contest against the French Pyrenees. HSBC Penguins started well and by half time had a commanding 21-7 lead. A further three second half tries saw the HSBC Penguins progress through to the last eight.

Next came a quarter-final match against the Japan Samurai. The physical style of the HSBC Penguins saw them turn at the break 21-0 in front. The second half saw Japan come back into the game but eventually the HSBC Penguins ran out 26 - 5 winners.



Far left: Vili Fihaki representing the HSBC Penguins at the SCC 7s press conference. Left: The team and supporters' base camp at the SCC 7s.



The semi-final was against a Borneo Eagles team with plenty of Kiwi fire power in its ranks. From the kick off HSBC Penguins scored out wide through Frank Wagenstroom, with a barn-storming run - but lapses in concentration in defence saw Borneo take a 12-7 lead into the break. Borneo came out all guns blazing in the second half and an early try saw them increase their lead to 17-7. HSBC Penguins replied almost immediately with another try to Wagenstroom to close to 17-12 but in the defining moment of the game, Phil Tuigamala chipped a kick ahead for what could have been a decisive try - only to be taken out late. The ball bounced into the hands of a Borneo player who ran 80 metres to score. A late try to Tua Saseve narrowed the gap to 24-17, but time had run out and the HSBC Penguins were eliminated.



The HSBC Penguins' Singapore Cricket Club Sevens team. From L to R standing: John McKittrick (Coach), Andi (Liaison officer), Codey Rei, Vili Fihaki, Ray Niuia, Matt Vant Leven, Willie Walker (Captain), Andy Ritchie, Frank Wagenstroom, Carl Axtens, Phil Tuigamala, Craig Brown (Manager), Hot Rod McIntosh (Coach). From L to R kneeling: Tua Saseve, Karl Bryson, Holly Moyes (Mascot), Ben Paltridge

The HSBC COBRA Tens

HSBC Penguins' Captain Willie Walker had the team up bright and early on Monday morning and the squad departed from Singapore for Johor mid-morning. After grabbing some lunch the squad were on the road to Port Dickson on Malaysia's West Coast by noon. On arrival the team had a little down time to explore the local area, including a welcome swim in the pool and a dip in the sea. The plan for the next two days included two training runs, a game against the local army team and running a coaching session for local school children.

Tuesday was a busy day with two training runs and a session coaching the local rugby team. John McKittrick had to change the HSBC Penguins' playing style from 7s to 10s mode. The team concentrated on scrums and lineouts as these aspects of the game feature much more in 10s rugby.

The HSBC Penguin team played the local side JIJ in a practice 10s match on Wednesday morning. This was very useful as it enabled the lads to play a match together for the first time and gave the team some experience of local conditions (hot and wet!).

Our thanks go to Captain Nasrul and Major Taha for their kind welcome, the use of their playing field and facilities and generally organising of our visit to Port Dickson.



42nd HSBC COBRA Tens
Tournament Programme

The team transferred to Kuala Lumpur on Wednesday afternoon and the rest of the week was spent training for the tournament. Jon Chivers from HSBC kindly hosted the team to a dinner at HSBC's HQ in central KL. This was a relaxing function and a great introduction to some of the bank staff for the team.

By Saturday morning the team was ready for more rugby as the bus made its way to the ground with a police escort. The day ahead would be a new challenge for most of the team, as not many had played in such hot and humid conditions.

The first match was against the Shanghai Hairys. A good game to build into the tournament, with the HSBC Penguins 38-0 up at haltime and winning by 58-0 at the end. This match enabled all in the squad to get at least half a game and ease them into playing 10s in the testing conditions.

The second game was against our friends Northlink from South Africa who are regulars at the HSBC COBRA 10s. Northlink have proved a troublesome opponent in the past, but after a hard-fought first spell where the HSBC Penguins led 19-0 at the break, the team came away with a convincing 45-0 victory. Frank Wagenstroom dotted down four tries playing against his countrymen.

Prior to the last match of the day both the HSBC Penguins and COBRA teams lined up on the half way line and joined with the crowd for a moments silence as a mark of respect to our great friend Hang Kek Kang, who passed away on the 12th September 2011.

Hang Kek Kang RIP



A moments silence is observed for our dear departed friend Hang - the HSBC Penguins and COBRA line up at half way prior to kick off.

As expected, COBRA were always going to be our 'test match' in pool play. They took a 7-0 lead into the break but a more direct pattern of play in the second half saw the HSBC Penguins stretch out to 19-12 before a last minute try out wide enabled COBRA to close to 19-17.

The first game on Sunday was the quarter-final against Ponsonby from New Zealand. The game kicked off in very hot and humid conditions. Both teams were striving for a place in the semis so the pace and physicality was intense. HSBC Penguins scored first after some good ball control, showing they had the ability to build pressure to stress the opposition defence. Not to be outdone the Ponies from Auckland struck right back after putting the HSBC Penguins under pressure.

After half time both teams re-focused and played some entertaining, attacking rugby. However, the bigger, more robust HSBC Penguin forwards laid the platform for an eventual solid win.

As had happened the previous week in Singapore, the HSBC Penguins found themselves up against Borneo Eagles in the semi-final. At the end of a very physical opening ten minutes the HSBC Penguins led 5-0. Control was maintained throughout the second spell and again only a last minute try by Borneo made the eventual 17-15 margin such a close one.



Flying the flag for Penguins and COBRA!

Near the end of the HSBC Penguins' semi a torrential downpour saw the playing surface become waterlogged and the COBRA v Canterbury semi was delayed by 60 minutes. When the delayed match did resume COBRA ran out winners by a narrow margin so the final was a repeat of the final game of day one. Injuries to Codey Rei and Mat Luamanu saw the HSBC Penguins draft in Nafi Tuitavake and Ash Parker from Tradition RFC. Vili Fihaki opened the scoring for the HSBC Penguins with a try from 40 metres after a lineout steal, but continual COBRA pressure saw them

take a 10-5 lead into the break. Midway through the second spell Tua Saseve scored for the HSBC Penguins close to the posts and Karl Bryson converted giving the HSBC Penguins a 12-10 lead. Back came COBRA with a continuous period of attack, camping on the HSBC Penguin line. After surviving over three minutes of goal line pressure the HSBC Penguins were awarded a drop out 22 which saw the referee blow fulltime and the HSBC Penguins had won back-to-back HSBC COBRA 10s titles for the second time (the previous double being in 1993 and '94).

The emphasis on defence certainly paid dividends with the opposition only managing to convert one out of the 11 tries they scored throughout the tournament as the HSBC Penguins scrambling defence pushed all of the tries conceded out wide. And when one considers that seven of the 14 HSBC Penguin players were affected by a stomach bug, the win was even more monumental!

Special thanks must go to COBRA for putting on yet another splendid tournament and hosting all the teams in a first-class manner. Most of the HSBC Penguins were new to the HSBC COBRA Tens and departed with wonderful memories. And thanks also to David Townsend, Vincent Bramhall and Bill Calcraft who provided assistance to the tour through hosting meals and many other activities.



David Townsend and Vince Bramhall with Craig Brown.



Action shots from the HSBC COBRA Tens Tournament.



Full HSBC Penguin Squad and results for Singapore/Malaysia Tour, November 2011

Coaches: John McKittrick (former USA, North Harbour and Cook Islands 7s coach) and Rodney McIntosh (former HK 7s coach). Managers: Craig Brown and Dean Herewini. Club Officials: David Townsend (Senior Vice-President), Vincent Bramhall (Secretary), Bill Calcraft (Senior Vice-President - SCC 7s only). Academy Coaches: Ben Fisher, Sai Nawavu, Florent Rossigneux and Dean Herewini. Mascot: Holly Moyes. Singapore Liaison Officer: Andi. Kuala Lumpur Liaison Officer: Malik.

Players: Willie Walker (North Shore, North Harbour, Gloucester, Blues, NZ Maori - Captain), Joshua Hohneck* (Tauranga Sports, Waikato, BOP), Raymond Niuia (Massey, North Harbour U20, Blues U18, NZ U20 trials, NZ U17), Viliami Fihaki (Patumahoe, Counties-Manukau XVs & 7s), Carl Axtens (Tauranga Sports, Bay of Plenty, NZ U20), Andrew Ritchie (Mid Northern, Northland U20, Northland), Matt Vant Leven (Fraser Tech, Waikato, Chiefs), Mathew Luamanu* (North Shore, North Harbour, Blues, NZ U20), Karl Bryson (COB, Manawatu XVs & 7s), Phil Tuigamala (Western United, North Harbour Dev & 7s, NZ 7s trials), Codey Rei (East Coast Bays, Taranaki 7s, North Harbour, NZ U20), Tua Saseve (Napier Old Boys Marist, North Harbour 7s, Hawkes Bay, NZ 7s trial, NZ U19), Ben Paltridge (Auckland University, Blues U18), Frank Wagenstroom (Tygerburg, Sharks, Cheetahs, RSA U18, U19 & U21).

* HSBC COBRA 10s only



SCC 7s Results (4th, 5th and 6th November)

Pool E

HSBC Penguins 33 - 7 Casurina Cougars (AUS)

HSBC Penguins 57 - 0 Indonesian Harimau

HSBC Penguins 12 - 10 COBRA (MAS)

Last 16: HSBC Penguins 38 - 7 French Pyrenees

Quarter Final: HSBC Penguins 26 - 5 Japan Samurai

Semi Final: HSBC Penguins 17 - 24 Borneo Eagles

HSBC COBRA 10s Results (12th and 13th November)

Pool A

HSBC Penguins 58 - 0 Shanghai Hairy Crabs (CHN)

HSBC Penguins 45 - 0 Northlink (RSA)

HSBC Penguins 19 - 17 COBRA (MAS)

Quarter Final: HSBC Penguins 22 - 15 Ponsonby (NZL)

Semi Final: HSBC Penguins 17 - 15 Borneo Eagles (MAS)

Final: HSBC Penguins 12 - 10 COBRA (MAS)



The 2012 Varsity Matches

Unfortunately the Cambridge University RUFC v Penguin International RFC match which was scheduled for 7th March had to be called off due to an unfit playing surface.

The Oxford University RFC v Penguin International RFC match did take place, however, at Iffley Road on Wednesday 29th February 2012. This, the 26th annual meeting of the teams, saw the HSBC Penguins secure a hard fought 36-22 win in front of a crowd of 200 spectators to become the inaugural winners of the Alan Wright Cup.

In perfect playing conditions the HSBC Penguins hit their stride quickly and after ten phases of play full-back Peter Clarke scored the first try. HSBC Penguins, coached by Oxford's former Director of Rugby, Steve Hill, increased their lead eight minutes later following a series of offloads between the forwards, when centre Paddy Smith was released to cross the line with Luke Cousins adding the conversion.

The University came back strongly but struggled to break through a resilient HSBC Penguins defence. The HSBC Penguins back-row were proving to be a real handful and mid-way through the first half their third try of the evening was scored by openside flanker Julian Poff.

A loose pass by the HSBC Penguins backs allowed Oxford University to pressure the opposition try line which eventually resulted in a try when full back Matt Janney twisted over the line. This score re-invigorated the University who came close to adding another until the HSBC Penguins centre Martin Nutt intercepted on his own 22 metre line and ran through to score under the posts, giving the HSBC Penguins a 24-5 half time lead.

Both sides started the second half at pace and with the HSBC Penguins trying to run out of their own 22 metre area Oxford University turned the ball over which lead to a try by prop Lewis Anderson. Within three minutes the Blues scored again when number 8 Louis Mather crashed over and Janney's conversion brought the scores to within seven points with just eight minutes left on the clock.

The HSBC Penguins responded almost immediately and after a great break by lock Jack Wyatt, quick hands saw wing Tim Catling score in the corner with Peter Clarke adding the important extra two points.

The University refused to give up and with five minutes left replacement Mike Harris scored. However the HSBC Penguins, as is their tradition, refused to shut up shop and again attacked from inside their own 22. A break by Nutt eventually found Catling on the wing who passed beautifully to James Crozier to go over for the final score of the game.

At the end of the match former Oxford Blue Simon Griffin, who captained the University against the Club in the first ever game, presented HSBC Penguins captain Will Johnson with the brand new Alan Wright Cup.



Victorious HSBC Penguins Captain Will Johnson receives the Alan Wright Cup from former Oxford Blue Captain Simon Griffin.

HSBC Penguins:

1. S. Beckett (Henley), 2. B. Gotting (Rosslyn Park), 3. W. Johnson *# (London Irish, Captain),
4. A. Bretnon (Bedford Blues), 5. S. McDonald (Rosslyn Park) 6. J. Glasson (Canterbury B), 7. J. Poff (Sidcup),
8. A. Waddingham (Chinnor), 9. A. Mumford (Rosslyn Park), 10. L. Cousin (Richmond), 11. T. Catling * (Richmond),
12. P. Smith (Eastern Suburbs), 13. M. Nutt (Oxford Harlequins), 14. J. Rudd (Rosslyn Park), 15. P. Clarke (Richmond).

- Replacements: 16. D. Simmons (Leeds), 17. J. Gregg (Worthing), 18. M. Dawson (Chipping Norton),
19. J. Wyatt (Bath University), 20. J. Wilson (Richmond), 21. C. Lewis * (Rosslyn Park), 22. J. Crozier * (Colchester).

* Denotes Blue, # denotes International



Come along and see HSBC Penguins play in England at the annual

VARSITY MATCHES

Venues: Iffley Road, Oxford and Grange Road, Cambridge
Itinerary: Wednesday, 29th February 7.15 pm - Oxford University RFC v HSBC Penguins
Wednesday, 7th March 7.15 pm - Cambridge University RUFC v HSBC Penguins
For more information Visit the HSBC Penguins website: www.penguinrugby.com



Join the HSBC Penguins in
HONG KONG
21st - 25th March 2012

Venues: Hong Kong Football Club, Happy Valley (10s), Hong Kong Stadium (7s)
Itinerary: Hong Kong 10s - Wednesday 21st & Thursday 22nd March (playing)
IRB Hong Kong 7s - Friday 23rd, Saturday 24th & Sunday 25th March (spectating)
The HSBC Penguin International Coaching Academy will also be active in Hong Kong between Monday 19th - Friday 23rd March
For more information: Contact Craig Brown - craig.brown@penguinrugby.com



FREE in JUNE/JULY 2012?
Why not join the Penguins

SWEDISH TOUR

as a player or supporter?

HELP US CELEBRATE THE 50TH ANNIVERSARY OF OUR VERY SPECIAL FRIENDS



PINGVIN RFC

Venue: Trelleborg, Southern Sweden (closest airports Malmo & Copenhagen)
Itinerary: Friday, 29th June - King Penguins v Pingvins Vets
Saturday, 30th June - Penguin International RFC v Pingvin RFC
Wednesday, 4th July - Penguin International RFC v Swedish Regional Selection
Other activities being planned include golf, sightseeing etc.
For more information: Contact Craig Brown - craig.brown@penguinrugby.com

Why not join HSBC Penguins on our travels?

HSBC Penguins always welcome support at all of our fixtures, home or abroad.

So why not come along and join us?

Here are a few of our latest flyers - a new feature on the website in which we flag up-and-coming matches and tours (and even the odd party!).

As always, if you're interested in spectating (or in playing for the King Penguins), simply contact Craig Brown or the appropriate PIRFC Match Manager for more information.



An update on Oisín Lennon - Winner of the Alan Wright Penguin International Rugby Scholarship

The Penguin International Rugby Football Trust (the registered charity) includes, among its activities, the award of the Alan Wright Penguin International Rugby Scholarships. These Scholarships are awarded to talented young rugby players who would benefit from elite coaching but do not have the financial resources to attend an elite coaching academy. So far, there have been three such scholars... two from Malaysia and one from Ireland.

The Irish scholar was Oisín Lennon, originally from the Bective Rangers Club in Dublin, Ireland. Oisín attended a High Performance Players' Course at the International Rugby Academy of New Zealand (IRANZ) in January/February 2010. In the recent HSBC Penguin International Coaching Academy Magazine (which is still available to download on the Penguins website if you missed it) Oisín contributed a Diary about his time at IRANZ, as well as a few photographs.

At the request of Penguins' Senior Vice-President Vince Bramhall, Oisín has very kindly provided the Club with a follow-up to his Diary which is reproduced below.



So my rugby adventure started with the Penguins Scholarship to the International Rugby Academy in New Zealand. Being so new to rugby I knew I was in for a challenge going to the Academy. So I opened my mind to absorb as much rugby knowledge as I could take in. And with the wealth of All Black legends coaching me it wasn't long 'til it seemed like I'd caught up on the years of rugby I had missed out on. Through hard work and a great team spirit between us at the academy I grew as an athlete and as team player, earning an award as most improved player. The highlight for me at the Academy was having Ian Jones as my personal coach for a day. Taking me in at 20 minute intervals from a game against Wellington U21s to advise me and then analyse my game afterwards at the Academy.

The next stage of my adventure was a trip to Christchurch and then out to the countryside of North Canterbury to join a small town club with a big reputation - Glenmark. It is the home of several All Black legends like Alex Whaley and the Deans Brothers. Hard to believe a small club could have such a big reputation for success and developing players. It was even listed in an article by the London Times of the 25 sporting modern wonders of the world at number 23 for its production of All Blacks and Canterbury players per capita. *(Editors note: Oisín's introduction to the great Glenmark Club in Christchurch was made by Penguin V-Ps Mike and Ben Dormer, who also made him very welcome in the city and assisted him with employment. Ben, Penguins' Cambridge University Representative and a Trustee of the Penguin International Rugby Football Trust, played for Glenmark RFC prior to playing for Queensland and Cambridge University RUFC).*

Here I began with a team trip to Manly, Sydney. Where Robbie Deans had organised for us to stay at a hotel used by professional teams and to play his local team, Manly. We shared the hotel with South Africa's Super 15 Sharks. We had a training session with Robbie, then I had my first game of Senior rugby the day before my 20th birthday against Manly, beating them in a hard fought game in tremendous heat. Then another training with Robbie, although the team was a bit hungover for this one!

Once back in New Zealand we were straight into pre-season. But my first lesson in senior rugby was a harsh one, not to go too high on a big Maori. Damaging the ACL ligaments of my left shoulder. But after five weeks I was good to go and after one game of Division Two I got a call up to Division One. Starting and finishing every game 'til we won the *Country Combined* competition. The third time in a row for Glenmark. It was great to mix the knowledge from IRANZ and the knowledge of the more senior club legends of Glenmark.

After this we had two weeks off and this seemed to lose our momentum as we never managed to produce the quality rugby that won us the previous competition - going out of the North Canterbury competition in the semis.

During the season I got into North Canterbury's U21s, winning our shield game against Ellesmere. Then after this I had a one day day course with Canterbury U20s. They pick 80 players from Canterbury to train as four teams then play each other. My team was coached by Nathan Mager. Following the top 20 from country were picked and



top 20 from metro were picked. Making Country's U20s I had a six week competition against other representatives from the South Island. This went well but we failed to live up to our potential. By the end of this I'd completed 15 months of consecutive rugby so was happy to have a break.

Year Two.

My second year began with a conversion to playing at 6. Building up over summer trainings and taking in the advice from the IRANZ course to become a blind-side. Definitely my favoured position. Over the year it was great to grow into the position and have more freedom around the paddock and mix the loose with the tight.

It was a slow start for Glenmark. We struggled at the start of the season. Just with finishing and a bit of bad luck. But we pulled together and were very unfortunate in the quarter-finals. Coming up against the team we beat in the previous year's final. We pulled together trailing for the whole game. But the forwards took over for me to score late in the second half. This brought the scores level, and with our 10 missing a penalty withint of the last kick of the game we went into extra time. Losing by great continuity from the opposition.

We then went into the North Canterbury competition. But in a game before for 5th place in the previous competition I was blindsided off the ball and got a very serious AC injury to my right shoulder. This was about the end of my rugby adventure in New Zealand. Very disappointing on a personal level as my North Canterbury coach was in talks with Canterbury U21s to have me as a must-see and trial. This was to be the case in my games for North Canterbury and Canterbury Country - but it wasn't to be as my injury didn't heal in time. I did manage to work hard with a lot of padding to play the last 5 minutes of Glenmark's North Canterbury and Deans Shield victory but that was about it. A sad end but I can still be proud of what I had achieved.

The end of season had one highlight, as Alex Grizz Whiley approached me to congratulate me on an impressive season and my change to 6 and he also said that he was sorry about my injury. He's one of the amazing things about Glenmark. Every week you're watched by legends like him. Even previous player Todd Blackadder came to a few games despite his busy schedule.

Im currently getting ready to get home for Christmas. Then build up my gym strength and shoulder to return to rugby. I'm looking for a club in Ireland or England if you can recommend any!

Kind Regards, Oisin

Stop Press!

This year's winner of the Alan Wright Penguin International Rugby Scholarship just announced

The Penguin International Rugby Football Trust has just announced the latest winner of the Alan Wright Penguin International Rugby Scholarship. He is 19-year-old Samoan Louis Chan Tung.

Louis was a pupil at the Robert Louis Stevenson school in Samoa and the De La Salle School in New Zealand. He plays for Marist St. Joes in Apia, Samoa, and his ambition is to become a professional rugby player.

Louis will attend the International Rugby Academy of New Zealand (IRANZ) course in New Zealand from the 1st to the 20th of July. We wish Louis the very best of luck!

The HSBC Penguins Strip

Don't forget that the HSBC Penguins have released a great new rugby shirt for the 2011/12 season. The shirt is made by Tsunami, and is available in sizes S-XXL. It costs GB£49.99 inc. VAT (GB£41.66 ex. VAT). The shirt is available from Lovell Rugby in the UK - see the Lovell Rugby website for full details and ordering instructions: www.lovell-rugby.co.uk





John Zimnoch, Penguin Canadian Committee Member and a manager of the King Penguins, our esteemed *Golden Oldies* side, recently came across the following poem. We think it sums up those of us who simply can't give up the game. As John explains: 'I rather like this and I guess it explains why I am going to the Golden Oldies in November for yet another "last game". My advice to all is that you should never retire until both your legs are broken!'

Soliloquy of a King Penguin

When the battle scars have faded,
And the truth becomes a lie
And the weekend smell of liniment
Could almost make you cry

Mate - You must recall the jersey
That was shredded into rags
Then the soothing sting of Dettol
On a back engraved with tags!

From the first time that you laced a boot
And tightened every stud
That virus known as rugby
Has been living in your blood

When the last ruck's well behind you
And the man that ran now walks
It doesn't matter who you are
The mirror sometimes talks

It's almost worth admitting
Though with some degree of shame
That your wife was right in asking
Why the hell you played the game?

When you dreamt it when you played it
All the rest took second fiddle
Now you're standing on the touchline
But your heart's still in the middle

Have a good hard look old son!
The melons not that great
The snoz that takes a sharp turn sideways
Used to be dead straight

Why you'd always rock home legless
Like a cow on roller skates
After drinking at the clubhouse
With your low-down drunken mates

And no matter where you travel
You can take it as expected
There will always be a breed of people
Hopelessly infected

You're an advert for arthritis
You're a thoroughbred gone lame
Then you ask yourself the question:
Why the hell you played the game?

Then you'd wake up - check your wallet
Not a solitary coin
Drink Berocca by the bucket
Throw an ice pack on your groin

If there is a team mate then you'll find him
Like a gravitating force
With a common understanding
And a beer or three, of course

Was there logic in the head knocks
In the corks and in the cuts?
Did common sense get pushed aside
By manliness and guts?

Copping Sunday morning sermons
About boozers being losers
While you limped like Quazimodo
With a half a thousand bruises!

And as you stand there telling lies
Like it was yesterday old friend
You'll know that if you had the chance
You'd do it all again

Do you sometimes sit and wonder
Why your time would often pass
In a tangled mess of bodies
With your head up someone's arse?

Yes - an urge to hug the porcelain
And curse sambucca's name
Would always pose the question
Why the hell you played the game?

You see - that's the thing with rugby
It will always be the same
And that I guarantee
Is why the hell you played the game!

With a thumb hooked up your nostril
Scratching gently on your brain
And an overgrown Neanderthal
Rejoicing in your pain!

And yet with every wound re-opened
As you grimly reminisce it
Comes the most compelling feeling yet
God - you bloody miss it!





The rugby international who turned business star

► **TECHNOLOGY**
 by John Dunne

MULTI-TALENTED Sir Bill Gammell played international rugby for Scotland before employing his competitive skills in the business world.

The well-connected entrepreneur attended Fettes College in Edinburgh with former Prime Minister Tony Blair before moving on to the University of Stirling, where he obtained a BA in Economics and Accountancy.

Gammell's talents also stretched to the sports pitch, where he played rugby union at both county

level and for the Scottish national team.

A tall winger, he earned five international caps, with his career highlight coming against Japan in 1977 in Tokyo when he scored four tries to lead the Scots to a 74-9 victory.

After his rugby career was ended by injury, he went on to found Cairn in Edinburgh in 1980.

The company's breakthrough came in 2004, when a field it had bought in 2001 from Shell in the Indian province of Rajasthan was found to contain close to 1.1bn barrels of oil, catapulting it into the FTSE 100.

In the 1990s, he shifted the focus of the company from the North Sea and the US and the Gulf of Mexico.

Cairn USA effectively merged with a subsidiary of Texan company the Meridian Resource Corporation in 1997 - to South Asia, having spotted the opportunity to tap energy supplies in developing economies.

Gammell was paid an annual salary of £552,000 for his role as chief executive at Cairn, but his shareholding is worth millions.

On 1 July this year Gammell assumed the role of non-executive chairman.

The entrepreneurial spirit is in

his blood: his father was an Edinburgh investment banker who set up the Ivory & Sime fund and, in the 1950s, put money into the US oil company Bush-Overbey.

That made the Gammell family friends with the Bush clan.

Former US President George W Bush reportedly took time out from the G8 summit at Gleneagles to meet up with Sir Bill, and the families holidayed together where close ties were made.

In 2004 he was awarded UK Entrepreneur of the Year. In the 2006 honours list, Gammell was knighted "for services to industry in Scotland".



SIR BILL GAMMELL

A great Penguin Tourist makes good!

Sir William Gammell, the Edinburgh Wanderers and Scottish international winger who toured with the Penguins several times (Bermuda 1978, Argentina 1980, Bermuda 1982) was recently the subject of an article featured in the London financial and business newspaper, City A.M. (reproduced above).

We thought it may be of interest to those Penguin Members who have toured or played with Bill in the past.

The St James, Caledonian and Penguin International Golfing Society

This Anglo-Scottish mutual Society was founded by Alan Wright in 1998 by merging an English and a Scottish Golfing Society which had played each other for a quarter of a century. The Penguin International RFC was incorporated into the Society in 2006.

The Society has two annual fixtures at outstanding venues. Team competitions are played, and cups are presented to the winners, morning and afternoon. The dates are the same every year: The Berkshire GC (Ascot, England) on the last Friday in June, and The Brunstfield Links GC (Edinburgh, Scotland) on the last Friday in September.

Please come along if you're free. The golf is played in teams of four, best ball, and they are a very sociable days!

Contacts: For England - Tony Carpenter: Tel: 01252 793 060. Email: tony@douglasgrove.co.uk

For Scotland: Richard Taylor: Tel: 01620 810 799. Email: richard.taylor@taylorpartners.co.uk

Useful contact details:

Vince Bramhall (Club Secretary): vincent.bramhall@penguinrugby.com

Craig Brown (CEO): craig.brown@penguinrugby.com

Robin Hutton (Treasurer): robin.hutton@bdo.co.uk

Derek Harris (International Ticket Bureau): 01883 652 160

David Harris or John Zimnoch (King Penguins): David Harris: david_harris@broxburnbottlers.co.uk

John Zimnoch: zimnoch@re-max.com

If you'd like to suggest players for overseas tours contact Craig Brown.

If you'd like to suggest players for the annual Varsity matches contact Steve Hill (Director of Coaching): steve8hill@gmail.com

If you have any PIRFC-related news - or a story that you'd like to share with your fellow-Penguins - please don't hesitate to let me know.

Dick Tyson (Historian & Information Secretary): dicktysonrugby@gmail.com





Penguin International Rugby Football Club Membership Information Update Form

Please use this form to update your personell details so that we can remain in contact with you.

Name:	Membership no. (if known):
Address:	
Home Phone:	
Mobile Phone:	
Work Phone:	
Email:	
Alternative Email:	
Contact preference - email or post:	

Signed:

Date:

Please email to
membership@penguinrugby.com
Alternatively you can go on line at the club's website and fill out the on line form.



Penguin International Rugby Football Club

Nomination Form For New Member

Please use this form to nominate new club members. The information requested is used to update the membership database so we can remain in contact with all members.

Any club member can nominate new members and will need the support of one General Committee Member. Any General Committee Member can nominate any new member outright.

If you complete this form by hand, please write clearly in capitals.

When the form is completed it should be sent to the Club Secretary who will process the nomination. Members of the Club are automatically designated as Vice Presidents.

Name:		
Address:		
Email:		
Phone Numbers:		
Date of Birth:	Country: <small>Choose which country you would prefer to be listed under. This can be your country of origin, country of residence or other - your choice</small>	
Brief Professional CV:		
Brief Rugby CV:		
Contact Preference (tick one):	EMAIL	POST
Name and Signed Proposer:		Date:
Name and Signed Seconder:		Date: